Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families in Martin County. To help families make wise decisions, our educational programs focus on:

• **Making Healthy Lifestyle Choices** that influence health and well-being
• **Nurturing Families** as they cope with fewer resources and more demands
• **Embracing Life as We Age** to live independently longer
• **Securing Financial Stability** in a turbulent economic period
• **Promoting Healthy Homes and Communities** that recycle, reduce waste, and protect our environment
• **Accessing Nutritious Food** that is affordable, available, and safe
• **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made **2,725** contacts with Martin County individuals and families.

According to the 2010 American Community Survey, 38.1% of families with related children lived in poverty in Martin County between 2006 and 2010. The Martin County Cooperative Extension Service FCS program teamed up with the Family Resource Centers to provide programs to strengthen families; address early literacy; and teach the value of proper nutrition. Programs included: Helping to Control Behavior Problems, Home is Where the Health Is, Blue to You, Keys to Great Parenting, and LEAP. All 262 participants reported learning a skill or gaining knowledge. In a survey, 30% of participants said that they had used a skill learned through the program.

**RESOURCES FOR FAMILIES**

http://hes.uky.edu/StrongFamilies
Housing has long been recognized as a basic human need. Yet, because housing is often a family’s largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

**AVAILABILITY**

In 2010, in Martin County, there were…
- **1,026** renter households
- **3,490** homeowner households
- **111** vacant housing units for rent
- **23** vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013, 9 children were homeless or were precariously housed in Martin County.

![Number of households by housing type* in Martin County (2010)](image)

**HEALTH AND SAFETY**

In Martin County, it is estimated that in 2008-2012…
- Half of all renter-occupied housing was built before 1981 (+/- 3 years)
- Half of all owner-occupied housing was built before 1985 (+/- 3 years)

According to 2008-2012 American Community Survey estimates in Martin County…
- **5.5% (+/- 2.3)** of all households had no landline or cell phone
- **24.6% (+/- 5.8)** of workers living in Martin County worked in Kentucky but outside the county and **17.9% (+/- 6.2)** worked outside the state
- Half of all workers traveled **34.1 (+/- 4.6)** or more minutes to work

**AFFORDABILITY**

According to American Community Survey estimates for Martin County, in 2008-2012…
- **58.7% (+/- 14.9)** of renter households paid 35% or more of their income for rent and utilities
- **31.3% (+/- 10.2)** of homeowner households with a mortgage and **10.9% (+/- 5.6)** of homeowner households without a mortgage paid 35% or more of their income for housing costs
- **61.0% (+/- 6.3)** of homeowner households did not have a mortgage
- **34.0% (+/- 4.1)** of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, **38.9% (+/- 7.6)** of residents in the county were living below poverty.

In 2013, residents needed to earn **$10.87** an hour (or work **1.5** jobs at $7.25 an hour**) to afford a two-bedroom apartment at Fair Market Rent in Martin County.

Estimated percentage of households without a vehicle (2008-2012)

**OUT OF REACH 2014. National Low Income Housing Coalition**

**Sources:**
1. Kentucky Cooperative Extension reporting. FY 2014
2. 2008-2012 American Community Survey 5-Year Estimates, U.S. Census Bureau
3. 2010 Decennial Census, U.S. Census Bureau
4. Kentucky Dept. of Education http://education.ky.gov/federal/progs/chc/Pages/TX-Docs.aspx (Data for school districts were combined to produce the county total.)
5. Small Area Income and Poverty Estimates, U.S. Census Bureau
6. Out Of Reach 2014. National Low Income Housing Coalition
7. Data refer to housing tenure (owner or renter).
8. The current federal minimum wage

**Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin.**