



# Building Strong Families

## IN MARSHALL COUNTY



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### OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

### OUR SUCCESS

In 2018-2019,  
Family and  
Consumer Sciences  
Extension made  
**2,650**  
contacts with  
individuals and  
families in  
Marshall County.

### SPOTLIGHT: MARSHALL COUNTY

## Know the 10 Signs of Alzheimer's Disease



Alzheimer's Disease is the sixth leading cause of death in Kentucky. For that reason, Marshall County's FCS Extension agent presented "Know the 10 Signs of Alzheimer's" programs. Participants toured a local memory care center and learned about specialized care for dementia and Alzheimer's patients. Each participant received flower bulbs to plant at home as a reminder to share the effects of the disease with others. The garden serves as a reminder of risk factors, early diagnosis, and where to go for help. As a result of the program there is evidence of increased awareness.



## MARSHALL COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our commonwealth.

Marshall County's FCS Extension programming in 2018-2019 led to the following results.



**515**

youth participated  
in local Extension  
programming.



**7,009**

volunteer hours were reported  
by FCS Extension  
program volunteers.



**434**

youth gained  
a better understanding  
of substance abuse.



**1,946**

participants reported  
gaining knowledge.



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Source: Kentucky Cooperative Extension Reporting, FY2019  
Download this and other county profiles at [hes.uky.edu/StrongFamilies](https://hes.uky.edu/StrongFamilies)

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