



Building Strong Families

IN CLARK COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2018-2019,
Family and
Consumer Sciences
Extension made

14,318

contacts with
individuals and
families in
Clark County.

SPOTLIGHT: CLARK COUNTY

Truth and Consequences: The Choice is Yours



Substance use and abuse issues continue to negatively impact families in the community. To address this issue, Clark County's FCS Extension partnered with other local agencies to organize Truth and Consequences: The Choice is Yours for 428 ninth-grade students. The program provides enrichment activities designed to show students the impact of getting involved with both illicit and legal substances through scenario-based role-playing. More than 90 percent of the community partners and volunteers reported gaining awareness of the impacts of substance use and abuse in the community as well as the resources available to address the issues. The event continues to affect students each year by providing them with a first-hand look at the realities and consequences of getting involved with substance abuse.

CLARK COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our commonwealth.

Clark County's FCS Extension programming in 2018-2019 led to the following results.



1,112

youth participated
in local Extension
programming.



\$3,704

in EBT, WIC, or senior benefits
were redeemed
at farmers' markets.



14,400

volunteer hours were reported
by FCS Extension
program volunteers.



542

youth gained
a better understanding
of substance abuse.



1,456

participants reported
gaining knowledge.

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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
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Source: Kentucky Cooperative Extension Reporting, FY2019
Download this and other county profiles at hes.uky.edu/StrongFamilies

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