



Building Strong Families

IN MARION COUNTY



Danielle Ford
County Extension Agent,
Family and Consumer
Sciences Education

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2018-2019,
Family and
Consumer Sciences
Extension made
10,102
contacts with
individuals and
families in
Marion County.

SPOTLIGHT: MARION COUNTY

New Appliances, No Clue on How to Use Them



We all are guilty of watching the infomercials and thinking to ourselves, “They make it look so easy to operate that new appliance, and the price is very reasonable. I just need it for my kitchen.” “I know I will cook all the time with that thing. I just have to have it.” This year Marion County’s FCS Extension offered a Small Appliance Workshop that covered the air fryer, jam and jelly maker, bread machine, and electric pressure cooker. Each appliance was used in a recipe from start to finish and the participants were able to sample from each segment. They also went home with many tips and recipes. We have had several requests to host another class and to even expand on the list of appliances offered.

MARION COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our commonwealth.

Marion County's FCS Extension programming in 2018-2019 led to the following results.



254

youth gained
a better understanding
of substance abuse.



224

individuals made healthier
eating choices.



743

participants reduced
costs associated with
new home practices.



1,100

volunteer hours were reported
by FCS Extension
program volunteers.



743

participants identified
healthy ways to improve
their homes and communities.



1,050

participants reported
making positive
behavior changes.

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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
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Source: Kentucky Cooperative Extension Reporting, FY2019
Download this and other county profiles at **hes.uky.edu/StrongFamilies**

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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