HARRISON COUNTY
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BUILDING STRONG FAMILIES
FOR KENTUCKY 2014

OUR FOCUS

Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Harrison County. To help families make wise decisions, our educational programs focus on:

• Making Healthy Lifestyle Choices that influence health and well-being
• Nurturing Families as they cope with fewer resources and more demands
• Embracing Life as We Age to strive for independence longer
• Securing Financial Stability in a turbulent economic period
• Promoting Healthy Homes and Communities to recycle, reduce waste, and protect our environment
• Accessing Nutritious Food that is affordable, available and safe
• Empowering Community Leaders as we all work to sustain and improve our communities

In 2012-2013, Family and Consumer Sciences Extension made 10,682 contacts with Harrison County individuals and families.²

http://hes.uky.edu/StrongFamilies

OUR PEOPLE

Harrison County projected population¹

<table>
<thead>
<tr>
<th>Age Group</th>
<th>2010</th>
<th>2020</th>
<th>2030</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-19 years old</td>
<td>4,856</td>
<td>4,722</td>
<td>5,071</td>
</tr>
<tr>
<td>20-44 years old</td>
<td>6,527</td>
<td>6,136</td>
<td>5,471</td>
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<tr>
<td>45-64 years old</td>
<td>6,800</td>
<td>5,800</td>
<td>3,849</td>
</tr>
<tr>
<td>65+ years old</td>
<td>2,812</td>
<td>3,849</td>
<td>5,040</td>
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</table>

SPOTLIGHT ON ...

RECIPE FOR LIFE

Leaders from the Harrison County Extension Homemakers Association identified a need to support reading skills among fifth-graders in Harrison County. A county-wide planning committee further decided to address skill building in food preparation and safety, nutrition, and measurements. Harrison County FCS volunteers worked with the students, encouraging them to read their "Recipe for Life" cookbooks at home and prepare recipes with their families. According to teacher and parent observations solicited after the program, students' skills in reading and math improved. Students are also expressing an interest in making healthy food choices for themselves and encouraging their families to do the same.
In Harrison County…

• **1,368** was the average monthly number of children who received SNAP** (food stamps) in 2011, up from **1,061** children in 2007 (up 28.9%).

• 55.0% of students attending public schools were eligible for free or reduced-price meals.

• There were **1,670** SNAP cases and the monthly SNAP benefit level was **$267.44**.

Harrison County is served by God’s Pantry Food Bank of the Ky. Assoc. of Food Banks.

As a result of participating in Harrison County Extension programs:

• 700 people made lifestyle changes to improve health.

• 700 people implemented practices for safe storage, handling, and preparation of food.

• 2,425 people increased knowledge of healthy food consumption.

According to the 2007-2011 American Community Survey,** in Harrison County…

• **20.6%** (+/- 5.9) of families with children were below poverty

• **16.0%** (+/- 4.3) of those ages 65 and over were below poverty

• **19.9%** (+/- 2.4) of households had retirement income

• **9.0%** (+/- 2.5) of households had no vehicle

The USDA Food Environment Atlas** indicates that in 2010, Harrison County had **1,479** people, **370** children and **179** seniors with low access to a supermarket or large grocery store.

In addition, **660** residents had **both** low income and low access to stores.

As a result of participating in Harrison County Extension programs:

• **4,000** people increased knowledge of economic and enterprise development.

• **510** people utilized healthy food delivery systems and access points.

• **352** people were involved in addressing community issues.

In 2011, Harrison County had:

• **6** Grocery stores (any kind)**

• **5** Grocery/supermarkets (except convenience)**

• **1** Convenience store (i.e. food marts – no gas)**

• **7** Gasoline stations with convenience stores**

In the county, there were:

• **6** Roadside markets that served the county**

• **1** Farmers market location**

• **17** SNAP** authorized stores (food stamps)**

• **7** WIC*** authorized stores**

In 2011, there were **$362,700.16** in SNAP redemptions/per SNAP authorized store in Harrison County.

As a result of participating in Harrison County Extension programs:

• **115** people supplemented their diets with healthy foods they produced or preserved.

• **1,580** people were reached with information on eating healthy foods.

• **965** youth increased their knowledge of healthy food consumption.

Median household income in past 12 months by age of householder in Harrison County (2007-2011)**

<table>
<thead>
<tr>
<th>Age</th>
<th>United States</th>
<th>Kentucky</th>
<th>Harrison County</th>
</tr>
</thead>
<tbody>
<tr>
<td>25 to 44 years</td>
<td>$48,688 (+/− $5,831)</td>
<td>$45,806 (+/− $7,198)</td>
<td>$24,448 (+/− $3,628)</td>
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<tr>
<td>45 to 64 years</td>
<td>$61,500 (+/− $9,000)</td>
<td>$58,000 (+/− $9,000)</td>
<td>$42,000 (+/− $6,000)</td>
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<tr>
<td>65 years and over</td>
<td>$41,000 (+/− $5,000)</td>
<td>$38,000 (+/− $4,000)</td>
<td>$28,000 (+/− $4,000)</td>
</tr>
</tbody>
</table>

Sources:

1. Kentucky State Data Center
2. Kentucky Cooperative Extension Service Reporting, FY 2013
3. 2007-2011 American Community Survey, 5-Year Estimates
11. Cola Cooper County Cooperative Extension, KY Youth Advocates.
12. The Special Supplemental Nutrition Program for Women, Infants and Children.

Low access is defined as more than 10 miles in a rural area and more than 1 mile in an urban area.

** Supplemental Nutrition Assistance Program
** The Special Supplemental Nutrition Program for Women, Infants and Children

Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin.