



PERRY COUNTY

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BUILDING STRONG FAMILIES FOR KENTUCKY 2014



OUR FOCUS

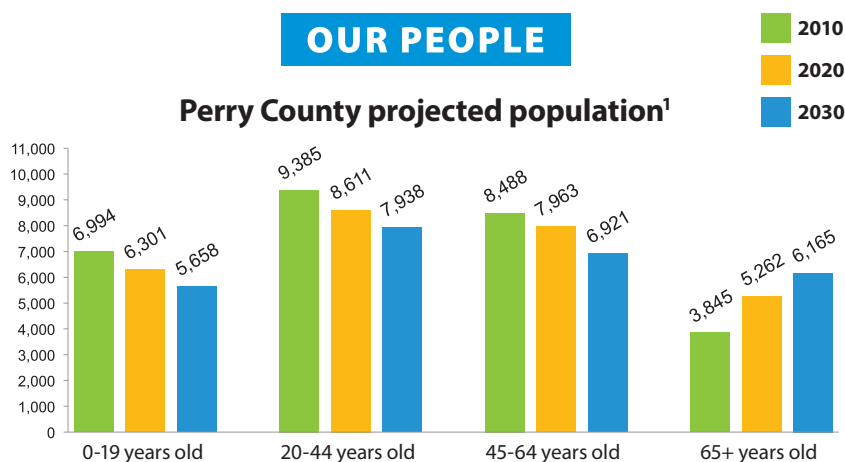
Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Perry County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2012-2013, Family and Consumer Sciences Extension made **29,143** contacts with Perry County individuals and families.²

OUR PEOPLE

Perry County projected population¹



SPOTLIGHT ON ...

HEALTHY COOKING SCHOOLS

In an effort to reverse the county's poor health outcomes, the Perry County FCS agent partnered with other agencies to promote awareness about proper nutrition and its role in battling diabetes, heart disease and cancer. A series of six cooking schools were held for food handlers who prepare and serve food to over 2,000 people five days a week. Eighty food handlers attended the cooking schools over a six-month period. By the end of the series, 100 percent knew the correct procedure for hand washing and how often and when gloves should be changed. Additionally, they learned to safely store, prepare, and serve foods, sampled new, healthier recipes; have started incorporating some into their monthly menus, and plan to add more as seasonally appropriate.

<http://hes.uky.edu/StrongFamilies>

FAMILY ACCESS

According to the 2007-2011 American Community Survey,³ in Perry County...

- **36.1%** (+/- 6.2) of families with children were below poverty
- **19.3%** (+/- 4.9) of those ages 65 and over were below poverty
- **15.3%** (+/- 2.2) of households had retirement income
- **13.1%** (+/- 2.1) of households had no vehicle

The USDA Food Environment Atlas⁴ indicates that in 2010, Perry County had **1,705** people, **401** children and **187** seniors with low access to a supermarket or large grocery store.*

In addition, **863** residents had **both** low income **and** low access to stores.

As a result of participating in Perry County Extension programs:²

- **5,305** people demonstrated an increase in practical living skills.
- **70** people utilized healthy food delivery systems and access points.
- **105** people increased leadership knowledge and skills.

COMMUNITY AVAILABILITY

In 2011, Perry County had:

- **8** Grocery stores (any kind)⁵
 - **8** Grocery/supermarkets (except convenience)⁵
 - **0** Convenience stores (i.e. food marts – no gas)⁵
- **25** Gasoline stations with convenience stores⁵

In the county, there were:

- **1** Roadside market that served the county⁶
- **1** Farmers market location⁷
- **55** SNAP** authorized stores (food stamps)⁴
- **12** WIC*** authorized stores⁴

In 2011, there were **\$378,149.14** in SNAP redemptions/per SNAP authorized store in Perry County.⁴

As a result of participating in Perry County Extension programs:²

- **310** people made lifestyle changes to improve health.
- **2,015** people increased knowledge of healthy food consumption.
- **233** people reported eating more healthy foods.

FOOD ASSISTANCE

In Perry County...

- **2,909** was the average monthly number of children who received SNAP** (food stamps) in 2011, up from **2,796** children in 2007 (**up 4.0%**).⁹
- **74.0%** of students attending public schools were eligible for free or reduced-price meals.⁹
- There were **5,574** SNAP cases and the monthly SNAP benefit level was **\$255.70**.⁸

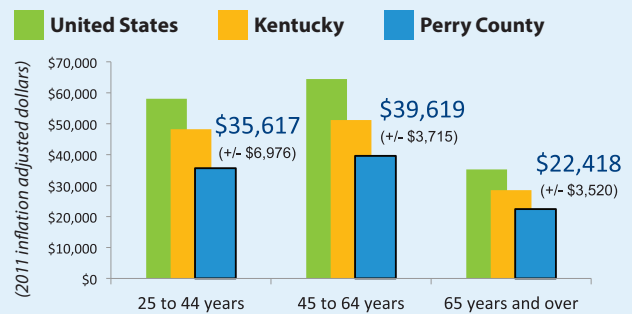
Perry County is served by God's Pantry Food Bank of the Ky. Assoc. of Food Banks.¹⁰

As a result of participating in Perry County Extension programs:²

- **233** people adopted practices to increase food access and affordability.
- **3,610** people were reached with information on eating healthy foods.
- **1,612** youth increased their knowledge of healthy food consumption.

HOUSEHOLD INCOME

Median household income in past 12 months by age of householder in Perry County (2007-2011)³



SOURCES

- ¹ Kentucky State Data Center
- ² Kentucky Cooperative Extension Service Reporting, FY 2013
- ³ 2007-2011 American Community Survey, 5-Year Estimates
- ⁴ USDA, Economic Research Service. <http://www.ers.usda.gov/data-products/food-environment-atlas.aspx>
- ⁵ US Dept of Commerce, County Business Patterns, 2011.
- ⁶ Kentucky Farm Bureau. <https://www.kyfb.com/federation/markets>
- ⁷ Kentucky Dept. of Agriculture Farmer's Market directory. <http://www.kyagr.com/marketing/farmers-market-directory.aspx>
- ⁸ Kentucky Cabinet for Health and Family Services, Data Book, June, 2013. http://chfs.ky.gov/dcb/dcb_data_book.htm
- ⁹ Kids Count Data Center, KY Youth Advocates.
- ¹⁰ Kentucky Association of Food Banks. <http://www.kafb.org>
- * Low access is defined as more than 10 miles in a rural area and more than 1 mile in an urban area.
- ** Supplemental Nutrition Assistance Program
- *** The Special Supplemental Nutrition Program for Women, Infants and Children