



## JOHNSON COUNTY

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# BUILDING STRONG FAMILIES FOR KENTUCKY 2014



### OUR FOCUS

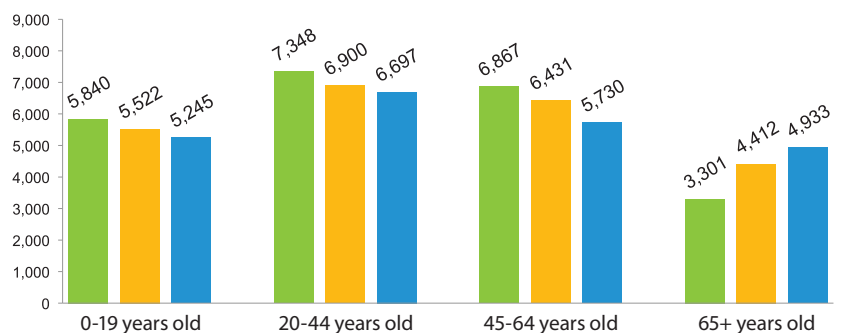
Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Johnson County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2012-2013, Family and Consumer Sciences Extension made **7,591** contacts with Johnson County individuals and families.<sup>2</sup>

### OUR PEOPLE

Johnson County projected population<sup>1</sup>



### SPOTLIGHT ON ...

## LONG-TERM RECOVERY

The Johnson County Family and Consumer Sciences staff and volunteers responded to the tornado disaster in 2012 by assisting more than 520 victims. Food, clothing, and resources were managed for 40 days following the disaster. The FCS agent currently serves on the Long-Term Recovery Committee, which provides support and continues to work with the families, providing food to victims through the backpack program, the farmers market, and an emergency food fund managed by Extension Homemakers. As of fall 2013, there were 70 families still receiving support to overcome the damages incurred from the storm.

<http://hes.uky.edu/StrongFamilies>

## FAMILY ACCESS

According to the 2007-2011 American Community Survey,<sup>3</sup> in Johnson County...

- **29.4%** (+/- 6.3) of families with children were below poverty
- **14.3%** (+/- 4.1) of those ages 65 and over were below poverty
- **19.1%** (+/- 2.3) of households had retirement income
- **8.6%** (+/- 2.1) of households had no vehicle

The USDA Food Environment Atlas<sup>4</sup> indicates that in 2010, Johnson County had **2,321** people, **527** children and **334** seniors with low access to a supermarket or large grocery store.\*

In addition, **1,089** residents had **both** low income **and** low access to stores.

### As a result of participating in Johnson County Extension programs:<sup>2</sup>

- **858** people demonstrated an increase in practical living skills.
- **100** people utilized healthy food delivery systems and access points.
- **111** people were involved in addressing community issues.

## COMMUNITY AVAILABILITY

In 2011, Johnson County had:

- **2** Grocery stores (any kind)<sup>5</sup>
  - **2** Grocery/supermarkets (except convenience)<sup>5</sup>
  - **0** Convenience stores (i.e. food marts – no gas)<sup>5</sup>
- **13** Gasoline stations with convenience stores<sup>5</sup>

In the county, there were:

- **1** Roadside markets that served the county<sup>6</sup>
- **1** Farmers market location<sup>7</sup>
- **37** SNAP\*\* authorized stores (food stamps)<sup>4</sup>
- **7** WIC\*\*\* authorized stores<sup>4</sup>

In 2011, there were **\$368,496.40** in SNAP redemptions/per SNAP authorized store in Johnson County.<sup>4</sup>

### As a result of participating in Johnson County Extension programs:<sup>2</sup>

- **500** people increased knowledge of healthy food consumption.
- **500** people increased knowledge of lifestyle changes to improve personal health.
- **300** families spent time together in physical activity.

## FOOD ASSISTANCE

In Johnson County...

- **2,171** was the average monthly number of children who received SNAP\*\* (food stamps) in 2011, up from **2,036** children in 2007 (**up 6.6%**).<sup>9</sup>
- **64.0%** of students attending public schools were eligible for free or reduced-price meals.<sup>9</sup>
- There were **3,760** SNAP cases and the monthly SNAP benefit level was **\$252.24**.<sup>8</sup>

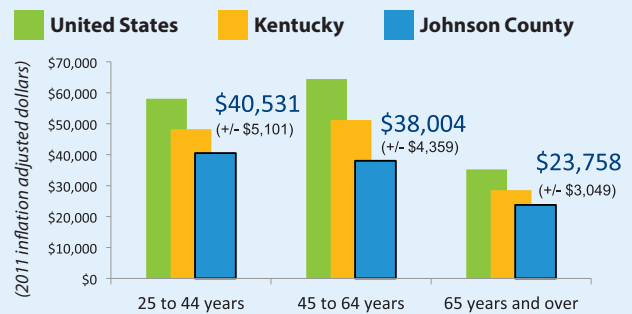
Johnson County is served by God's Pantry Food Bank of the Ky. Assoc. of Food Banks.<sup>10</sup>

### As a result of participating in Johnson County Extension programs:<sup>2</sup>

- **10** people supplemented their diets with healthy foods they produced or preserved.
- **305** youth increased their knowledge of healthy food consumption.
- **200** youth increased healthy food consumption.

## HOUSEHOLD INCOME

### Median household income in past 12 months by age of householder in Johnson County (2007-2011)<sup>3</sup>



#### SOURCES

- <sup>1</sup> Kentucky State Data Center
- <sup>2</sup> Kentucky Cooperative Extension Service Reporting, FY 2013
- <sup>3</sup> 2007-2011 American Community Survey, 5-Year Estimates
- <sup>4</sup> USDA, Economic Research Service. <http://www.ers.usda.gov/data-products/food-environment-atlas.aspx>
- <sup>5</sup> US Dept of Commerce, County Business Patterns, 2011.
- <sup>6</sup> Kentucky Farm Bureau. <https://www.kyfb.com/federation/markets>
- <sup>7</sup> Kentucky Dept. of Agriculture Farmer's Market directory. <http://www.kyagr.com/marketing/farmers-market-directory.aspx>
- <sup>8</sup> Kentucky Cabinet for Health and Family Services, Data Book, June, 2013. [http://chfs.ky.gov/dcbcs/data\\_book.htm](http://chfs.ky.gov/dcbcs/data_book.htm)
- <sup>9</sup> Kids Count Data Center, KY Youth Advocates.
- <sup>10</sup> Kentucky Association of Food Banks. <http://www.kafb.org>
- \* Low access is defined as more than 10 miles in a rural area and more than 1 mile in an urban area.
- \*\* Supplemental Nutrition Assistance Program
- \*\*\* The Special Supplemental Nutrition Program for Women, Infants and Children