Building Strong Families for Kentucky 2015

Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Monroe County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to live independently longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** that recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available, and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made 11,995 contacts with Monroe County individuals and families.

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**OUR PEOPLE**

- **Median household income by housing type** (2008-2012)
  - U.S.
  - Kentucky
  - Monroe County

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**SPOTLIGHT ON …**

**FARMERS MARKET VOUCHERS**

The Monroe County Cooperative Extension Service has worked with producers and consumers to increase fruit and vegetable purchase, preparation, consumption and preservation of Kentucky grown and value-added commodities through marketing and educational collaborations. During the summer of 2013 the Senior Farmers Market Nutrition Program allowed 300 low-income senior citizens to purchase fresh fruits and vegetables at the local Farmers market. These vouchers brought $8,400 worth of income to Monroe County producers in 2013. New to the market in 2014 were “Women, Infant and Children” vouchers. Now, more than ever, all segments of the population are being reached through the farmers market.

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http://hes.uky.edu/StrongFamilies
Housing has long been recognized as a basic human need. Yet, because housing is often a family’s largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

In 2010, in Monroe County, there were…

- 1,190 renter households
- 3,319 homeowner households
- 151 vacant housing units for rent
- 44 vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013, 45 children were homeless or were precariously housed in Monroe County.

Number of households by housing type* in Monroe County (2010)

<table>
<thead>
<tr>
<th>Housing Type</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Husband/wife family (with or without children)</td>
<td>1,920</td>
</tr>
<tr>
<td>Single householder family</td>
<td>417</td>
</tr>
<tr>
<td>Living alone, with roommates, etc.</td>
<td>982</td>
</tr>
<tr>
<td>Owner Occupied</td>
<td>361</td>
</tr>
<tr>
<td>Renter Occupied</td>
<td>304</td>
</tr>
<tr>
<td></td>
<td>525</td>
</tr>
</tbody>
</table>

According to American Community Survey estimates for Monroe County, in 2008-2012…

- 39.1% (+/- 10.4) of renter households paid 35% or more of their income for rent and utilities
- 24.7% (+/- 6.1) of homeowner households with a mortgage and 8.0% (+/- 3.6) of homeowner households without a mortgage paid 35% or more of their income for housing costs
- 55.3% (+/- 4.5) of homeowner households did not have a mortgage
- 20.0% (+/- 3.2) of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, 27.9% (+/- 4.5) of residents in the county were living below poverty.

In 2013, residents needed to earn $10.87 an hour (or work 1.5 jobs at $7.25 an hour**) to afford a two-bedroom apartment at Fair Market Rent in Monroe County.

In Monroe County, it is estimated that in 2008-2012…

- half of all renter-occupied housing was built before 1974 (+/- 3 years)
- half of all owner-occupied housing was built before 1977 (+/- 3 years)

According to 2008-2012 American Community Survey estimates in Monroe County…

- 3.3% (+/- 1.9) of all households had no landline or cell phone
- 29.3% (+/- 4.4) of workers living in Monroe County worked in Kentucky but outside the county and 3.3% (+/- 1.4) worked outside the state
- Half of all workers traveled 22.0 (+/- 2.0) or more minutes to work

## Sources:
1. Kentucky Cooperative Extension reporting. FY 2014
2. 2008-2012 American Community Survey 5-Year Estimates, U.S. Census Bureau
3. 2010 Decennial Census, U.S. Census Bureau
4. Kentucky Dept. of Education http://education.ky.gov/federal/programs/TCards/TX-Occu.aspx (Data for school districts were combined to produce the county total.)
5. Small Area Income and Poverty Estimates, U.S. Census Bureau
6. Out Of Reach 2014. National Low Income Housing Coalition
7. Data refer to housing tenure (owner or renter).
8. The current federal minimum wage

Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin.