Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Grayson County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to live independently longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** that recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available, and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made 6,209 contacts with Grayson County individuals and families.

According to University of Kentucky extension specialists, do-it-yourself green cleaning products are increasing in popularity due to their effectiveness, affordability, environmental impact, and economic benefits. The Grayson County Cooperative Extension Office offered programming using the “Green Cleaning” curriculum and supporting publications. Three programs were implemented in the county and a total of 50 individuals attended. Participants said that they would use the recipe cards, specifically recipes for the drain cleaner, disinfectant spray, and the all-purpose cleaner. One participant initially expressed concern over the expense and time involved in making the cleaning products. After attending the program, however, she plans to try the products.
Housing has long been recognized as a basic human need. Yet, because housing is often a family’s largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

**AVAILABILITY**

In 2010, in Grayson County, there were...
- 2,455 renter households
- 7,627 homeowner households
- 204 vacant housing units for rent
- 160 vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013, 21 children were homeless or were precariously housed in Grayson County.

**AFFORDABILITY**

According to American Community Survey estimates for Grayson County, in 2008-2012...
- 35.8% (+/- 6.9) of renter households paid 35% or more of their income for rent and utilities
- 24.4% (+/- 4.2) of homeowner households with a mortgage and 11.3% (+/- 2.7) of homeowner households without a mortgage paid 35% or more of their income for housing costs
- 47.7% (+/- 2.6) of homeowner households did not have a mortgage
- 25.6% (+/- 2.4) of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, 21.5% (+/- 4.1) of residents in the county were living below poverty.

In 2013, residents needed to earn $10.87 an hour (or work 1.5 jobs at $7.25 an hour**) to afford a two-bedroom apartment at Fair Market Rent in Grayson County.

**HEALTH AND SAFETY**

In Grayson County, it is estimated that in 2008-2012...
- half of all renter-occupied housing was built before 1982 (+/- 3 years)
- half of all owner-occupied housing was built before 1980 (+/- 2 years)

According to 2008-2012 American Community Survey estimates in Grayson County...
- 4.2% (+/- 1.3) of all households had no landline or cell phone
- 28.4% (+/- 3.0) of workers living in Grayson County worked in Kentucky but outside the county and 1.8% (+/- 0.8) worked outside the state
- Half of all workers traveled 27.1 (+/- 2.0) or more minutes to work

**Sources:**
1. Kentucky Cooperative Extension reporting. FY 2014
2. 2008-2012 American Community Survey 5-Year Estimates, U.S. Census Bureau
3. 2010 Decennial Census, U.S. Census Bureau
4. Kentucky Dept. of Education http://education.ky.gov/federal/programs/Pages/TX-Docs.aspx (Data for school districts were combined to produce the county total.)
5. Small Area Income and Poverty Estimates, U.S. Census Bureau
6. Out Of Reach 2014. National Low Income Housing Coalition
7. Data refer to housing tenure (owner or renter).
8. **The current federal minimum wage**