



CARTER COUNTY

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Building Strong Families FOR KENTUCKY 2016



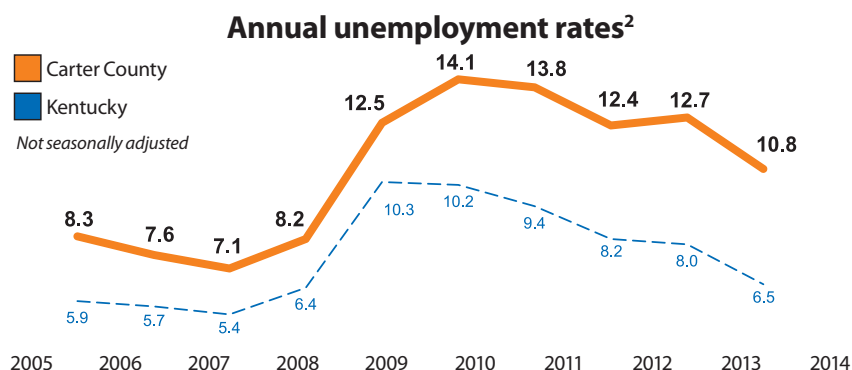
OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families in Carter County. To help Kentuckians strengthen their financial, physical, and social well-being, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to live independently longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** that recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available, and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2014-2015, Family and Consumer Sciences Extension made **15,404** contacts with Carter County individuals and families.¹

OUR PEOPLE



SPOTLIGHT ON...

STUDENTS LEARN CONSEQUENCES OF SUBSTANCE ABUSE

Truth and Consequences shows students the consequences of substance abuse. Over the last four years, all 9th graders — a total of 1,048 students — at both of Carter County's high schools have participated. In 2014, 262 students and 74 community partners participated. Evaluations showed that 80% of students developed a better understanding of the legal consequences; 77% developed a better understanding of the health and financial consequences; 80% developed a better understanding of the emotional consequences and risk; and 81% can access help in the community.

<http://hes.uky.edu/StrongFamilies>

FINANCIAL WELL-BEING

In Carter County, the median household income in 2013 was **\$34,767 (+/- \$3,270)** compared to \$43,307 (+/- \$631) for the state.³

The American Community Survey estimates that between 2009-2013:⁴

- **27.1% (+/-5.5)** of families with related children were below poverty
- **17.6% (+/-3.8)** of people age 65 and over were below poverty
- **2.8% (+/-1.6)** of individuals working full time/full year in the previous 12 months were below poverty
- **62.6%** of students were eligible for free lunches and **5.3%** were eligible for reduced-price lunches in 2014-2015⁵

As a result of participating in Carter County Extension programs:¹

- **212** youth increased problem-solving or decision making skills.
- **1,459** people demonstrated increased practical living skills.

PHYSICAL WELL-BEING

According to the CDC's County Diabetes Atlas, in Carter County in 2012:⁶

- **13.9% (16.7%-11.4%)** of adults reported having been diagnosed with diabetes
- **33.5% (38.3%-28.8%)** of adults 18 years and over were obese
- **34.2% (39.0%-29.6%)** of adults reported no leisure-time exercise in the past month

Between 2006-2012 in Carter County:⁷

- **40.2% (47.9%-33.0%)** of adults reported having been diagnosed with high blood pressure
- **31.5% (36.9%-26.7%)** of adults reported fair or poor health

In Carter County:

- **71.6%** had adequate access to locations for physical activity compared to 72.0% for the state⁸
- **39.6% (+/-5.2)** of those who drive to work on their own have a commute that is more than 30 minutes (2009-2013)⁸
- **39** deaths were from a drug overdose between 2009-2013⁹

As a result of participating in Carter County Extension programs:¹

- **3,943** people increased knowledge of lifestyle changes to improve personal health.
- **1,495** children and youth learned to eat more healthy food.

SOCIAL WELL-BEING

The American Community Survey estimates that between 2009-2013 in Carter County:⁴

- **29.8% (+/-1.2)** of households included one or more persons age 65 and over
- **347 (+/-131)** grandparents lived with and were responsible for their own grandchildren
- **49.5% (+/-10.0)** of children under 6 years and **55.6% (+/-7.1)** of children 6-17 years had all parents in the labor force
- **163 (+/-71)** of those age 5 and older spoke a language other than English at home
- **1,647 (+/-183)** civilian veterans lived in Carter County⁴

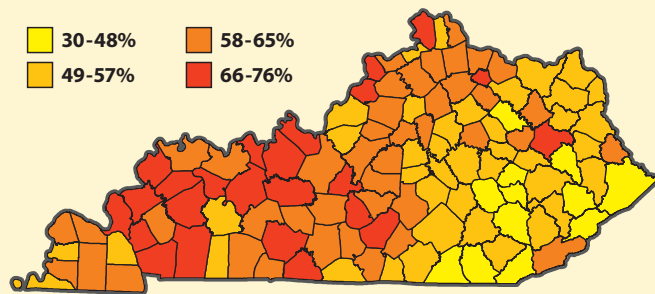
In Carter County:

- **21.5% (26.5%-17.2%)** of adults ages 18+ reported they did not receive sufficient social-emotional support between 2006-12⁷
- **110** children were determined to have been victims of child abuse or neglect in 2013¹⁰
- **45.7%** of those registered to vote did so in the 2014 General Election¹¹

As a result of participating in Carter County Extension programs:¹

- **1,459** people utilized skills learned through Extension programming.
- **3,859** people were reached with information related to health and safety.

Percent of child support collected (2014)¹⁰



SOURCES:

¹ Kentucky Cooperative Extension reporting, FY 2015

² Bureau of Labor Statistics, Local Area Unemployment

³ Small Area Income and Poverty Estimates, U.S. Census Bureau

⁴ 2013 American Community Survey 5-year estimates, U.S. Census Bureau

⁵ 2014-2015 Kentucky School Report Card, Kentucky Dept. of Education.

(Data for school districts were combined to produce the county total.)

⁶ CDC County Diabetes Atlas

⁷ BRFSS/Health Indicators Warehouse

⁸ RWJF County Health Rankings

Adequate access is defined as living within 1/2 mile of a park

and as living in a census tract less than 3 miles from a recreational

facility for rural areas and less than 1 mile in urban areas.

⁹ Kentucky Injury Prevention and Research Center, 2015.

¹⁰ "Drug Overdose Deaths in Kentucky, 2000-2013"

¹¹ Kentucky Kids Count/Kentucky Cabinet for Health & Family

Services. (<http://datacenter.kidscount.org>)

¹² Kentucky State Board of Elections

(<http://elect.ky.gov/statistics/Pages/turnoutstatistics.aspx>)



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