Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Todd County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to live independently longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** that recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available, and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made 13,532 contacts with Todd County individuals and families.

The Todd County Extension agent for Family and Consumer Sciences partnered with North Todd Elementary School to offer Walk Across Kentucky to kindergarten through 5th-grade students. Students used a pedometer to measure and record their steps and set goals to increase their steps. During the program, 469 students recorded walking 7,258.5 miles. The activity was modified to meet the needs of physically challenged students. Teachers reported that students enjoyed the challenge of increasing their steps, and some students started counting steps at home so the whole family could walk together. Parents reported a difference in their children’s energy level and commented on how much their children enjoyed it.

http://hes.uky.edu/StrongFamilies
Housing has long been recognized as a basic human need. Yet, because housing is often a family’s largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

**Availability**

In 2010, in Todd County, there were…
- 1,193 renter households
- 3,454 homeowner households
- 154 vacant housing units for rent
- 40 vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013, 23 children were homeless or were precariously housed in Todd County.

**Affordability**

According to American Community Survey estimates for Todd County, in 2008-2012…
- 34.0% (+/- 7.7) of renter households paid 35% or more of their income for rent and utilities
- 24.3% (+/- 8.0) of homeowner households with a mortgage and 12.3% (+/- 5.7) of homeowner households without a mortgage paid 35% or more of their income for housing costs
- 49.4% (+/- 5.3) of homeowner households did not have a mortgage
- 20.1% (+/- 3.8) of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, 21.1% (+/- 4.1) of residents in the county were living below poverty.

In 2013, residents needed to earn $11.23 an hour (or work 1.5 jobs at $7.25 an hour**) to afford a two-bedroom apartment at Fair Market Rent in Todd County.

**Health and Safety**

In Todd County, it is estimated that in 2008-2012…
- half of all renter-occupied housing was built before 1973 (+/- 5 years)
- half of all owner-occupied housing was built before 1979 (+/- 4 years)

According to 2008-2012 American Community Survey estimates in Todd County…
- 4.2% (+/- 2.3) of all households had no landline or cell phone
- 36.9% (+/- 4.7) of workers living in Todd County worked in Kentucky but outside the county and 19.8% (+/- 3.7) worked outside the state
- Half of all workers traveled 24.3 (+/- 2.1) or more minutes to work

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**SOURCES:**
1. Kentucky Cooperative Extension reporting. FY 2014
2. 2008-2012 American Community Survey 5-Year Estimates, U.S. Census Bureau
3. 2010 Decennial Census, U.S. Census Bureau
4. Kentucky Dept. of Education. http://education.ky.gov/federal/progs/txc/Pages/TX-Docs.aspx (Data for school districts were combined to produce the county total.)
5. Small Area Income and Poverty Estimates, U.S. Census Bureau
6. Out Of Reach 2014. National Low Income Housing Coalition
* Data refer to housing tenure (owner or renter).
** The current federal minimum wage

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Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin.