UNIVERSITY OF KENTUCKY COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT, LEXINGTON, KY 40546



HARRISON COUNTY Benita Peoples, County Extension Agent, Family and Consumer Sciences

BUILDING STRONG FAMILIES FOR KENTUCKY 2014



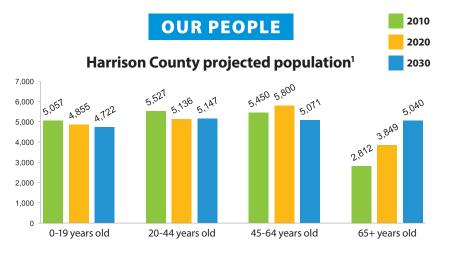
OUR FOCUS

Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Harrison County. To help families make wise decisions, our educational programs focus on:

- Making Healthy Lifestyle Choices that influence health and well-being
- Nurturing Families as they cope with fewer resources and more demands
- Embracing Life as We Age to strive for independence longer
 Securing Financial Stability
- Securing Financial Stability in a turbulent economic period
- Promoting Healthy Homes
 and Communities to recycle, reduce
 waste, and protect our environment
- Accessing Nutritious Food that is affordable, available and safe
- Empowering Community Leaders as we all work to sustain and improve our communities

In 2012-2013, Family and Consumer Sciences Extension made **10,682** contacts with Harrison County individuals and families.²

http://hes.uky.edu/StrongFamilies



SPOTLIGHT ON ...

RECIPE FOR LIFE

eaders from the Harrison County Extension Homemakers Association identified a need to support reading skills among fifth-graders in Harrison County. A county-wide planning committee further decided to address skill building in food preparation and safety, nutrition, and measurements. Harrison County FCS volunteers worked with the students, encouraging them to read their "Recipe for Life" cookbooks at home and prepare recipes with their families. According to teacher and parent observations solicited after the program, students' skills in reading and math improved. Students are also expressing an interest in making healthy food choices for themselves and encouraging their families to do the same.



FAMILY ACCESS

According to the 2007-2011 American Community Survey,³ in Harrison County...

- 20.6% (+/- 5.9) of families with children were below poverty
- 16.0% (+/- 4.3) of those ages 65 and over were below poverty
- 19.9% (+/- 2.4) of households had retirement income
- 9.0% (+/- 2.5) of households had no vehicle

The USDA Food Environment Atlas⁴ indicates that in 2010. Harrison County had 1,479 people, 370 children and 179 seniors with low access to a supermarket or large grocery store.*

In addition, 660 residents had both low income and low access to stores.

As a result of participating in Harrison County Extension programs:²

- 4,000 people increased knowledge of economic and enterprise development.
- 510 people utilized healthy food delivery systems and access points.
- 352 people were involved in addressing community issues.

FOOD ASSISTANCE

In Harrison County...

- 1,368 was the average monthly number of children who received SNAP** (food stamps) in 2011, up from 1,061 children in 2007 (up 28.9%).9
- 55.0% of students attending public schools were eligible for free or reduced-price meals.⁹
- There were 1,670 SNAP cases and the monthly SNAP benefit level was \$267.44.8

Harrison County is served by God's Pantry Food Bank of the Ky. Assoc. of Food Banks.¹⁰

As a result of participating in **Harrison County Extension** programs:²

- 115 people supplemented their diets with healthy foods they produced or preserved.
- 1,580 people were reached with information on eating healthy foods.
- 965 youth increased their knowledge of healthy food consumption.

COMMUNITY AVAILABILITY

In 2011, Harrison County had:

- 6 Grocery stores (any kind)⁵
 - 5 Grocery/supermarkets (except convenience)⁵
 - 1 Convenience store (i.e. food marts no gas)⁵
- 7 Gasoline stations with convenience stores⁵

In the county, there were:

- 6 Roadside markets that served the county⁶
- 1 Farmers market location⁷
- 17 SNAP** authorized stores (food stamps)⁴
- 7 WIC*** authorized stores⁴

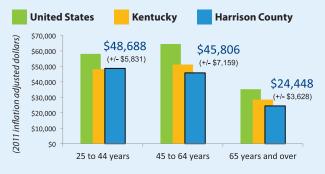
In 2011, there were \$362,700.16 in SNAP redemptions/per SNAP authorized store in Harrison County.⁴

As a result of participating in Harrison County Extension programs:²

- 700 people made lifestyle changes to improve health.
- 700 people implemented practices for safe storage, handling, and preparation of food.
- 2,425 people increased knowledge of healthy food consumption.

HOUSEHOLD INCOME

Median household income in past 12 months by age of householder in Harrison County (2007-2011)³



SOURCES

Kentucky State Data Center Kentucky Cooperative Extension Service Reporting, FY 2013

2007-2011 American Community Survey, 5-Year Estimates ⁴USDA, Economic Research Service. <u>http://www.ers.usda.gov/</u> <u>data-products/food-environment-atlas.aspx</u>
⁵US Dept of Commerce. County Business Patterns. 2011.

- Kentucky Farm Bureau. https://www.kytbcom/federation/markets
 Kentucky Dept. of Agriculture Farmer's Market directory.
 http://www.kyagr.com/marketing/farmers-market-directory.aspx ³ Kentucky Cabinet for Health and Family Services. Data Book
- ⁹ Kids Count Data Center, KY Youth Advocates.
 ¹⁰ Kentucky Association of Food Banks. <u>http://www.kafb.org</u>
- * Low access is defined as more than 10 miles in a rural area
- and more than 1 mile in an urban area. ** Supplemental Nutrition Assistance Program *** The Special Supplemental Nutrition Program for Women, Infants and Children

