



MAGOFFIN COUNTY

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Building Strong Families FOR KENTUCKY 2016



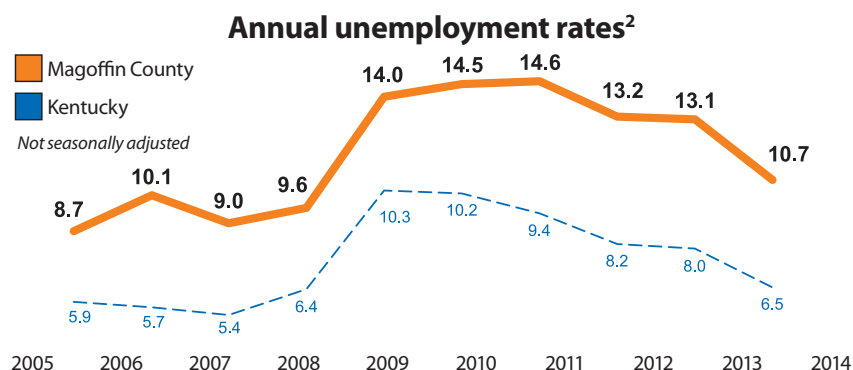
OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families in Magoffin County. To help Kentuckians strengthen their financial, physical, and social well-being, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to live independently longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** that recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available, and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2014-2015, Family and Consumer Sciences Extension made **7,017** contacts with Magoffin County individuals and families.¹

OUR PEOPLE



SPOTLIGHT ON...

PROMOTING FRUITS AND VEGGIES

According to the National Youth Risk Behavior Survey, in 2013, only 44.6% of Kentucky youth ate more than one serving of fruit and only 42.7% ate more than one serving of vegetables daily. Color Is the Key is a collaborative effort of the FCS agent, 4-H, and the SNAP-Ed Nutrition Program that includes a lesson about fruits and vegetables and tastes of a variety of fruits and vegetables. Of 803 youth that participated, 59% tried one new fruit or vegetable and 76% enjoyed the samples. Parents said that their children wanted their family to grow fruits and vegetables that they had sampled.

<http://hes.uky.edu/StrongFamilies>

FINANCIAL WELL-BEING

In Magoffin County, the median household income in 2013 was **\$29,817 (+/- \$2,694)** compared to \$43,307 (+/- \$631) for the state.³

The American Community Survey estimates that between 2009-2013:⁴

- **33.9%** (+/-7.1) of families with related children were below poverty
- **27.4%** (+/-7.3) of people age 65 and over were below poverty
- **1.8%** (+/-1.5) of individuals working full time/full year in the previous 12 months were below poverty
- **87.4%** of students were eligible for free lunches and **1.1%** were eligible for reduced-price lunches in 2014-2015⁵

As a result of participating in Magoffin County Extension programs:¹

- **14** people implemented at least one financial management strategy.
- **14** people demonstrated increased practical living skills.

PHYSICAL WELL-BEING

According to the CDC's County Diabetes Atlas, in Magoffin County in 2012:⁶

- **13.7%** (**17.5%-10.4%**) of adults reported having been diagnosed with diabetes
- **33.5%** (**39.9%-27.4%**) of adults 18 years and over were obese
- **34.2%** (**41.6%-27.9%**) of adults reported no leisure-time exercise in the past month

Between 2006-2012 in Magoffin County:⁷

- **41.2%** (**54.3%-29.2%**) of adults reported having been diagnosed with high blood pressure
- **36.8%** (**45.1%-29.2%**) of adults reported fair or poor health

In Magoffin County:

- **5.9%** had adequate access to locations for physical activity compared to 72.0% for the state⁸
- **33.6%** (+/-8.8) of those who drive to work on their own have a commute that is more than 30 minutes (2009-2013)⁸
- **27** deaths were from a drug overdose between 2009-2013⁹

As a result of participating in Magoffin County Extension programs:¹

- **1,317** people increased knowledge of lifestyle changes to improve personal health.
- **803** children and youth learned to eat more healthy food.

SOCIAL WELL-BEING

The American Community Survey estimates that between 2009-2013 in Magoffin County:⁴

- **25.9%** (+/-2.1) of households included one or more persons age 65 and over
- **211** (+/-101) grandparents lived with and were responsible for their own grandchildren
- **32.3%** (+/-13.0) of children under 6 years and **46.6%** (+/-9.3) of children 6-17 years had all parents in the labor force
- **32** (+/-37) of those age 5 and older spoke a language other than English at home
- **471** (+/-130) civilian veterans lived in Magoffin County⁴

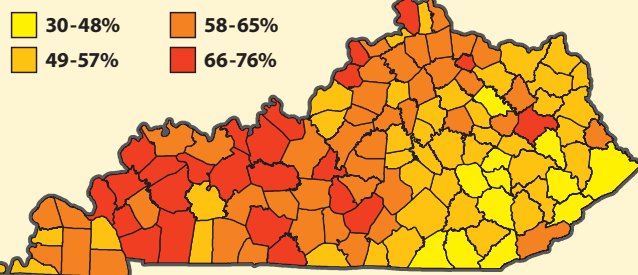
In Magoffin County:

- **31.1%** (**41.7%-22.2%**) of adults ages 18+ reported they did not receive sufficient social-emotional support between 2006-12⁷
- **107** children were determined to have been victims of child abuse or neglect in 2013¹⁰
- **63.8%** of those registered to vote did so in the 2014 General Election¹¹

As a result of participating in Magoffin County Extension programs:¹

- **673** adults reported increased leadership skills, knowledge or confidence.
- **1,686** people were reached with information related to health and safety.

Percent of child support collected (2014)¹⁰



SOURCES:

- ¹ Kentucky Cooperative Extension reporting, FY 2015
- ² Bureau of Labor Statistics, Local Area Unemployment
- ³ Small Area Income and Poverty Estimates, U.S. Census Bureau
- ⁴ 2013 American Community Survey 5-year estimates, U.S. Census Bureau
- ⁵ 2014-2015 Kentucky School Report Card, Kentucky Dept. of Education. (Data for school districts were combined to produce the county total.)
- ⁶ CDC County Diabetes Atlas
- ⁷ BRFSS/Health Indicators Warehouse
- ⁸ RWJF County Health Rankings. Adequate access is defined as living within 1/2 mile of a park and as living in a census tract less than 3 miles from a recreational facility for rural areas and less than 1 mile in urban areas.
- ⁹ Kentucky Injury Prevention and Research Center, 2015. "Drug Overdose Deaths in Kentucky, 2000-2013"
- ¹⁰ Kentucky Kids Count/Kentucky Cabinet for Health & Family Services. (<http://datacenter.kidscount.org>)
- ¹¹ Kentucky State Board of Elections (<http://elect.ky.gov/statistics/Pages/turnoutstatistics.aspx>)



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