



Building Strong Families

IN MARSHALL COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2018-2019, Family and Consumer Sciences Extension made **2,650** contacts with individuals and families in Marshall County.

SPOTLIGHT: MARSHALL COUNTY

Know the 10 Signs of Alzheimer's Disease



Alzheimer's Disease is the sixth leading cause of death in Kentucky. For that reason, Marshall County's FCS Extension agent presented "Know the 10 Signs of Alzheimer's" programs. Participants toured a local memory care center and learned about specialized care for dementia and Alzheimer's patients. Each participant received flower bulbs to plant at home as a reminder to share the effects of the disease with others. The garden serves as a reminder of risk factors, early diagnosis, and where to go for help. As a result of the program there is evidence of increased awareness.

MARSHALL COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our commonwealth.

Marshall County's FCS Extension programming in 2018-2019 led to the following results.



515

youth participated in local Extension programming.



7,009

volunteer hours were reported by FCS Extension program volunteers.



434

youth gained a better understanding of substance abuse.



1,946

participants reported gaining knowledge.



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Download this and other county profiles at hes.uky.edu/StrongFamilies

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