



## DAVISS COUNTY

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# BUILDING STRONG FAMILIES FOR KENTUCKY 2014



### OUR FOCUS

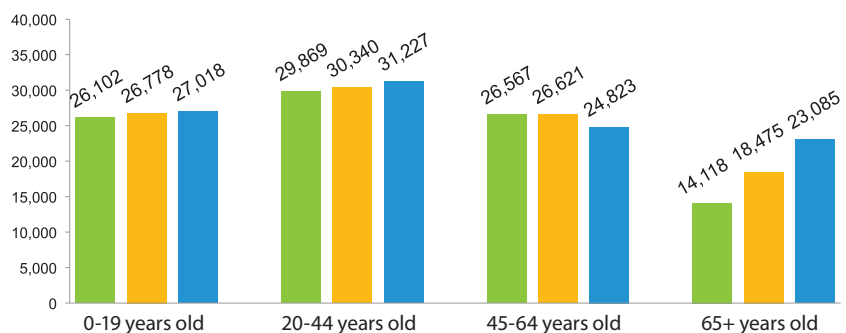
Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Daviess County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2012-2013, Family and Consumer Sciences Extension made **13,719** contacts with Daviess County individuals and families.<sup>2</sup>

### OUR PEOPLE

Daviess County projected population<sup>1</sup>



### SPOTLIGHT ON ...

## GARDENING CLUB

**M**any students attending Owensboro's Newton Parrish Elementary school live in multifamily housing with little green space and few opportunities for gardening. The Daviess County Extension Service staff, in collaboration with the local family resource coordinator, organized a four-week garden club for 20 Newton Parrish students. The program addressed seed identification, sowing seeds, transplanting seedlings, and weeding in the flower garden. The students were introduced to and sampled new fruits and vegetables, as well as discussed the nutritional importance. As a result of the program: all of the students had tried at least one new fruit or vegetable; 80 percent indicated they had learned about one or more new fruit or vegetable; and 100 percent learned and demonstrated a new gardening skill.

<http://hes.uky.edu/StrongFamilies>

## FAMILY ACCESS

According to the 2007-2011 American Community Survey,<sup>3</sup> in Daviess County...

- **18.0%** (+/- 2.3) of families with children were below poverty
- **9.9%** (+/- 1.9) of those ages 65 and over were below poverty
- **20.1%** (+/- 1.1) of households had retirement income
- **7.1%** (+/- 0.8) of households had no vehicle

The USDA Food Environment Atlas<sup>4</sup> indicates that in 2010, Daviess County had **17,361** people, **4,445** children and **2,303** seniors with low access to a supermarket or large grocery store.\*

In addition, **4,224** residents had **both** low income **and** low access to stores.

### As a result of participating in Daviess County Extension programs:<sup>2</sup>

- **2,600** people demonstrated an increase in practical living skills.
- **550** people utilized healthy food delivery systems and access points.
- **107** people in Taking Control of Your Diabetes utilized a diabetes meal plan.

## COMMUNITY AVAILABILITY

In 2011, Daviess County had:

- **20** Grocery stores (any kind)<sup>5</sup>
  - **15** Grocery/supermarkets (except convenience)<sup>5</sup>
  - **5** Convenience stores (i.e. food marts – no gas)<sup>5</sup>
- **53** Gasoline stations with convenience stores<sup>5</sup>

In the county, there were:

- **3** Roadside markets that served the county<sup>6</sup>
- **3** Farmers market locations<sup>7</sup>
- **103** SNAP\*\* authorized stores (food stamps)<sup>4</sup>
- **13** WIC\*\*\* authorized stores<sup>4</sup>

In 2011, there were **\$262,689.07** in SNAP redemptions/per SNAP authorized store in Daviess County.<sup>4</sup>

### As a result of participating in Daviess County Extension programs:<sup>2</sup>

- **1,577** people made lifestyle changes to improve health.
- **3,464** people increased knowledge of healthy food consumption.
- **4,543** people increased knowledge of lifestyle changes to improve personal health.

## FOOD ASSISTANCE

In Daviess County...

- **6,527** was the average monthly number of children who received SNAP\*\* (food stamps) in 2011, up from **5,225** children in 2007 (**up 24.9%**).<sup>9</sup>
- **54.0%** of students attending public schools were eligible for free or reduced-price meals.<sup>9</sup>
- There were **7,872** SNAP cases and the monthly SNAP benefit level was **\$266.77**.<sup>8</sup>

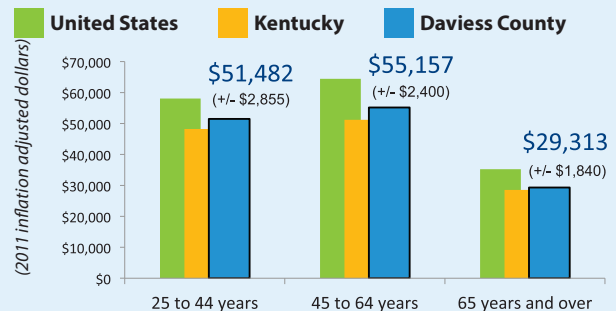
Daviess County is served by Tri-State Food Bank of the Ky. Assoc. of Food Banks.<sup>10</sup>

### As a result of participating in Daviess County Extension programs:<sup>2</sup>

- **100** people supplemented their diets with healthy foods they produced or preserved.
- **664** people in Plate it Up! Kentucky Proud indicated they are more likely to buy Kentucky produce.
- **1,225** youth increased their knowledge of healthy food consumption.

## HOUSEHOLD INCOME

### Median household income in past 12 months by age of householder in Daviess County (2007-2011)<sup>3</sup>



#### SOURCES

- <sup>1</sup> Kentucky State Data Center
- <sup>2</sup> Kentucky Cooperative Extension Service Reporting, FY 2013
- <sup>3</sup> 2007-2011 American Community Survey, 5-Year Estimates
- <sup>4</sup> USDA, Economic Research Service. <http://www.ers.usda.gov/data-products/food-environment-atlas.aspx>
- <sup>5</sup> US Dept of Commerce, County Business Patterns, 2011.
- <sup>6</sup> Kentucky Farm Bureau. <https://www.kyfb.com/federation/markets>
- <sup>7</sup> Kentucky Dept. of Agriculture Farmer's Market directory. <http://www.kyagr.com/marketing/farmers-market-directory.aspx>
- <sup>8</sup> Kentucky Cabinet for Health and Family Services, Data Book, June, 2013. [http://chfs.ky.gov/dcbcs/data\\_book.htm](http://chfs.ky.gov/dcbcs/data_book.htm)
- <sup>9</sup> Kids Count Data Center, KY Youth Advocates.
- <sup>10</sup> Kentucky Association of Food Banks. <http://www.kafb.org>
- \* Low access is defined as more than 10 miles in a rural area and more than 1 mile in an urban area.
- \*\* Supplemental Nutrition Assistance Program
- \*\*\* The Special Supplemental Nutrition Program for Women, Infants and Children

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