Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

In 2017-2018, Family and Consumer Sciences Extension made 13,514 contacts with individuals and families in Knott County.¹

Large families, like parents and/or caregivers using community resources, can have a better quality of life.²

Linda Combs
County Extension Agent,
Family and Consumer Sciences Education

By using effective parenting skills, parents help children become responsible, caring adults and productive members of society. However, limited resources can make it hard for parents to get formal parenting training. In Kentucky, Family and Consumer Sciences (FCS) Extension through the University of Kentucky provides parenting skills programs. As these programs strengthen families, they also empower our communities. Our goal is to provide educational opportunities to help every family succeed.

A HEALTHIER KENTUCKY

Parenting skills for family success

2017 estimated population under 18 years old²

- 453 to 2,326
- 2,330 to 3,512
- 3,556 to 5,422
- 5,668 to 10,320
- 10,347 to 171,882

¹ 55% of counties in Kentucky implemented programs to teach effective parenting skills.

² 27% of counties in Kentucky reported that parents and/or caregivers used community resources.
Families face many challenges, including poverty, readying children for their school careers, and supporting children who are being harassed or bullied. Some parents also are unable to raise their children and must turn to relatives for help. No matter the challenge, FCS helps families succeed.

› It takes a village
A growing number of children are being raised by other relatives, especially grandparents. The American Community Survey (ACS) estimates that between 2012 and 2016 in Knott County, 300 (+/- 120) grandparents lived with and were responsible for their grandchildren, and 423 (+/- 210) grandchildren were being raised by their grandparents. For 115 (+/- 50) of those grandchildren, there was no parent present. Of all children living in all households, 67 (+/- 48) were stepchildren, 43 (+/- 32) were adopted children, and 112 (+/- 78) children were living with other relatives.

› The safety of our children
For families, child safety is a priority that can be jeopardized in many ways. In Knott County in 2017, 46.8% (37.5%-56.1%) of all families with school-aged children lived below poverty, and there were 124 child victims of substantiated abuse or neglect in 2016. In the schools, there were 4 reported incidences of harassment, which included bullying, in the 2016-2017 school year for all school districts in Knott County.

› Kindergarten readiness
The first five years of life are vital in a child’s development and success in life. In 2017, Knott County had an estimated 845 children ages 5 and under. Of those children, 88 were enrolled as preschoolers. In Knott County, 52.7% of students entered kindergarten ready to engage in and benefit from early learning experiences in the 2016-2017 school year.