Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Trimble County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to live independently longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** that recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available, and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made 15,948 contacts with Trimble County individuals and families.

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**Median household income by housing type** (2008-2012)

<table>
<thead>
<tr>
<th>Type</th>
<th>U.S.</th>
<th>Kentucky</th>
<th>Trimble County</th>
</tr>
</thead>
<tbody>
<tr>
<td>Owner Occupied</td>
<td>$67,062</td>
<td>$54,061</td>
<td>$59,063</td>
</tr>
<tr>
<td>Renter Occupied</td>
<td>$32,212</td>
<td>$24,100</td>
<td>$31,436</td>
</tr>
</tbody>
</table>

**Spotlight on ...**

**Recipe for Life**

Family mealtime and support, literacy, and nutrition are vital life skills and are embedded in many of the 40 developmental assets identified by The Search Institute. The Recipe for Life Project was a collaborative effort with the Trimble County Cooperative Extension Service and many community partners. Through the program, 100 fifth-grade students improved their communication and social skills by working in small groups with the common goal of preparing a dish for a group meal. Students learned the importance of proper hand washing, food sanitation, how to read and prepare a recipe, knife safety, and table setting and manners. They were encouraged to participate in family-time discussion at the dinner table.

[1](#)

[2](#)
Housing has long been recognized as a basic human need. Yet, because housing is often a family’s largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

**AVAILABILITY**

In 2010, in Trimble County, there were...
- **747** renter households
- **2,673** homeowner households
- **84** vacant housing units for rent
- **56** vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013, 1 child was homeless or were precariously housed in Trimble County.

**AFFORDABILITY**

According to American Community Survey estimates for Trimble County, in 2008-2012...
- **23.7% (+/- 11.9)** of renter households paid 35% or more of their income for rent and utilities
- **16.3% (+/- 5.0)** of homeowner households with a mortgage and **12.3% (+/- 7.1)** of homeowner households without a mortgage paid 35% or more of their income for housing costs
- **40.4% (+/- 5.7)** of homeowner households did not have a mortgage
- **27.6% (+/- 4.9)** of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, **17.8% (+/- 3.2)** of residents in the county were living below poverty.

In 2013, residents needed to earn **$13.56** an hour (or work **1.9** jobs at **$7.25** an hour**) to afford a two-bedroom apartment at Fair Market Rent in Trimble County.

**HEALTH AND SAFETY**

In Trimble County, it is estimated that in 2008-2012...
- Half of all renter-occupied housing was built before **1980 (+/- 4 years)**
- Half of all owner-occupied housing was built before **1985 (+/- 3 years)**

According to 2008-2012 American Community Survey estimates in Trimble County...
- **2.7% (+/- 1.6)** of all households had no landline or cell phone
- **55.9% (+/- 6.4)** of workers living in Trimble County worked in Kentucky but outside the county and **17.5% (+/- 3.5)** worked outside the state
- Half of all workers traveled **30.5 (+/- 2.4)** or more minutes to work

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**Estimated percentage of households without a vehicle (2008-2012)**

- **2.4-5.4%**
- **5.6-7.9%**
- **8.2-11.1%**
- **11.4-15.5%**

**SOURCES:**
1. Kentucky Cooperative Extension reporting. FY 2014
2. 2008-2012 American Community Survey 5-Year Estimates, U.S. Census Bureau
3. 2010 Decennial Census, U.S. Census Bureau
4. Kentucky Dept. of Education http://education.ky.gov/federal/programs/Pages/TK-Docs.aspx (Data for school districts were combined to produce the county total.)
5. Small Area Income and Poverty Estimates, U.S. Census Bureau
6. Out Of Reach 2014. National Low Income Housing Coalition
7. Data refer to housing tenure (owner or renter).
8. **The current federal minimum wage**