COOPERATIVE EXTENSION SERVICE

UNIVERSITY OF KENTUCKY COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT, LEXINGTON, KY 40546



ELLIOTT COUNTY Gwenda Johnson, County Extension Agent, Family and Consumer Sciences



BUILDING STRONG FAMILIES FOR KENTUCKY 2015



OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families in Elliott County. To help families make wise decisions, our educational programs focus on:

- Making Healthy Lifestyle Choices that influence health and well-being
- Nurturing Families as they cope with fewer resources and more demands
- Embracing Life as We Age to live independently longer
- Securing Financial Stability in a turbulent economic period
- Promoting Healthy Homes and Communities that recycle, reduce waste, and protect our environment
- Accessing Nutritious Food that is affordable, available, and safe
- Empowering Community Leaders as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made **12,063** contacts with Elliott County individuals and families.¹

http://hes.uky.edu/StrongFamilies

OUR PEOPLE

Median household income by housing type* (2008-2012)²



SPOTLIGHT ON ...

FARMERS MARKET

To battle a 40% obesity rate, Elliott County Extension agriculture and FCS agents partnered to increase vendors' income at the local farmers market and increase consumption of fresh fruits and vegetables by local residents. Grant money was used to give farmers market gift cards to participants in health and nutrition programs, resulting in \$852 paid to the vendors. FCS and Ag agents also partnered to manage the Kentucky Department of Agriculture's Senior Farmers Market Coupons. Redemption rate of these coupons in 2013 was 89%, giving \$6,720 in revenue to vendors, making the total income to farmers \$7,572 due to Extension efforts. This shows a rise in the consumption of fresh fruits and vegetables in the senior diet.



ousing has long been recognized as a basic human need. Yet, because housing is often a family's largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

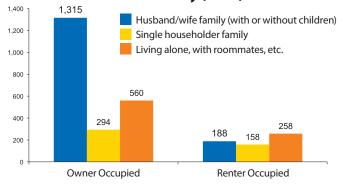
AVAILABILITY

In 2010, in Elliott County, there were...³

- 604 renter households
- 2,169 homeowner households
- 65 vacant housing units for rent
- 26 vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013, 81 children were homeless or were precariously housed in Elliott County.⁴

Number of households by housing type* in Elliott County (2010)³



HEALTH AND SAFETY

In Elliott County, it is estimated that in 2008-2012...²

- half of all renter-occupied housing was built before 1977 (+/-5 years)
- half of all owner-occupied housing was built before 1978 (+/- 3 years)

According to 2008-2012 American Community Survey² estimates in Elliott County...

• 5.1% (+/- 2.7) of all households had no landline or cell phone

• 42.3% (+/- 8.5) of workers living in Elliott County worked in Kentucky but outside the county and 5.1% (+/- 2.9) worked outside the state

• Half of all workers traveled 27.5 (+/- 4.4) or more minutes to work

AFFORDABILITY

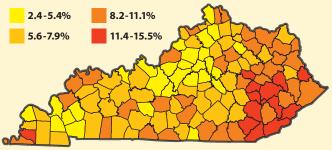
According to American Community Survey estimates for Elliott County, in 2008-2012...²

- 52.7% (+/- 17.9) of renter households paid 35% or more of their income for rent and utilities
- 34.4% (+/- 12.8) of homeowner households with a mortgage and 15.9% (+/- 5.9) of homeowner households without a mortgage paid 35% or more of their income for housing costs
- 64.8% (+/- 6.4) of homeowner households did not have a mortgage
- 37.6% (+/- 4.8) of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, **33.1%** (+/- 6.7) of residents in the county were living below poverty.⁵

In 2013, residents needed to earn \$10.87 an hour (or work **1.5** jobs at \$7.25 an hour**) to afford a twobedroom apartment at Fair Market Rent in Elliott County.6

Estimated percentage of households without a vehicle (2008-2012)²



American Community Survey 5-year estimates

SOURCES:

Kentucky Cooperative Extension reporting. FY 2014

² 2008-2012 American Community Survey 5-Year Estimates, U.S. Census Bureau ³ 2010 Decennial Census, U.S. Census Bureau

- ⁴ Kentucky Dept. of Education http://education.ky.gov/ federal/progs/txc/Pages/TX-Docs.aspx (Data for school districts were combined to produce the county total.) ⁵ Small Area Income and Poverty Estimates, U.S. Censu
- Bureau ⁶ Out Of Reach 2014. National Low Income Housing Coalition

* Data refer to housing tenure (owner or renter). ** The current federal minimum wage

