BUILDING STRONG FAMILIES
IN OWSLEY COUNTY

OUR FOCUS
Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS
In 2017-2018, Family and Consumer Sciences Extension made 13,422 contacts with individuals and families in Owsley County.

A HEALTHIER KENTUCKY
Parenting skills for family success

By using effective parenting skills, parents help children become responsible, caring adults and productive members of society. However, limited resources can make it hard for parents to get formal parenting training. In Kentucky, Family and Consumer Sciences (FCS) Extension through the University of Kentucky provides parenting skills programs. As these programs strengthen families, they also empower our communities. Our goal is to provide educational opportunities to help every family succeed.

Crystal Osborne
County Extension Agent,
Family and Consumer Sciences Education

Cooperative Extension Service | Agriculture and Natural Resources | Family and Consumer Sciences | 4-H Youth Development | Community and Economic Development
Families face many challenges, including poverty, readying children for their school careers, and supporting children who are being harassed or bullied. Some parents also are unable to raise their children and must turn to relatives for help. No matter the challenge, FCS helps families succeed.

**It takes a village**

A growing number of children are being raised by other relatives, especially grandparents. The American Community Survey (ACS) estimates that between 2012 and 2016 in Owsley County, 103 (+/- 66) grandparents lived with and were responsible for their grandchildren, and 118 (+/- 46) grandchildren were being raised by their grandparents. For 32 (+/- 27) of those grandchildren, there was no parent present. Of all children living in all households, 47 (+/- 45) were stepchildren, and 19 (+/- 24) were adopted children.

**The safety of our children**

For families, child safety is a priority that can be jeopardized in many ways. In Owsley County in 2017, 54.4% (41.1%–67.7%) of all families with school-aged children lived below poverty, and there were 68 child victims of substantiated abuse or neglect in 2016. In the schools, there were 21 reported incidences of harassment, which included bullying, in the 2016-2017 school year for all school districts in Owsley County.

**Kindergarten readiness**

The first five years of life are vital in a child’s development and success in life. In 2017, Owsley County had an estimated 274 children ages 5 and under. Of those children, 5 were enrolled as preschoolers. In Owsley County, 31.7% of students entered kindergarten ready to engage in and benefit from early learning experiences in the 2016-2017 school year.

In Kentucky, as a result of FCS Extension...

- 8,270 parents and/or caregivers reported improved personal strengths, communication and life skills that strengthen families.
- 5,690 individuals reported behaviors that fostered the optimal development of children and youth.
- 5,623 parents and/or caregivers reported practicing parental leadership skills.

For more information and to download this and other county profiles, visit hes.uky.edu/StrongFamilies