Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Henry County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices**
  that influence health and well-being
- **Nurturing Families**
  as they cope with fewer resources and more demands
- **Embracing Life as We Age**
  to live independently longer
- **Securing Financial Stability**
  in a turbulent economic period
- **Promoting Healthy Homes and Communities**
  that recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food**
  that is affordable, available, and safe
- **Empowering Community Leaders**
  as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made 10,805 contacts with Henry County individuals and families.

**Virtual Dementia Tour**

Five million Americans have Alzheimer’s disease. Diagnosed in someone every 68 seconds, the disease is the sixth-leading cause of death and the only disease that continues to increase and has not been cured or prevented. Henry County Extension Service collaborated with Second Wind Dreams and UK’s Work Life Program to offer the Virtual Dementia Tour to 26 employees of Providence New Castle, a long-term care facility. Through the Virtual Dementia Tour, employees experienced some of the physical and mental challenges faced by elderly individuals with memory loss. The tour is designed to improve communication and care. Upon completion, caregivers were able to identify with and understand the behaviors and needs of those in their care. They reported being profoundly impacted.

**Median household income by housing type** (2008-2012)

- **All Households**: $53,046
- **Owner Occupied**: $42,610
- **Renter Occupied**: $43,083
- **Owner Occupied**: $67,062
- **Renter Occupied**: $54,061
- **Henry County**: $53,314
- **Kentucky**: $53,314
- **U.S.**: $42,610

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**Henry County**

Maryellen Garrison,
County Extension Agent, Family and Consumer Sciences

**Building Strong Families**

For Kentucky 2015

**Our Focus**

- **Making Healthy Lifestyle Choices**
- **Nurturing Families**
- **Embracing Life as We Age**
- **Securing Financial Stability**
- **Promoting Healthy Homes and Communities**
- **Accessing Nutritious Food**
- **Empowering Community Leaders**

**Our People**

MAP OF MEDIAN HOUSEHOLD INCOME BY HOUSING TYPE** (2008-2012)$^2$

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**Spotlight on…**

**Virtual Dementia Tour**

http://hes.uky.edu/StrongFamilies
Housing has long been recognized as a basic human need. Yet, because housing is often a family’s largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

**AVAILABILITY**

In 2010, in Henry County, there were…
- 1,508 renter households
- 4,455 homeowner households
- 135 vacant housing units for rent
- 119 vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013, 112 children were homeless or were precariously housed in Henry County.

**AFORDABILITY**

According to American Community Survey estimates for Henry County, in 2008-2012…
- 47.9% (+/- 8.9) of renter households paid 35% or more of their income for rent and utilities
- 25.1% (+/- 4.4) of homeowner households with a mortgage and 13.5% (+/- 5.6) of homeowner households without a mortgage paid 35% or more of their income for housing costs
- 37.0% (+/- 3.1) of homeowner households did not have a mortgage
- 18.0% (+/- 2.5) of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, 16.7% (+/- 3.2) of residents in the county were living below poverty.

In 2013, residents needed to earn $13.56 an hour (or work 1.9 jobs at $7.25 an hour**) to afford a two-bedroom apartment at Fair Market Rent in Henry County.

**HEALTH AND SAFETY**

In Henry County, it is estimated that in 2008-2012…
- half of all renter-occupied housing was built before 1973 (+/- 3 years)
- half of all owner-occupied housing was built before 1982 (+/- 3 years)

According to 2008-2012 American Community Survey estimates in Henry County…
- 3.6% (+/- 1.0) of all households had no landline or cell phone
- 62.4% (+/- 3.6) of workers living in Henry County worked in Kentucky but outside the county and 2.4% (+/- 1.3) worked outside the state
- Half of all workers traveled 29.0 (+/- 1.7) or more minutes to work

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**Estimated percentage of households without a vehicle (2008-2012)**

- 2.4-5.4%
- 5.6-7.9%
- 8.2-11.1%
- 11.4-15.5%

**Sources:**
1. Kentucky Cooperative Extension reporting. FY 2014
2. 2008-2012 American Community Survey 5-Year Estimates, U.S. Census Bureau
3. 2010 Decennial Census, U.S. Census Bureau
4. Kentucky Dept. of Education http://education.ky.gov/federal/progs/hec/Pages/TX-Docs.aspx (Data for school districts were combined to produce the county total.)
5. Small Area Income and Poverty Estimates, U.S. Census Bureau
6. Out Of Reach 2014. National Low Income Housing Coalition
7. Data refer to housing tenure (owner or renter).
8. The current federal minimum wage