



HENRY COUNTY
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BUILDING STRONG FAMILIES FOR KENTUCKY 2014



OUR FOCUS

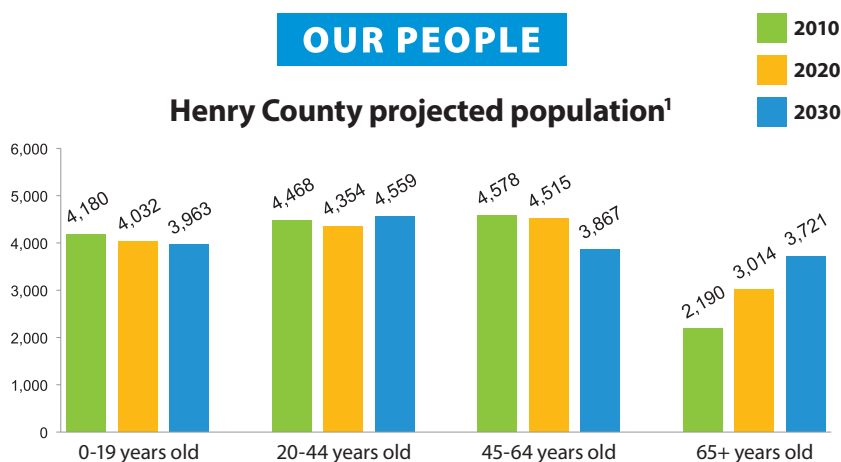
Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Henry County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2012-2013, Family and Consumer Sciences Extension made **15,779** contacts with Henry County individuals and families.²

OUR PEOPLE

Henry County projected population¹



SPOTLIGHT ON ...

LIVING WELL

During a five-year period in Henry County, 104 seniors over the age of 65 were injured in a fall; five of those died and 61 were admitted to skilled nursing for restorative care. The associated cost of such falls is predicted to be about \$54 billion by 2020. The Henry County Extension Service provided "A Matter of Balance" fall prevention program, the "Living Well - More than a Cookbook" curriculum, and the AARP Driver Safety Course in an effort to lessen the impact of this problem. Thirty individuals met about 50 times over the year to give participants a leg up on fall prevention and fall recovery regardless of age, ability, or condition and focus on prevention as a major strategy to reduce health care costs.

<http://hes.uky.edu/StrongFamilies>

FAMILY ACCESS

According to the 2007-2011 American Community Survey,³ in Henry County...

- **28.2%** (+/- 5.4) of families with children were below poverty
- **12.0%** (+/- 3.7) of those ages 65 and over were below poverty
- **24.5%** (+/- 2.7) of households had retirement income
- **7.3%** (+/- 1.9) of households had no vehicle

The USDA Food Environment Atlas⁴ indicates that in 2010, Henry County had **1,282** people, **310** children and **171** seniors with low access to a supermarket or large grocery store.*

In addition, **424** residents had **both** low income **and** low access to stores.

As a result of participating in Henry County Extension programs:²

- **165** people demonstrated an increase in practical living skills.
- **69** people increased leadership knowledge and skills.
- **128** people were involved in addressing community issues.

COMMUNITY AVAILABILITY

In 2011, Henry County had:

- **4** Grocery stores (any kind)⁵
 - **3** Grocery/supermarkets (except convenience)⁵
 - **1** Convenience store (i.e. food marts – no gas)⁵
- **9** Gasoline stations with convenience stores⁵

In the county, there were:

- **9** Roadside markets that served the county⁶
- **3** Farmers market locations⁷
- **16** SNAP** authorized stores (food stamps)⁴
- **3** WIC*** authorized stores⁴

In 2011, there were **\$80,589.33** in SNAP redemptions/per SNAP authorized store in Henry County.⁴

As a result of participating in Henry County Extension programs:²

- **110** people made lifestyle changes to improve health.
- **610** people increased knowledge of healthy food consumption.
- **270** people reached with information on accessing healthy foods.

FOOD ASSISTANCE

In Henry County...

- **1,083** was the average monthly number of children who received SNAP** (food stamps) in 2011, up from **807** children in 2007 (**up 34.2%**).⁹
- **56.0%** of students attending public schools were eligible for free or reduced-price meals.⁹
- There were **1,222** SNAP cases and the monthly SNAP benefit level was **\$287.00**.⁸

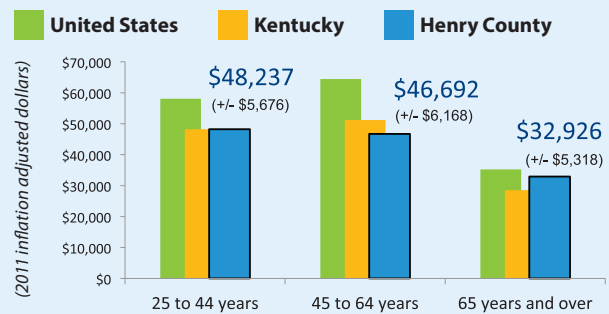
Henry County is served by Dare to Care Food Bank of the Ky. Assoc. of Food Banks.¹⁰

As a result of participating in Henry County Extension programs:²

- **20** people supplemented their diets with healthy foods they produced or preserved.
- **1,200** people were reached with information on eating healthy foods.
- **750** youth increased their knowledge of healthy food consumption.

HOUSEHOLD INCOME

Median household income in past 12 months by age of householder in Henry County (2007-2011)³



SOURCES

- ¹ Kentucky State Data Center
² Kentucky Cooperative Extension Service Reporting, FY 2013
³ 2007-2011 American Community Survey, 5-Year Estimates
⁴ USDA, Economic Research Service. <http://www.ers.usda.gov/data-products/food-environment-atlas.aspx>
⁵ US Dept of Commerce, County Business Patterns, 2011.
⁶ Kentucky Farm Bureau. <https://www.kyfb.com/federation/markets>
⁷ Kentucky Dept. of Agriculture Farmer's Market directory. <http://www.kyagr.com/marketing/farmers-market-directory.aspx>
⁸ Kentucky Cabinet for Health and Family Services, Data Book, June, 2013. http://chfs.ky.gov/dcb/dcb_data_book.htm
⁹ Kids Count Data Center, KY Youth Advocates.
¹⁰ Kentucky Association of Food Banks. <http://www.kafb.org>
* Low access is defined as more than 10 miles in a rural area and more than 1 mile in an urban area.
** Supplemental Nutrition Assistance Program
*** The Special Supplemental Nutrition Program for Women, Infants and Children