



Building Strong Families

IN FULTON COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2018-2019,
Family and
Consumer Sciences
Extension made
7,561
contacts with
individuals and
families in
Fulton County.

SPOTLIGHT: FULTON COUNTY

Laugh and Learn



Fulton County parents have identified the need to have positive child development activities for ages birth through 5 years. Currently, there are no other regularly scheduled programs (outside of full-time enrollment in limited Early Care Centers) available for young children resulting in limited opportunities to develop social-emotional skills. To combat the issue, Fulton County's FCS Extension agent hosted a monthly Laugh and Learn playdate for children aged 5 and younger and their caregivers. The program focuses on literacy and better nutrition through literacy activities. Science, math, art, music, and physical activity are included. More than 80 percent reported an increase in social skills since attending Laugh and Learn.

FULTON COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our commonwealth.

Fulton County's FCS Extension programming in 2018-2019 led to the following results.



5,460

youth participated
in local Extension
programming.



697

individuals made healthier
eating choices.



138

volunteer hours were reported
by FCS Extension
program volunteers.



482

participants reported
making positive
behavior changes.



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Source: Kentucky Cooperative Extension Reporting, FY2019
Download this and other county profiles at hes.uky.edu/StrongFamilies

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