



BATH COUNTY

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Building Strong Families FOR KENTUCKY 2016



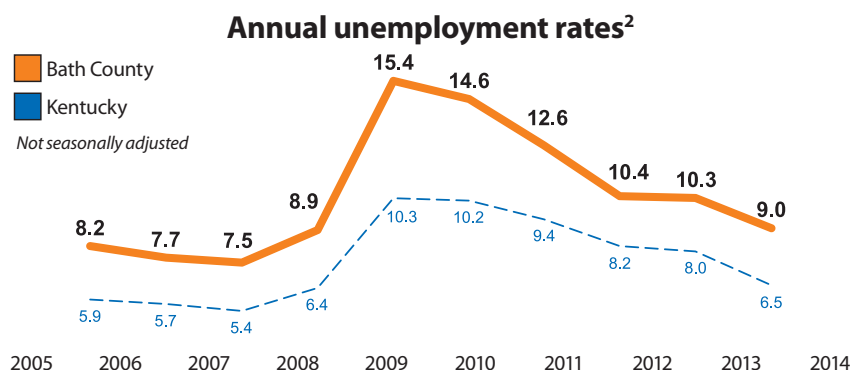
OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families in Bath County. To help Kentuckians strengthen their financial, physical, and social well-being, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to live independently longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** that recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available, and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2014-2015, Family and Consumer Sciences Extension made **8,003** contacts with Bath County individuals and families.¹

OUR PEOPLE



SPOTLIGHT ON...

SNAP-ED SHARPENS NUTRITION SKILLS

The Supplemental Nutrition Assistance Program (SNAP-Ed) in Bath County teaches limited-resource families skills to improve the nutritional quality of meals, safely prepare meals, and boost food-related resources. Of the 15 graduate families, 93% showed a positive change in their eating habits as a result of learning and building skills and behaviors taught through SNAP-Ed. Comparing behaviors before and after the nutrition program indicated that 69% learned to thaw foods properly, 50% prepare foods without adding salt, and 40% now read Nutrition Facts on food labels.

<http://hes.uky.edu/StrongFamilies>

FINANCIAL WELL-BEING

In Bath County, the median household income in 2013 was **\$33,752 (+/- \$3,181)** compared to \$43,307 (+/- \$631) for the state.³

The American Community Survey estimates that between 2009-2013:⁴

- **33.9% (+/-7.6)** of families with related children were below poverty
- **16.5% (+/-4.5)** of people age 65 and over were below poverty
- **2.9% (+/-1.9)** of individuals working full time/full year in the previous 12 months were below poverty
- **65.0%** of students were eligible for free lunches and **6.1%** were eligible for reduced-price lunches in 2014-2015⁵

As a result of participating in Bath County Extension programs:¹

- **337** people demonstrated informed and effective decision-making.
- **337** people demonstrated increased practical living skills.

PHYSICAL WELL-BEING

According to the CDC's County Diabetes Atlas, in Bath County in 2012:⁶

- **12.5% (15.4%-10.0%)** of adults reported having been diagnosed with diabetes
- **31.0% (36.2%-26.1%)** of adults 18 years and over were obese
- **30.4% (35.3%-25.6%)** of adults reported no leisure-time exercise in the past month

Between 2006-2012 in Bath County:⁷

- **35.7% (45.0%-27.3%)** of adults reported having been diagnosed with high blood pressure
- **26.6% (31.8%-21.9%)** of adults reported fair or poor health

In Bath County:

- **48.0%** had adequate access to locations for physical activity compared to 72.0% for the state⁸
- **31.9% (+/-7.3)** of those who drive to work on their own have a commute that is more than 30 minutes (2009-2013)⁸
- **18** deaths were from a drug overdose between 2009-2013⁹

As a result of participating in Bath County Extension programs:¹

- **230** people increased knowledge of lifestyle changes to improve personal health.
- **164** children and youth learned to eat more healthy food.

SOCIAL WELL-BEING

The American Community Survey estimates that between 2009-2013 in Bath County:⁴

- **26.5% (+/-1.7)** of households included one or more persons age 65 and over
- **387 (+/-187)** grandparents lived with and were responsible for their own grandchildren
- **58.8% (+/-10.5)** of children under 6 years and **60.8% (+/-11.8)** of children 6-17 years had all parents in the labor force
- **142 (+/-74)** of those age 5 and older spoke a language other than English at home
- **586 (+/-144)** civilian veterans lived in Bath County⁴

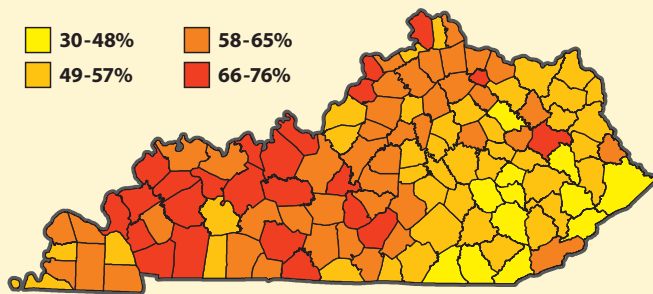
In Bath County:

- **25.7% (33.2%-19.3%)** of adults ages 18+ reported they did not receive sufficient social-emotional support between 2006-12⁷
- **82** children were determined to have been victims of child abuse or neglect in 2013¹⁰
- **43.8%** of those registered to vote did so in the 2014 General Election¹¹

As a result of participating in Bath County Extension programs:¹

- **429** people utilized skills learned through Extension programming.
- **164** people were reached with information related to health and safety.

Percent of child support collected (2014)¹⁰



SOURCES:

¹ Kentucky Cooperative Extension reporting, FY 2015

² Bureau of Labor Statistics, Local Area Unemployment

³ Small Area Income and Poverty Estimates, U.S. Census Bureau

⁴ 2013 American Community Survey 5-year estimates, U.S. Census Bureau

⁵ 2014-2015 Kentucky School Report Card, Kentucky Dept. of Education.

(Data for school districts were combined to produce the county total.)

⁶ CDC County Diabetes Atlas

⁷ BRFSS/Health Indicators Warehouse

⁸ RWJF County Health Rankings.

Adequate access is defined as living within 1/2 mile of a park

and as living in a census tract less than 3 miles from a recreational

facility for rural areas and less than 1 mile in urban areas.

⁹ Kentucky Injury Prevention and Research Center, 2015.

"Drug Overdose Deaths in Kentucky, 2000-2013"

¹⁰ Kentucky Kids Count/Kentucky Cabinet for Health & Family

Services. (<http://datacenter.kidscount.org>)

¹¹ Kentucky State Board of Elections

(<http://elect.ky.gov/statistics/Pages/turnoutstatistics.aspx>)



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