Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Meade County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to live independently longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** that recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available, and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made 18,501 contacts with Meade County individuals and families.

When the local electricity provider indicated there would be a significant increase in electric rates, the Meade County Family and Consumer Sciences agent educated consumers on saving money by reducing energy waste. A series of handouts and displays on energy savings were presented at the county fair and electric coop meeting, as well as in articles in newsletters and newspapers. Over 7,000 consumers received information on caulking windows, selecting energy-saving appliances, planting trees, using adjustable thermometers, and other practices designed to reduce overall energy costs. One consumer said, “I had no idea my old refrigerator was using that much electric. I have been putting off buying one, but now I can justify the cost.”

http://hes.uky.edu/StrongFamilies
Housing has long been recognized as a basic human need. Yet, because housing is often a family's largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

### AVAILABILITY

In 2010, in Meade County, there were…
- **2,931** renter households
- **7,540** homeowner households
- **435** vacant housing units for rent
- **147** vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013, **9** children were homeless or were precariously housed in Meade County.

<table>
<thead>
<tr>
<th>Number of households by housing type* in Meade County (2010)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Owner Occupied</strong>:</td>
</tr>
<tr>
<td>Husband/wife family (with or without children): <strong>4,886</strong></td>
</tr>
<tr>
<td>Single householder family: <strong>1,034</strong></td>
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<tr>
<td>Living alone, with roommates, etc.: <strong>1,920</strong></td>
</tr>
<tr>
<td><strong>Renter Occupied</strong>:</td>
</tr>
<tr>
<td>Husband/wife family (with or without children): <strong>1,310</strong></td>
</tr>
<tr>
<td>Single householder family: <strong>621</strong></td>
</tr>
<tr>
<td>Living alone, with roommates, etc.: <strong>1,000</strong></td>
</tr>
</tbody>
</table>

### AFFORDABILITY

According to American Community Survey estimates for Meade County, in 2008-2012…
- **32.7% (+/- 6.2)** of renter households paid **35%** or more of their income for rent and utilities
- **23.0% (+/- 4.3)** of homeowner households with a mortgage and **4.8% (+/- 2.7)** of homeowner households without a mortgage paid **35%** or more of their income for housing costs
- **36.1% (+/- 3.7)** of homeowner households did not have a mortgage
- **20.1% (+/- 3.0)** of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, **16.2% (+/- 2.9)** of residents in the county were living below poverty.

In 2013, residents needed to earn **$12.23** an hour (or work **1.7** jobs at $7.25 an hour**) to afford a two-bedroom apartment at Fair Market Rent in Meade County.

### HEALTH AND SAFETY

In Meade County, it is estimated that in 2008-2012…
- half of all renter-occupied housing was built before **1975 (+/- 5 years)**
- half of all owner-occupied housing was built before **1984 (+/- 2 years)**

According to 2008-2012 American Community Survey estimates in Meade County…
- **1.6% (+/- 0.7)** of all households had no landline or cell phone
- **60.2% (+/- 3.0)** of workers living in Meade County worked in Kentucky but outside the county and **6.7% (+/- 1.3)** worked outside the state
- Half of all workers traveled **32.1 (+/- 2.3)** or more minutes to work

### SOURCES:
- Kentucky Cooperative Extension reporting. FY 2014
- 2008-2012 American Community Survey 5-Year Estimates, U.S. Census Bureau
- 2010 Decennial Census, U.S. Census Bureau
- Kentucky Dept. of Education http://education.ky.gov/federal/progs/hce/Pages/TX-Docs.aspx (Data for school districts were combined to produce the county total.)
- Small Area Income and Poverty Estimates, U.S. Census Bureau
- Out Of Reach 2014. National Low Income Housing Coalition
- * Data refer to housing tenure (owner or renter).
- ** The current federal minimum wage

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Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin.