



## TODD COUNTY

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# Building Strong Families FOR KENTUCKY 2016



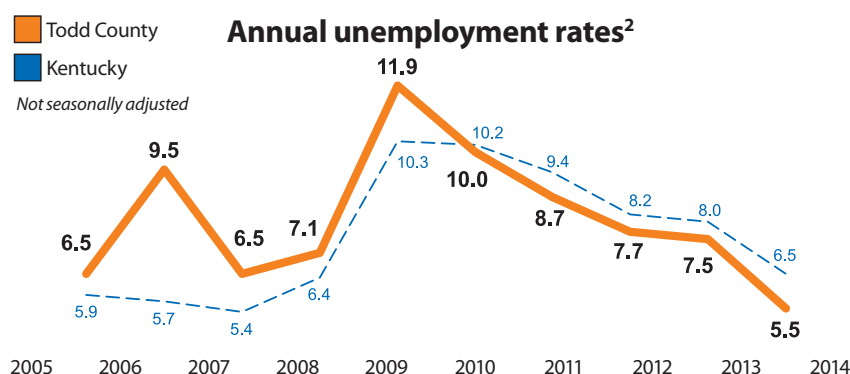
### OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families in Todd County. To help Kentuckians strengthen their financial, physical, and social well-being, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to live independently longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** that recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available, and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2014-2015, Family and Consumer Sciences Extension made **8,712** contacts with Todd County individuals and families.<sup>1</sup>

### OUR PEOPLE



### SPOTLIGHT ON...

## BLANKETS BRING COMFORT

The Todd County FCS agent worked with Extension Homemakers volunteers to make 85 fleece and flannel blankets for first responder agencies. The Department for Community-Based Services shared several stories about how the blankets are being used. One teenage girl, removed from a home where meth was made, was given a blanket and said she was thankful to have something of her own. Four small children, removed from a home, were excited to have blankets to take to their new home. The sheriff's department also said blankets are used to give comfort to children who are involved in vehicle accidents.

<http://hes.uky.edu/StrongFamilies>

## FINANCIAL WELL-BEING

In Todd County, the median household income in 2013 was **\$38,533 (+/- \$3,568)** compared to \$43,307 (+/- \$631) for the state.<sup>3</sup>

The American Community Survey estimates that between 2009-2013:<sup>4</sup>

- **25.2% (+/-5.1)** of families with related children were below poverty
- **18.6% (+/-5.3)** of people age 65 and over were below poverty
- **5.8% (+/-2.3)** of individuals working full time/full year in the previous 12 months were below poverty
- **56.8%** of students were eligible for free lunches and **6.3%** were eligible for reduced-price lunches in 2014-2015<sup>5</sup>

### As a result of participating in Todd County Extension programs:<sup>1</sup>

- **35** people demonstrated informed and effective decision-making.
- **550** people demonstrated increased practical living skills.

## PHYSICAL WELL-BEING

According to the CDC's County Diabetes Atlas, in Todd County in 2012:<sup>6</sup>

- **11.1% (14.2%-8.5%)** of adults reported having been diagnosed with diabetes
- **32.6% (38.6%-26.7%)** of adults 18 years and over were obese
- **34.3% (41.4%-27.8%)** of adults reported no leisure-time exercise in the past month

Between 2006-2012 in Todd County:<sup>7</sup>

- **27.4% (40.4%-17.4%)** of adults reported having been diagnosed with high blood pressure
- **22.3% (30.2%-15.9%)** of adults reported fair or poor health

In Todd County:

- **37.6%** had adequate access to locations for physical activity compared to 72.0% for the state<sup>8</sup>
- **32.5% (+/-6.6)** of those who drive to work on their own have a commute that is more than 30 minutes (2009-2013)<sup>8</sup>
- **12** deaths were from a drug overdose between 2009-2013<sup>9</sup>

### As a result of participating in Todd County Extension programs:<sup>1</sup>

- **20** people increased knowledge of lifestyle changes to improve personal health.
- **370** children and youth learned to eat more healthy food.

## SOCIAL WELL-BEING

The American Community Survey estimates that between 2009-2013 in Todd County:<sup>4</sup>

- **27.7% (+/-1.5)** of households included one or more persons age 65 and over
- **145 (+/-79)** grandparents lived with and were responsible for their own grandchildren
- **62.7% (+/-9.5)** of children under 6 years and **55.3% (+/-11.4)** of children 6-17 years had all parents in the labor force
- **1,023 (+/-344)** of those age 5 and older spoke a language other than English at home
- **879 (+/-134)** civilian veterans lived in Todd County<sup>4</sup>

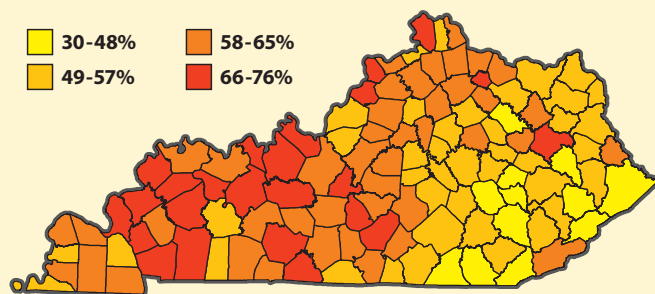
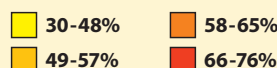
In Todd County:

- **26.4% (37.7%-17.6%)** of adults ages 18+ reported they did not receive sufficient social-emotional support between 2006-12<sup>7</sup>
- **30** children were determined to have been victims of child abuse or neglect in 2013<sup>10</sup>
- **46.5%** of those registered to vote did so in the 2014 General Election<sup>11</sup>

### As a result of participating in Todd County Extension programs:<sup>1</sup>

- **27** adults reported increased leadership skills, knowledge or confidence.
- **1,665** people were reached with information related to health and safety.

### Percent of child support collected (2014)<sup>10</sup>



#### SOURCES:

- <sup>1</sup> Kentucky Cooperative Extension reporting, FY 2015
- <sup>2</sup> Bureau of Labor Statistics, Local Area Unemployment
- <sup>3</sup> Small Area Income and Poverty Estimates, U.S. Census Bureau
- <sup>4</sup> 2013 American Community Survey 5-year estimates, U.S. Census Bureau
- <sup>5</sup> 2014-2015 Kentucky School Report Card, Kentucky Dept. of Education. (Data for school districts were combined to produce the county total.)
- <sup>6</sup> CDC County Diabetes Atlas
- <sup>7</sup> BRFSS/Health Indicators Warehouse
- <sup>8</sup> RWJF County Health Rankings. Adequate access is defined as living within 1/2 mile of a park and as living in a census tract less than 3 miles from a recreational facility for rural areas and less than 1 mile in urban areas.
- <sup>9</sup> Kentucky Injury Prevention and Research Center, 2015. "Drug Overdose Deaths in Kentucky, 2000-2013"
- <sup>10</sup> Kentucky Kids Count/Kentucky Cabinet for Health & Family Services. (<http://datacenter.kidscount.org>)
- <sup>11</sup> Kentucky State Board of Elections (<http://elect.ky.gov/statistics/Pages/turnoutstatistics.aspx>)



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