Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Greenup County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to live independently longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** that recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available, and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made 2,197 contacts with Greenup County individuals and families.

### BUILDING STRONG FAMILIES FOR KENTUCKY 2015

#### OUR FOCUS

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#### OUR PEOPLE

Median household income by housing type* (2008-2012)$^2$

<table>
<thead>
<tr>
<th></th>
<th>U.S.</th>
<th>Kentucky</th>
<th>Greenup County</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Households</td>
<td>$53,046</td>
<td>$42,610</td>
<td>$43,808</td>
</tr>
<tr>
<td>Owner Occupied</td>
<td>$67,062</td>
<td>$54,061</td>
<td>$52,096</td>
</tr>
<tr>
<td>Renter Occupied</td>
<td>$32,212</td>
<td>$24,100</td>
<td>$21,464</td>
</tr>
</tbody>
</table>

#### SPOTLIGHT ON ...

**COOKING SMART**

In Greenup County, 32% of adults and 17% of children are obese. Many residents do not know how to provide and prepare healthy foods. The Greenup County Extension Service offered “Cooking Smart,” a six-week series focused on providing a healthy choice for everyday meals. As a result of the series, all 25 participants said they had learned how to read a food label and choose recipes for their families. One participant, who was seen in the grocery store using materials provided during the classes, said, “I never knew I could buy these items in our grocery store. It has made meal planning a part of my routine.”

Housing has long been recognized as a basic human need. Yet, because housing is often a family’s largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

### Availability

In 2010, in Greenup County, there were...

- 3,072 renter households
- 11,599 homeowner households
- 318 vacant housing units for rent
- 238 vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013, 325 children were homeless or were precariously housed in Greenup County.

### Affordability

According to American Community Survey estimates for Greenup County, in 2008-2012...

- 45.8% (+/- 6.0) of renter households paid 35% or more of their income for rent and utilities
- 20.2% (+/- 2.9) of homeowner households with a mortgage and 7.9% (+/- 2.5) of homeowner households without a mortgage paid 35% or more of their income for housing costs
- 45.6% (+/- 2.8) of homeowner households did not have a mortgage
- 15.9% (+/- 1.6) of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, 17.8% (+/- 3.0) of residents in the county were living below poverty.

In 2013, residents needed to earn $12.37 an hour (or work 1.7 jobs at $7.25 an hour**) to afford a two-bedroom apartment at Fair Market Rent in Greenup County.

### Health and Safety

In Greenup County, it is estimated that in 2008-2012...

- half of all renter-occupied housing was built before 1971 (+/- 4 years)
- half of all owner-occupied housing was built before 1975 (+/- 2 years)

According to 2008-2012 American Community Survey estimates in Greenup County...

- 1.6% (+/- 0.6) of all households had no landline or cell phone
- 37.6% (+/- 2.5) of workers living in Greenup County worked in Kentucky but outside the county and 21.9% (+/- 2.2) worked outside the state
- Half of all workers traveled 22.7 (+/- 1.1) or more minutes to work

### Sources:

1. Kentucky Cooperative Extension reporting. FY 2014
2. 2008-2012 American Community Survey 5-Year Estimates, U.S. Census Bureau
3. 2010 Decennial Census, U.S. Census Bureau
4. Kentucky Dept. of Education http://education.ky.gov/federal/progs/che/Pages/TK-Docs.aspx (Data for school districts were combined to produce the county total.)
5. Small Area Income and Poverty Estimates, U.S. Census Bureau
6. Out Of Reach 2014. National Low Income Housing Coalition
7. Data refer to housing tenure (owner or renter).
8. The current federal minimum wage

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Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin.