COOPERATIVE EXTENSION SERVICE

UNIVERSITY OF KENTUCKY COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT, LEXINGTON, KY 40546



OWEN COUNTY Judy Hetterman, County Extension Agent, Family and Consumer Sciences



BUILDING STRONG FAMILIES FOR KENTUCKY 2015



OUR FOCUS

Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Owen County. To help families make wise decisions, our educational programs focus on:

- Making Healthy Lifestyle Choices that influence health and well-being
- Nurturing Families as they cope with fewer resources and more demands
- Embracing Life as We Age to live independently longer
- Securing Financial Stability in a turbulent economic period
- Promoting Healthy Homes and Communities that recycle, reduce waste, and protect our environment
- Accessing Nutritious Food that is affordable, available, and safe
- Empowering Community Leaders as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made **25,259** contacts with Owen County individuals and families.¹

http://hes.uky.edu/StrongFamilies

OUR PEOPLE

Median household income by housing type* (2008-2012)²



SPOTLIGHT ON ...

VOLUNTEER FOOD PROGRAM

C hampion Food Volunteer Program was developed to improve the skills and research-based knowledge of volunteers so they could help fight long-term health problems and obesity. Two Owen County leaders were certified and have given hands-on training to adults and youth on basic nutrition, food safety, food handling and preparation, cooking methods and techniques, and food sciences. During one program, volunteers taught all 5th graders to make their lunch; and they also led an after-school program called 4-H Cooking Club. Teachers called it "The best day (program) of the whole school year." One volunteer said the program gave her a greater understanding of the Family and Consumer Sciences programs' role in teaching health and nutrition to improve the quality of life for individuals.



ousing has long been recognized as a basic human need. Yet, because housing is often a family's largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

AVAILABILITY

In 2010, in Owen County, there were...³

- 1,024 renter households
- 3,272 homeowner households
- 65 vacant housing units for rent
- 106 vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013, 56 children were homeless or were precariously housed in Owen County.⁴

Number of households by housing type* in Owen County (2010)³



HEALTH AND SAFETY

In Owen County, it is estimated that in 2008-2012...²

- half of all renter-occupied housing was built before 1972 (+/- 7 years)
- half of all owner-occupied housing was built before 1981 (+/- 4 years)

According to 2008-2012 American Community Survey² estimates in Owen County...

• 5.1% (+/- 2.0) of all households had no landline or cell phone

• 53.5% (+/- 6.6) of workers living in Owen County worked in Kentucky but outside the county and **1.1**% (+/- 0.9) worked outside the state

• Half of all workers traveled 28.4 (+/- 2.5) or more minutes to work

AFFORDABILITY

According to American Community Survey estimates for Owen County, in 2008-2012...²

- 40.5% (+/- 9.5) of renter households paid 35% or more of their income for rent and utilities
- 18.7% (+/- 5.7) of homeowner households with a mortgage and 11.7% (+/- 5.5) of homeowner households without a mortgage paid 35% or more of their income for housing costs
- 40.0% (+/- 4.8) of homeowner households did not have a mortgage
- 20.4% (+/- 4.3) of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, **19.8%** (+/- 3.7) of residents in the county were living below poverty.⁵

In 2013, residents needed to earn \$11.69 an hour (or work **1.6** jobs at \$7.25 an hour**) to afford a twobedroom apartment at Fair Market Rent in Owen County.6

Estimated percentage of households without a vehicle (2008-2012)²



American Community Survey 5-year estimates

SOURCES:

Kentucky Cooperative Extension reporting. FY 2014

² 2008-2012 American Community Survey 5-Year Estimates, U.S. Census Bureau ³ 2010 Decennial Census, U.S. Census Bureau

- ⁴ Kentucky Dept. of Education http://education.ky.gov/ federal/progs/txc/Pages/TX-Docs.aspx (Data for school districts were combined to produce the county total.) ⁵ Small Area Income and Poverty Estimates, U.S. Censu
- Bureau ⁶ Out Of Reach 2014. National Low Income Housing Coalition

* Data refer to housing tenure (owner or renter). ** The current federal minimum wage

