



MONROE COUNTY

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BUILDING STRONG FAMILIES FOR KENTUCKY 2014



OUR FOCUS

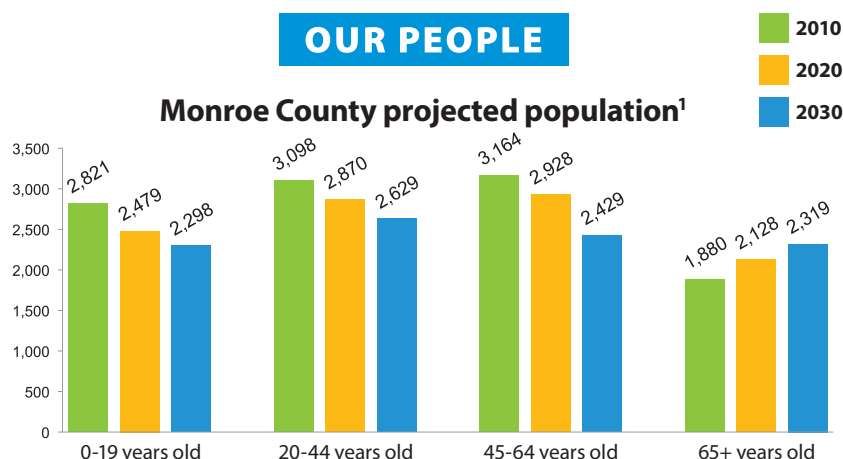
Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Monroe County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2012-2013, Family and Consumer Sciences Extension made **13,410** contacts with Monroe County individuals and families.²

OUR PEOPLE

Monroe County projected population¹



SPOTLIGHT ON ...

FARMERS MARKET

Supporting the local food production economy increases consumer access to a safe and healthy food supply for long-term health. The Monroe County Extension Service works together with both producers and consumers to increase fruit and vegetable purchase, preparation, consumption, and preservation of Kentucky-grown and value-added commodities. In the 2012-2013 season, 23 local producers sold at the market, seven of whom were new to the market and two of whom became a certified Home-based Microprocessor this year. The Senior Farmers Market Nutrition Program provided 300 low-income senior citizens the opportunity to purchase fresh fruits and vegetables at the farmers market, bringing \$8,400 income to Monroe County producers. One producer reported that the voucher recipients became regular customers of the market, even after their vouchers were redeemed.

<http://hes.uky.edu/StrongFamilies>

FAMILY ACCESS

According to the 2007-2011 American Community Survey,³ in Monroe County...

- **29.1%** (+/- 8.2) of families with children were below poverty
- **22.3%** (+/- 6.1) of those ages 65 and over were below poverty
- **12.1%** (+/- 2.5) of households had retirement income
- **10.3%** (+/- 2.9) of households had no vehicle

The USDA Food Environment Atlas⁴ indicates that in 2010, Monroe County had **445** people, **97** children and **84** seniors with low access to a supermarket or large grocery store.*

In addition, **278** residents had **both** low income **and** low access to stores.

As a result of participating in Monroe County Extension programs:²

- **800** people demonstrated an increase in practical living skills.
- **400** people utilized healthy food delivery systems and access points.
- **175** people were involved in addressing community issues.

COMMUNITY AVAILABILITY

In 2011, Monroe County had:

- **4** Grocery stores (any kind)⁵
 - **4** Grocery/supermarkets (except convenience)⁵
 - **0** Convenience stores (i.e. food marts – no gas)⁵
- **5** Gasoline stations with convenience stores⁵

In the county, there were:

- **1** Roadside market that served the county⁶
- **1** Farmers market location⁷
- **14** SNAP** authorized stores (food stamps)⁴
- **7** WIC*** authorized stores⁴

In 2011, there were **\$333,435.58** in SNAP redemptions/per SNAP authorized store in Monroe County.⁴

As a result of participating in Monroe County Extension programs:²

- **375** people made lifestyle changes to improve health.
- **500** people increased knowledge of healthy food consumption.
- **850** people increased knowledge of lifestyle changes to improve personal health.

FOOD ASSISTANCE

In Monroe County...

- **956** was the average monthly number of children who received SNAP** (food stamps) in 2011, up from **795** children in 2007 (**up 20.3%**).⁹
- **70.0%** of students attending public schools were eligible for free or reduced-price meals.⁹
- There were **1,380** SNAP cases and the monthly SNAP benefit level was **\$247.99**.⁸

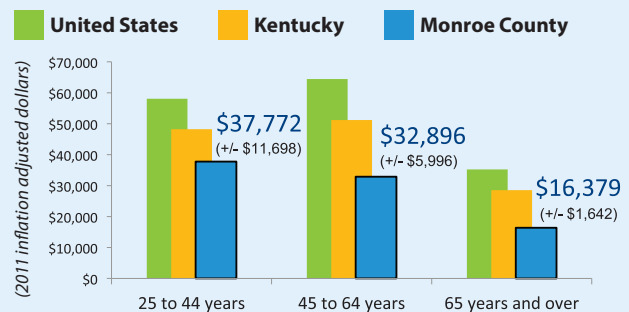
Monroe County is served by Feeding America, Kentucky's Heartland of the Ky. Assoc. of Food Banks.¹⁰

As a result of participating in Monroe County Extension programs:²

- **150** people adopted practices to increase food access and affordability.
- **1,000** families/caregivers were reached with information on accessing healthy foods.
- **700** youth increased their knowledge of healthy food consumption.

HOUSEHOLD INCOME

Median household income in past 12 months by age of householder in Monroe County (2007-2011)³



SOURCES

- ¹ Kentucky State Data Center
- ² Kentucky Cooperative Extension Service Reporting, FY 2013
- ³ 2007-2011 American Community Survey, 5-Year Estimates
- ⁴ USDA, Economic Research Service. <http://www.ers.usda.gov/data-products/food-environment-atlas.aspx>
- ⁵ US Dept of Commerce, County Business Patterns, 2011.
- ⁶ Kentucky Farm Bureau. <https://www.kyfb.com/federation/markets>
- ⁷ Kentucky Dept. of Agriculture Farmer's Market directory. <http://www.kyagr.com/marketing/farmers-market-directory.aspx>
- ⁸ Kentucky Cabinet for Health and Family Services, Data Book, June, 2013. http://chfs.ky.gov/dcb/dcb_data_book.htm
- ⁹ Kids Count Data Center, KY Youth Advocates.
- ¹⁰ Kentucky Association of Food Banks. <http://www.kafb.org>
- * Low access is defined as more than 10 miles in a rural area and more than 1 mile in an urban area.
- ** Supplemental Nutrition Assistance Program
- *** The Special Supplemental Nutrition Program for Women, Infants and Children