Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families in Pike County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to live independently longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** that recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available, and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made 25,452 contacts with Pike County individuals and families.

**REDUCING ENERGY COSTS**

With local energy costs expected to rise 31% this year, our families must learn to save resources and reduce costs. To address the need, the Pike County FCS Extension program offered many lessons on home management. As a result, 42 families reported making home accessibility changes and 35 families created a family disaster plan and disaster kit. Working with American Electric Power, we helped 500 families switch to CFL lightbulbs. Three families replaced toilets and appliances with water-efficient models and now use efficient laundry practices. Changes in water use and landscape design that improved home energy conservation were reported by 20 families. All of these changes will result in substantial financial savings for these families and environmental savings for our community.

http://hes.uky.edu/StrongFamilies
Housing has long been recognized as a basic human need. Yet, because housing is often a family’s largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

### Availability

In 2010, in Pike County, there were...
- **6,682** renter households
- **20,046** homeowner households
- **660** vacant housing units for rent
- **237** vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013, **570** children were homeless or were precariously housed in Pike County.

### Affordability

According to American Community Survey estimates for Pike County, in 2008-2012...
- **39.5% (+/- 4.6)** of renter households paid **35%** or more of their income for rent and utilities
- **21.9% (+/- 2.6)** of homeowner households with a mortgage and **9.8% (+/- 1.9)** of homeowner households without a mortgage paid **35%** or more of their income for housing costs
- **59.1% (+/- 1.9)** of homeowner households did not have a mortgage
- **36.4% (+/- 1.8)** of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, **23.6% (+/- 3.1)** of residents in the county were living below poverty.

In 2013, residents needed to earn **$13.65** an hour (or work **1.9** jobs at **$7.25** an hour**) to afford a two-bedroom apartment at Fair Market Rent in Pike County.

### Health and Safety

In Pike County, it is estimated that in 2008-2012...
- Half of all renter-occupied housing was built before **1981 (+/- 2 years)**
- Half of all owner-occupied housing was built before **1982 (+/- 1 years)**

According to 2008-2012 American Community Survey estimates in Pike County...
- **4.3% (+/- 0.9)** of all households had no landline or cell phone
- **8.0% (+/- 1.1)** of workers living in Pike County worked in Kentucky but outside the county and **9.0% (+/- 1.3)** worked outside the state
- Half of all workers traveled **24.1 (+/- 1.0)** or more minutes to work

### Estimated percentage of households without a vehicle (2008-2012)**

<table>
<thead>
<tr>
<th>Estimated Percentage</th>
<th>Number of Households</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.4-5.4%</td>
<td>2,018</td>
</tr>
<tr>
<td>5.6-7.9%</td>
<td>2,932</td>
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<tr>
<td>8.2-11.1%</td>
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<tr>
<td>11.4-15.5%</td>
<td>2,989</td>
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</tbody>
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