

## **CLINTON COUNTY**

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# BUILDING STRONG FAMILIES FOR KENTUCKY 2015



#### **OUR FOCUS**

Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Clinton County. To help families make wise decisions, our educational programs focus on:

- Making Healthy Lifestyle Choices that influence health and well-being
- Nurturing Families as they cope with fewer resources and more demands
- Embracing Life as We Age to live independently longer
- Securing Financial Stability in a turbulent economic period
- Promoting Healthy Homes and Communities that recycle, reduce waste, and protect our environment
- Accessing Nutritious Food that is affordable, available, and safe
- Empowering Community Leaders as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made **33,499** contacts with Clinton County individuals and families.<sup>1</sup>

### **OUR PEOPLE**

#### Median household income by housing type\* (2008-2012)<sup>2</sup>



#### **SPOTLIGHT ON ...**

# **COUPONING 101**

uring difficult financial times, families are looking for ways to save money and make better use of available resources. The Clinton County Cooperative Extension Service offered seven Couponing 101 classes to provide hands-on opportunities for 87 youth and adults. The program focused on menu planning, creating master shopping lists, product price books, coupon policies, shopping locally, and food safety. Guided grocery shopping tours focused on unit prices, label reading, and coupon utilization. The 12-week post-evaluations found that 94% shared program information with others, 83% ate more meals at home, and 87% saved an average of \$25.33 on their weekly grocery bill as a result of practical application of strategies taught in the program.

http://hes.uky.edu/StrongFamilies



ousing has long been recognized as a basic human need. Yet, because housing is often a family's largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

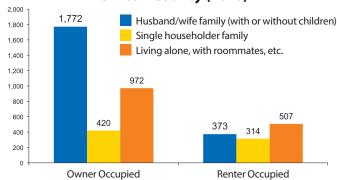
#### **AVAILABILITY**

In 2010, in Clinton County, there were...<sup>3</sup>

- 1,194 renter households
- 3,164 homeowner households
- 195 vacant housing units for rent
- **36** vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013, **25** children were homeless or were precariously housed in Clinton County.4

#### Number of households by housing type\* in Clinton County (2010)<sup>3</sup>



#### **HEALTH AND SAFETY**

In Clinton County, it is estimated that in 2008-2012...<sup>2</sup>

- half of all renter-occupied housing was built before 1968 (+/-5 years)
- half of all owner-occupied housing was built before 1980 (+/-3 years)

According to 2008-2012 American Community Survey<sup>2</sup> estimates in Clinton County...

- 5.5% (+/- 2.5) of all households had no landline or cell phone
- 17.0% (+/- 4.2) of workers living in Clinton County worked in Kentucky but outside the county and 3.4% (+/- 2.0) worked outside the state
- Half of all workers traveled **17.5** (+/- 1.9) or more minutes to work

#### **AFFORDABILITY**

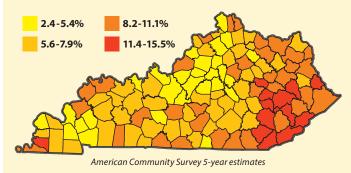
According to American Community Survey estimates for Clinton County, in 2008-2012...<sup>2</sup>

- 29.5% (+/- 10.7) of renter households paid 35% or more of their income for rent and utilities
- 33.9% (+/- 9.1) of homeowner households with a mortgage and 12.7% (+/- 4.9) of homeowner households without a mortgage paid 35% or more of their income for housing costs
- 62.2% (+/- 5.7) of homeowner households did not have a mortgage
- **26.8%** (+/- 3.4) of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, **27.5%** (+/- 5.5) of residents in the county were living below poverty.5

In 2013, residents needed to earn \$10.87 an hour (or work 1.5 iobs at \$7.25 an hour\*\*) to afford a twobedroom apartment at Fair Market Rent in Clinton County.6

#### **Estimated percentage of households** without a vehicle (2008-2012)2



#### SOURCES:

- Kentucky Cooperative Extension reporting, FY 2014
- <sup>2</sup> 2008-2012 American Community Survey 5-Year Estimates, U.S. Census Bureau <sup>3</sup> 2010 Decennial Census, U.S. Census Bureau
- <sup>4</sup> Kentucky Dept. of Education http://education.ky.gov/ federal/progs/txc/Pages/TX-Docs.aspx (Data for school districts were combined to produce the county total.) Small Area Income and Poverty Estimates, U.S. Census
- Out Of Reach 2014. National Low Income Housing
- \* Data refer to housing tenure (owner or renter).
  \*\* The current federal minimum wage

