



HENDERSON COUNTY

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BUILDING STRONG FAMILIES FOR KENTUCKY 2015



OUR FOCUS

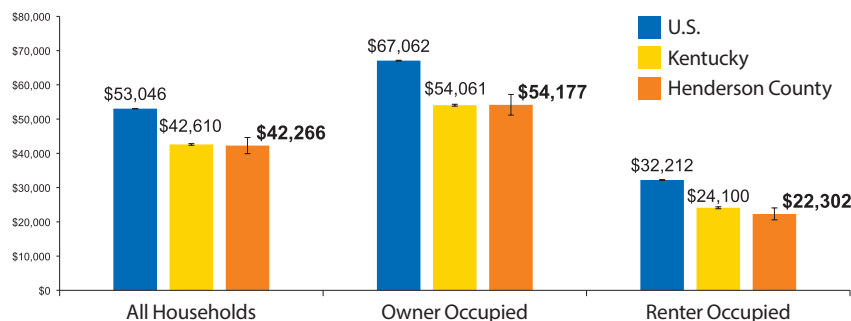
Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families in Henderson County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to live independently longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** that recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available, and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made **4,154** contacts with Henderson County individuals and families.¹

OUR PEOPLE

Median household income by housing type* (2008-2012)²



SPOTLIGHT ON ...

SKILLS FOR DAILY LIVING

Hugh Edward Sandefur Training Center Inc. provides individuals with disabilities the opportunity to attain their highest vocational potential. The FCS agent and assistant teach lessons on nutrition and daily living monthly to the employees who have disabilities. The class grew from 15 to 30 the first year. About 50 now attend regularly. Verbal tests are given each month to reiterate lessons from the previous month. Based on testimonials, 50% of the employees remembered the prior lesson and 30% have adopted healthier eating habits. Some 90% of participants recognize MyPlate and can tell which foods go into each food group. They also understand healthy food choices.

<http://hes.uky.edu/StrongFamilies>

Housing has long been recognized as a basic human need. Yet, because housing is often a family's largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

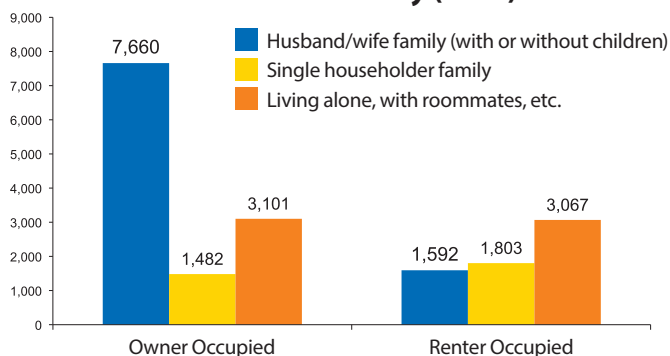
AVAILABILITY

In 2010, in Henderson County, there were...³

- **6,462** renter households
- **12,243** homeowner households
- **629** vacant housing units for rent
- **207** vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013, **412** children were homeless or were precariously housed in Henderson County.⁴

Number of households by housing type* in Henderson County (2010)³



HEALTH AND SAFETY

In Henderson County, it is estimated that in 2008-2012...²

- half of all renter-occupied housing was built before **1976** (+/- 3 years)
- half of all owner-occupied housing was built before **1974** (+/- 2 years)

According to 2008-2012 American Community Survey² estimates in Henderson County...

- **2.5%** (+/- 0.7) of all households had no landline or cell phone
- **9.8%** (+/- 1.9) of workers living in Henderson County worked in Kentucky but outside the county and **23.1%** (+/- 2.0) worked outside the state
- Half of all workers traveled **21.3** (+/- 1.3) or more minutes to work

AFFORDABILITY

According to American Community Survey estimates for Henderson County, in 2008-2012...²

- **40.8%** (+/- 4.7) of renter households paid **35%** or more of their income for rent and utilities
- **19.1%** (+/- 3.0) of homeowner households with a mortgage and **7.7%** (+/- 2.7) of homeowner households without a mortgage paid **35%** or more of their income for housing costs
- **34.7%** (+/- 2.1) of homeowner households did not have a mortgage
- **9.2%** (+/- 1.4) of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, **17.6%** (+/- 2.5) of residents in the county were living below poverty.⁵

In 2013, residents needed to earn **\$14.21** an hour (or work **2.0** jobs at \$7.25 an hour**) to afford a two-bedroom apartment at Fair Market Rent in Henderson County.⁶

Estimated percentage of households without a vehicle (2008-2012)²



SOURCES:

- ¹ Kentucky Cooperative Extension reporting, FY 2014
 - ² 2008-2012 American Community Survey 5-Year Estimates, U.S. Census Bureau
 - ³ 2010 Decennial Census, U.S. Census Bureau
 - ⁴ Kentucky Dept. of Education <http://education.ky.gov/federal/progs/txc/Pages/TX-Docs.aspx> (Data for school districts were combined to produce the county total.)
 - ⁵ Small Area Income and Poverty Estimates, U.S. Census Bureau
 - ⁶ Out Of Reach 2014, National Low Income Housing Coalition
- * Data refer to housing tenure (owner or renter).
** The current federal minimum wage

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