



Building Strong Families

IN BOONE COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020,
Family and
Consumer Sciences
Extension made

524,414

direct and indirect contacts
with individuals
and families in
Boone County.

SPOTLIGHT: BOONE COUNTY

Mystery Dinner: The Uninvited Guest



Mystery Dinner: The Uninvited Guest helped individuals understand the importance of safe food handling and the most common causes of foodborne illness. This program is a first place national award winner in Innovative Programming and a second place national award winner in Food Safety Programming. The Northern Kentucky Area Cooperative Extension Service presented Mystery Dinner with the help of the Northern Kentucky Independent Health District and Three Rivers Health District. The three-hour, interactive event was designed as a training program for Extension Homemakers. Participants used information provided along with what they learned during the event to determine the food and pathogen that caused a foodborne illness at a given picnic scenario. After the event, more than 90 participants reported understanding the importance of proper cleaning and sanitation of solid surfaces in the kitchen. They also reported being more aware of foodborne illness and its many causes.

BOONE COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Boone County's FCS Extension programming in 2019-2020 led to the following results.



1,460

youths participated in local
Extension programming



2,075

lifestyles were improved
through a focus
on proper nutrition



537

participants gained
financial management
knowledge



2,746

volunteer hours were reported
by FCS Extension program
volunteers



4,897

participants reported
making positive
behavior changes



1,040

participants reported
gaining knowledge

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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at **hes.uky.edu/StrongFamilies**

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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