



Building Strong Families

IN TODD COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2018-2019,
Family and
Consumer Sciences
Extension made
7,710
contacts with
individuals and
families in
Todd County.

SPOTLIGHT: TODD COUNTY

Community Baby Shower Leads to Improved Health



New or expectant mothers in Todd County reported an increase in knowledge and skills that will help them adopt healthier lifestyles for themselves and their babies. Prenatal care is critical to healthy births, yet Todd County ranks one of the lowest in the state for women who seek prenatal care in their first trimester. To help address this need, the Todd County FCS Extension agent collaborated with representatives from six other community agencies to sponsor our 22nd Community Baby Shower, an educational program to help new or expectant mothers understand the importance of prenatal care, well-child care, and to know what community resources are available to them. To date, approximately 925 new mothers and their guests have been educated at the Community Baby Shower, in an effort to improve the health of Todd County's children, families, and communities.

TODD COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our commonwealth.

Todd County's FCS Extension programming in 2018-2019 led to the following results.



474

youth reached
through volunteers.



134

participants gained
financial management
knowledge.



427

participants improved
skills that will
strengthen families.



340

participants demonstrated
spending time
in physical activity.



1,065

participants reported
gaining knowledge.

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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
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Source: Kentucky Cooperative Extension Reporting, FY2019
Download this and other county profiles at hes.uky.edu/StrongFamilies

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