

MAGOFFIN COUNTY Family and Consumer Sciences

BUILDING STRONG FAMILIES FOR KENTUCKY 2014



OUR FOCUS

Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Magoffin County. To help families make wise decisions, our educational programs focus on:

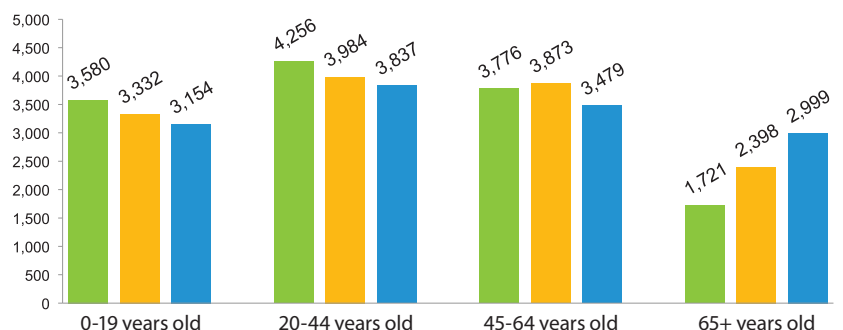
- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2012-2013, Family and Consumer Sciences Extension made **23,413** contacts with Magoffin County individuals and families.²

<http://hes.uky.edu/StrongFamilies>

OUR PEOPLE

Magoffin County projected population¹



SPOTLIGHT ON ...

FAMILY FOOD SECURITY

Magoffin County is the 24th poorest county in the nation, with a poverty rate of 35.6 percent. Almost half of the county population receives food stamp benefits and emergency food sources are extremely limited, especially after the county's only food pantry was destroyed during the 2012 tornado. Following the disaster, the Magoffin County Extension staff helped to organize a mobile food pantry to assist those impacted by the tornado and provide food assistance to those in need. Through the mobile food pantry, 150 participants received food boxes valued at approximately \$150, as well as nutrition information each month. The Magoffin County Extension Service organized the mobile food pantry through the fall of 2012 until a church accepted the responsibility. That food pantry is still operational, providing better food security for Magoffin County families.

FAMILY ACCESS

According to the 2007-2011 American Community Survey,³ in Magoffin County...

- **35.4%** (+/- 9.7) of families with children were below poverty
- **25.9%** (+/- 6.6) of those ages 65 and over were below poverty
- **17.2%** (+/- 3.4) of households had retirement income
- **12.1%** (+/- 3.6) of households had no vehicle

The USDA Food Environment Atlas⁴ indicates that in 2010, Magoffin County had **444** households with no vehicle and low access to a supermarket or large grocery store.*

As a result of participating in Magoffin County Extension programs:²

- **425** people demonstrated an increase in practical living skills.
- **300** people utilized healthy food delivery systems and access points.
- **225** people were involved in addressing community issues.

COMMUNITY AVAILABILITY

In 2011, Magoffin County had:

- **4** Grocery stores (any kind)⁵
 - **2** Grocery/supermarkets (except convenience)⁵
 - **2** Convenience stores (i.e. food marts – no gas)⁵
- **8** Gasoline stations with convenience stores⁵

In the county, there were:

- **1** Roadside markets that served the county⁶
- **0** Farmers market locations⁷
- **28** SNAP** authorized stores (food stamps)⁴
- **11** WIC*** authorized stores⁴

In 2011, there were **\$215,145.43** in SNAP redemptions/per SNAP authorized store in Magoffin County.⁴

As a result of participating in Magoffin County Extension programs:²

- **7,000** people increased knowledge of healthy food consumption.
- **6,500** people increased knowledge of lifestyle changes to improve personal health.
- **500** people reported eating more healthy foods.

FOOD ASSISTANCE

In Magoffin County...

- **1,535** was the average monthly number of children who received SNAP** (food stamps) in 2011, down from **1,593** children in 2007 (**down 3.6%**).⁹
- **86.0%** of students attending public schools were eligible for free or reduced-price meals.⁹
- There were **2,734** SNAP cases and the monthly SNAP benefit level was **\$232.48**.⁸

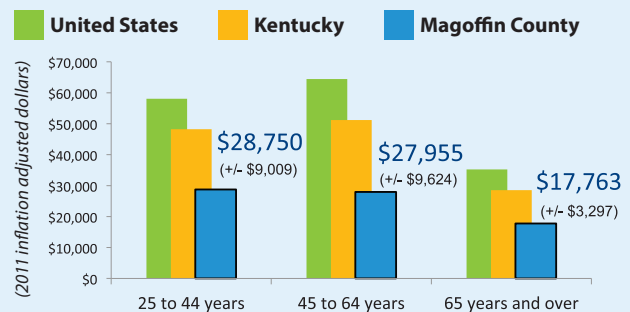
Magoffin County is served by God's Pantry Food Bank of the Ky. Assoc. of Food Banks.¹⁰

As a result of participating in Magoffin County Extension programs:²

- **500** people adopted practices to increase food access and affordability.
- **5,000** families/caregivers were reached with information on accessing healthy foods.
- **1,200** youth increased their knowledge of healthy food consumption.

HOUSEHOLD INCOME

Median household income in past 12 months by age of householder in Magoffin County (2007-2011)³



SOURCES

- ¹ Kentucky State Data Center
- ² Kentucky Cooperative Extension Service Reporting, FY 2013
- ³ 2007-2011 American Community Survey, 5-Year Estimates
- ⁴ USDA, Economic Research Service. <http://www.ers.usda.gov/data-products/food-environment-atlas.aspx>
- ⁵ US Dept of Commerce, County Business Patterns, 2011.
- ⁶ Kentucky Farm Bureau. <https://www.kyfb.com/federation/markets>
- ⁷ Kentucky Dept. of Agriculture Farmer's Market directory. <http://www.kyagr.com/marketing/farmers-market-directory.aspx>
- ⁸ Kentucky Cabinet for Health and Family Services, Data Book, June, 2013. http://chfs.ky.gov/dcbcs/data_book.htm
- ⁹ Kids Count Data Center, KY Youth Advocates.
- ¹⁰ Kentucky Association of Food Banks. <http://www.kafb.org>
- * Low access is defined as more than 10 miles in a rural area and more than 1 mile in an urban area.
- ** Supplemental Nutrition Assistance Program
- *** The Special Supplemental Nutrition Program for Women, Infants and Children