Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Morgan County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to live independently longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** that recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available, and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made 12,059 contacts with Morgan County individuals and families.

To address the high rate of obesity and chronic disease in Morgan County, Extension personnel, homemaker volunteers, The Morgan County Diabetes Coalition and Morgan County Farmers Market members collaborated on the “Kids Veggie Bucks” program. Five dollars of play money was distributed to youth who joined the “Plate It Up - Kentucky Proud” program. The “money” was used to purchase fresh, local fruits and vegetables at the Morgan County Farmers Market. Six sessions were offered and 167 adults and 275 youth participated. As a result of this program, local farmers earned $2,500 extra in sales, and youth learned more about fresh fruits and vegetables by sampling five different recipes. Surveys indicated a 78% increase in fruit and vegetable consumption.
Housing has long been recognized as a basic human need. Yet, because housing is often a family’s largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

**AVAILABILITY**

In 2010, in Morgan County, there were…
- 1,096 renter households
- 3,764 homeowner households
- 145 vacant housing units for rent
- 54 vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013, 67 children were homeless or were precariously housed in Morgan County.

**AFFORDABILITY**

According to American Community Survey estimates for Morgan County, in 2008-2012…
- 41.6% (+/- 7.7) of renter households paid 35% or more of their income for rent and utilities
- 24.2% (+/- 6.9) of homeowner households with a mortgage and 9.5% (+/- 3.9) of homeowner households without a mortgage paid 35% or more of their income for housing costs
- 59.0% (+/- 4.5) of homeowner households did not have a mortgage
- 31.0% (+/- 3.7) of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, 30.8% (+/- 5.4) of residents in the county were living below poverty.

In 2013, residents needed to earn $10.87 an hour (or work 1.5 jobs at $7.25 an hour **) to afford a two-bedroom apartment at Fair Market Rent in Morgan County.

**HEALTH AND SAFETY**

In Morgan County, it is estimated that in 2008-2012…
- half of all renter-occupied housing was built before 1975 (+/- 4 years)
- half of all owner-occupied housing was built before 1981 (+/- 3 years)

According to 2008-2012 American Community Survey estimates in Morgan County…
- 2.7% (+/- 1.5) of all households had no landline or cell phone
- 30.0% (+/- 4.5) of workers living in Morgan County worked in Kentucky but outside the county and 0.8% (+/- 0.6) worked outside the state
- Half of all workers traveled 29.3 (+/- 3.5) or more minutes to work

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**Number of households by housing type**

<table>
<thead>
<tr>
<th>Housing Type</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Husband/wife family (with or without children)</td>
<td>2,385</td>
</tr>
<tr>
<td>Single householder family</td>
<td>458</td>
</tr>
<tr>
<td>Living alone, with roommates, etc.</td>
<td>921</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>3,764</strong></td>
</tr>
</tbody>
</table>

**Estimated percentage of households without a vehicle**

<table>
<thead>
<tr>
<th>Percentage Range</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.4 - 5.4%</td>
<td>8.2 - 11.1%</td>
</tr>
<tr>
<td>5.6 - 7.9%</td>
<td>11.4 - 15.5%</td>
</tr>
</tbody>
</table>

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**SOURCES:**

1. Kentucky Cooperative Extension reporting. FY 2014
2. 2008-2012 American Community Survey 5-Year Estimates, U.S. Census Bureau
3. 2010 Decennial Census, U.S. Census Bureau
   federal/programs/States/TX-Docs.aspx (Data for school districts were combined to produce the county total.)
5. Small Area Income and Poverty Estimates, U.S. Census Bureau
6. Out Of Reach 2014. National Low Income Housing Coalition
7. Data refer to housing tenure (owner or renter).
8. ** The current federal minimum wage