



County Extension Agents, Family and Consumer Sciences



ILDING STRONG FAMILIES FOR KENTUCKY 2015



OUR FOCUS

Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Campbell County. To help families make wise decisions, our educational programs focus on:

- Making Healthy Lifestyle Choices that influence health and well-being
- Nurturing Families as they cope with fewer resources and more demands
- Embracing Life as We Age to live independently longer
- Securing Financial Stability in a turbulent economic period
- Promoting Healthy Homes and **Communities** that recycle, reduce waste, and protect our environment
- Accessing Nutritious Food that is affordable, available, and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made 16,591 contacts with Campbell County individuals and families.1

SPOTLIGHT ON ...

NOURISH YOUR BONES

he Campbell County Family and Consumer Sciences agent taught the lesson, "Nourish Your Bones and Joints" to eight northern Kentucky counties. The 112 participants learned about different bone and joint diseases and how to prevent and manage them. They were also provided healthy recipes for their bones and joints. Written evaluations conducted at the end of the program showed that all of the participants learned something new about bones and joints. Written evaluations administered three months after the program showed that as a result of the program 76% of the participants increased their intake of vegetables, 83% increased their intake of fruits, and 44% were getting 30 minutes of physical activity five to seven days per week.

OUR PEOPLE

Median household income by housing type* (2008-2012)²



http://hes.uky.edu/StrongFamilies



ousing has long been recognized as a basic human need. Yet, because housing is often a family's largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

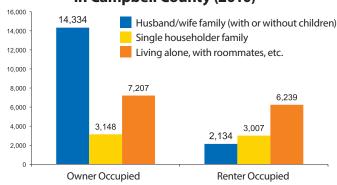
AVAILABILITY

In 2010, in Campbell County, there were...³

- 11,380 renter households
- 24,689 homeowner households
- 1,353 vacant housing units for rent
- 680 vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013. 131 children were homeless or were precariously housed in Campbell County.4

Number of households by housing type* in Campbell County (2010)3



HEALTH AND SAFETY

In Campbell County, it is estimated that in 2008-2012...²

- half of all renter-occupied housing was built before 1970 (+/-3 years)
- half of all owner-occupied housing was built before 1966 (+/-2 years)

According to 2008-2012 American Community Survey² estimates in Campbell County...

- 2.0% (+/- 0.5) of all households had no landline or cell phone
- 24.4% (+/- 1.1) of workers living in Campbell County worked in Kentucky but outside the county and 38.8% (+/-1.7) worked outside the state
- Half of all workers traveled 22.2 (+/- 0.5) or more minutes to work

AFFORDABILITY

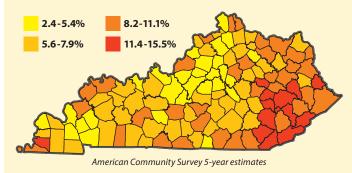
According to American Community Survey estimates for Campbell County, in 2008-2012...²

- **38.3%** (+/- 3.4) of renter households paid **35%** or more of their income for rent and utilities
- 18.1% (+/- 1.8) of homeowner households with a mortgage and 7.8% (+/- 1.6) of homeowner households without a mortgage paid 35% or more of their income for housing costs
- 29.4% (+/- 1.7) of homeowner households did not have a mortgage
- 3.4% (+/- 0.6) of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, **14.5%** (+/- 1.8) of residents in the county were living below poverty.5

In 2013, residents needed to earn \$14.13 an hour (or work 1.9 iobs at \$7.25 an hour**) to afford a twobedroom apartment at Fair Market Rent in Campbell County.6

Estimated percentage of households without a vehicle (2008-2012)2



SOURCES:

- Kentucky Cooperative Extension reporting, FY 2014 ² 2008-2012 American Community Survey 5-Year Estimates, U.S. Census Bureau ³ 2010 Decennial Census, U.S. Census Bureau
- ⁴ Kentucky Dept. of Education http://education.ky.gov/ federal/progs/txc/Pages/TX-Docs.aspx (Data for school districts were combined to produce the county total.)
- Small Area Income and Poverty Estimates, U.S. Census Out Of Reach 2014. National Low Income Housing
- * Data refer to housing tenure (owner or renter).
 ** The current federal minimum wage

