



Building Strong Families

IN UNION COUNTY

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2018-2019,
Family and
Consumer Sciences
Extension made

989

contacts with
individuals and
families in
Union County.

SPOTLIGHT: UNION COUNTY

Girl Scouts Partner with Extension



Our summer Super Star Chef program led to a great win-win partnership with Union County FCS Extension. Super Star Chef brought about the need to recruit low-income students. In an unexpected turn of events, the FCS Extension agent with one phone call to the Union County Girl Scout leader had her group. This group of young girls, and sometimes a few boys, have been the first to sign up for our Super Star Chef 2017 as well as Super Star Chef Kneads a Little Dough 2018. The partnership further expanded with our 4-H agent and FCS Extension agent working together to provide baby-sitting and First Aid Badge classes. The Union County Fire and Rescue Squad also joined our partnership for hands-on training for this badge. Overall the partnership has yielded a great experience for the students as well as Union County FCS Extension.

KENTUCKY EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our commonwealth. Union County's FCS Extension programming in 2018-2019 contributed to the following results in Kentucky.



265,288

youth participated
in local Extension
programming.



25,496

pints of food
were preserved.



\$114,057

increase in sales
due to Plate it Up
Kentucky Proud.



492,813

volunteer hours were reported
by FCS Extension
program volunteers.



16,478,089

miles were walked
by program participants.



71,525

participants reported
making positive
behavior changes.

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University of Kentucky Family and
Consumer Sciences Extension brings
you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2019
Download this and other county profiles at hes.uky.edu/StrongFamilies

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