

Building Strong Families

IN MERCER COUNTY



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Family and Consumer
Sciences Education

OUR FOCUS

Family and Consumer Sciences (FCS)
Extension is committed to improving
the health and well-being of individuals
and families throughout Kentucky. Our
educational programs focus on making
healthy lifestyle choices, nurturing families,
embracing life as we age, securing financial
stability, promoting healthy homes and
communities, accessing nutritious food,
and empowering community leaders.

OUR SUCCESS

In 2018-2019, Family and Consumer Sciences Extension made

5,869 contacts with individuals and families in Mercer County.

SPOTLIGHT: MERCER COUNTY

County Fair Floral Hall event



The 2019 Kentucky Extension Community Assessment report for Mercer County showed top priorities for "increased support for small business" and "more market opportunities for farmers." The Mercer County Cooperative Extension Service partnered with the Mercer County Fair Board, Arts Council of Mercer County, and Extension Leaders (including Homemakers, Master Gardeners, cultural arts groups, and farmers' market vendors) to develop a successful County Fair Floral Hall event. The event regularly utilizes 20 to 30 volunteers from ages 8 to 88. In 2019, there were 120 exhibitors and 768 exhibits totaling \$2,200 in premiums given out and 695 exhibit visitors over the weeklong event. This program allowed residents to exhibit at the State Fair by dropping their entries at the Extension office. Participants won a total of five ribbons at the State Fair. Follow-up information will be available after July 15, 2020.

KENTUCKY EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our commonwealth.

Mercer County's FCS Extension programming in 2018-2019 contributed to the following results in Kentucky.



265,288

youth participated in local Extension programming.



492,813

volunteer hours were reported by FCS Extension program volunteers.



25,496

pints of food were preserved.



16,478,089

miles were walked by program participants.



increase in sales due to Plate it Up Kentucky Proud.



71,525

participants reported making positive behavior changes.

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PlateItUp.ca.uky.edu



Listen. Learn. Live Well.

University of Kentucky Family and Consumer Sciences Extension brings you a podcast focusing on nutrition, health, resource management, and more. Available on Apple Podcasts, Google Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2019
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service