BUILDING STRONG FAMILIES IN HANCOCK COUNTY

Agent Position Vacant

There is currently no County Extension Agent for Family and Consumer Sciences Education in Hancock County.

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2016-2017, Cooperative Extension made 27,392 contacts with individuals and families in Hancock County.

A HEALTHIER KENTUCKY

Making healthy lifestyle choices

Easy access to unhealthy foods, increased stress, and limited opportunities for physical activity all create challenges and barriers for Kentucky families in making healthy lifestyle choices. Family and Consumer Sciences (FCS) Extension programming through the University of Kentucky teaches families to improve health and well-being by choosing a nutritious diet, increasing health literacy to help prevent chronic diseases, or participating in regular physical activity. Our goal is to equip citizens with the knowledge, resources, and an environment where the healthy choice is the easy choice.

Number of farmers market locations by Kentucky county

- 0 (7 counties)
- 1-2 (73 counties)
- 3-4 (34 counties)
- 5-7 (4 counties)
- 8+ (2 counties)
Food Environment

OUR COUNTY

• Hancock County had 0 supermarkets and other grocery stores and 3 convenience stores or gas stations with convenience stores in 2015.3
• According to Map the Meal Gap, in 2015, an estimated 1,110 individuals were food insecure in Hancock County.4
• Only 10.6% (25.9%-3.9%) of adults in Hancock County consumed five or more servings of fruits and vegetables per day between 2013-2015.5

Physical Environment

OUR COUNTY

• According to the CDC’s County Diabetes Atlas, 34.5% (41.8%-27.7%) of adults 18 years and over in Hancock County were obese between 2012 and 2014.6
• The Diabetes Atlas also reports that between 2012 and 2014, 26.2% (33.4%-19.9%) of adults in Hancock County reported no leisure-time exercise in the past month.6
• There were no fitness and recreation businesses in Hancock County in 2015.3

Financial Environment

OUR COUNTY

• The median household income in Hancock County was $52,929 ($58,294-$47,564) in 2015.8
• In Hancock County, 192 was the average monthly number of infants and children assisted by WIC* in 2013.9
• In 2015, there were 941 SNAP/food stamp recipients.10
• 6.4% (+/-3.3%) of people age 65 and over were below poverty between 2011-201511 and 18.0% (21.8%-14.2%) of children ages 5-17 in families were below poverty in 2015.8
• Between 2011 and 2015, 2.9% (+/-1.9%) of full-time/full-year workers were below poverty.11

Overall,

32% of the population in Hancock County had adequate access to locations for physical activity in 2014.7

13% of the population in Hancock County were estimated to be food insecure in 2015.4

20% of all children in Hancock County ages 17 and under12 were below poverty in 2015.8

For more information and to download this and other county profiles, visit hes.uky.edu/StrongFamilies

Sources:

1 Kentucky Cooperative Extension Reporting, FY 2017
3 U.S. Census Bureau, 2015 County Business Patterns, (factfinder.census.gov)
4 Map the Meal Gap 2017, (map.feedingamerica.org)
5 Kentucky Health Facts. (www.kentuckyhealthfacts.org)
7 Robert Wood Johnson Foundation 2016 County Health Rankings, (www.countyhealthrankings.org)
8 2015 Small Area Income and Poverty Estimates, U.S. Census Bureau (www.census.gov/programs/surveys/saipe.html)
9 Kids Count Data Center, (datacenter.kidscount.org)
11 2015 American Community Survey 5-Year Estimates, U.S. Census Bureau, (factfinder.census.gov)
12 Margin of error: (+/-16%-24%)

* WIC is the Special Supplemental Nutrition Program for Women, Infants, and Children for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.