

# ANDERSON COUNTY

Joan Martin,

County Extension Agent, Family and Consumer Sciences



# BUILDING STRONG FAMILIES FOR KENTUCKY 2015



# **OUR FOCUS**

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families in Anderson County. To help families make wise decisions, our educational programs focus on:

- Making Healthy Lifestyle Choices that influence health and well-being
- Nurturing Families as they cope with fewer resources and more demands
- Embracing Life as We Age to live independently longer
- Securing Financial Stability in a turbulent economic period
- Promoting Healthy Homes and Communities that recycle, reduce waste, and protect our environment
- Accessing Nutritious Food that is affordable, available, and safe
- Empowering Community Leaders as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made **7,971** contacts with Anderson County individuals and families.<sup>1</sup>

# **OUR PEOPLE**

#### Median household income by housing type\* (2008-2012)<sup>2</sup>



# **SPOTLIGHT ON ...**

# FOOD PANTRY COOKING SCHOOL

nderson Country residents struggle with low incomes and high rates of obesity, diabetes, and heart disease. To promote healthy food preparation, the Anderson County FCS and Agriculture Extension Agents had a cooking school at the Open Hands Food Pantry. Two Extension Homemaker volunteers assisted. Prior to the foursession program, 70% of participants had limited food preparation experience and 50% had difficulty following a recipe. Participants received hands-on instruction in the use of basic kitchen equipment, safe knife skills, meal planning, healthy breakfast options, proper measuring techniques, reduced-fat cooking techniques, and food safety guidelines. All participants reported they prepared more food at home, planned some meals ahead of time, and used a grocery list.

http://hes.uky.edu/StrongFamilies



ousing has long been recognized as a basic human need. Yet, because housing is often a family's largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

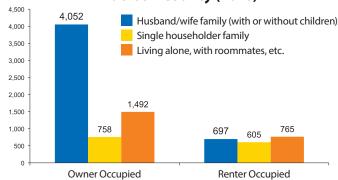
#### **AVAILABILITY**

In 2010, in Anderson County, there were...<sup>3</sup>

- 2,067 renter households
- **6,302** homeowner households
- 193 vacant housing units for rent
- 171 vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013, 13 children were homeless or were precariously housed in Anderson County.4

## Number of households by housing type\* in Anderson County (2010)<sup>3</sup>



# **HEALTH AND SAFETY**

In Anderson County, it is estimated that in 2008-2012...<sup>2</sup>

- half of all renter-occupied housing was built before 1981 (+/- 6 years)
- half of all owner-occupied housing was built before 1989 (+/-2 years)

According to 2008-2012 American Community Survey<sup>2</sup> estimates in Anderson County...

- 1.8% (+/- 1.0) of all households had no landline or cell phone
- 65.9% (+/- 3.2) of workers living in Anderson County worked in Kentucky but outside the county and 0.4% (+/-0.3) worked outside the state
- Half of all workers traveled 26.5 (+/- 1.5) or more minutes to work

#### **AFFORDABILITY**

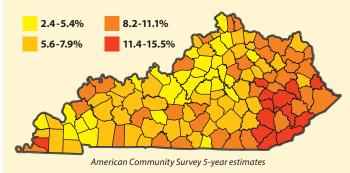
According to American Community Survey estimates for Anderson County, in 2008-2012...<sup>2</sup>

- 31.0% (+/- 7.6) of renter households paid 35% or more of their income for rent and utilities
- 18.5% (+/- 4.0) of homeowner households with a mortgage and 6.0% (+/- 3.4) of homeowner households without a mortgage paid 35% or more of their income for housing costs
- 26.8% (+/- 3.1) of homeowner households did not have a mortgage
- 7.7% (+/- 1.7) of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, **11.0%** (+/- 2.2) of residents in the county were living below poverty.5

In 2013, residents needed to earn \$12.90 an hour (or work 1.8 iobs at \$7.25 an hour\*\*) to afford a twobedroom apartment at Fair Market Rent in Anderson County.6

#### **Estimated percentage of households** without a vehicle (2008-2012)2



#### SOURCES:

- Kentucky Cooperative Extension reporting, FY 2014 <sup>2</sup> 2008-2012 American Community Survey 5-Year Estimates, U.S. Census Bureau <sup>3</sup> 2010 Decennial Census, U.S. Census Bureau
- <sup>4</sup> Kentucky Dept. of Education http://education.ky.gov/ federal/progs/txc/Pages/TX-Docs.aspx (Data for school districts were combined to produce the county total.) Small Area Income and Poverty Estimates, U.S. Census
- Out Of Reach 2014. National Low Income Housing
- \* Data refer to housing tenure (owner or renter).
  \*\* The current federal minimum wage

