

MORGAN COUNTY

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2013

BUILDING STRONG FAMILIES FOR KENTUCKY



OUR FOCUS

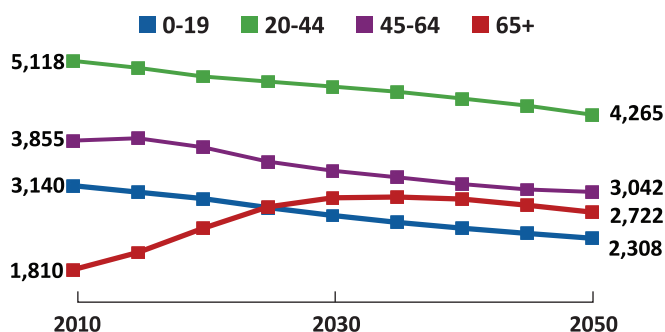
Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Morgan County. To help families make wise decisions our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2011-2012, Family and Consumer Sciences Extension made **12,046** contacts with Morgan County individuals and families.²

OUR PEOPLE

Population projections by age group for Morgan County¹



SPOTLIGHT ON ...

TORNADO RELIEF

On February 28 an EF-1 tornado touched down in Morgan County, followed by an EF-3 tornado on March 2. In the wake of the destruction, 299 homes were destroyed, and six community members lost their lives.

The Morgan County Cooperative Extension Service collaborated with other agencies to provide assistance to the victims, including serving 14,000 meals, educating relief centers about food safety to protect families from food-borne illnesses, procuring and coordinating supplies between stations, assisting with distribution of food safety information, cleaning materials, and organization of donations at relief centers.

Clientele commented, "We didn't know the Morgan County Extension Office was destroyed because we saw all of you working." Long term recovery efforts will continue for a long time.



OUR FAMILIES

According to the 2010 American Community Survey,³ between 2006 and 2010 it is estimated that in Morgan County:



- **28.7% (+/- 8.3)** families with related children were below poverty
- **12.3% (+/- 4.4)** of those over the age of 65 were below poverty

In addition:

- **26.8% (+/- 2.7)** of those ages 18-64 did not have health insurance in 2010⁴
- **306** children on average received Kentucky Children's Health Insurance Program (KCHIP) benefits in 2010⁵
- **3,586** people received Supplemental Nutrition Assistance Program (SNAP) benefits in 2012⁶

As a result of participating in Morgan County Extension programs:²

- **128** people reported spending time in physical activity.
- **712** people increased their knowledge about healthy foods.
- **322** people reported eating more healthy foods.

OUR COMMUNITY

In Morgan County:

- **58.0%** of births were to mothers who received early and regular prenatal care in 2009⁷
- **72.0%** of ordered child support was collected in 2011⁸

Of the **8** primary care physicians in Morgan County:⁹

- **62.5%** are family practice
- **0.0%** are pediatricians
- **0.0%** are OB/GYN

As a result of participating in Morgan County Extension programs:²

- **205** people are involved in addressing community issues.
- **342** people increased awareness of how to manage current economic events.
- **800** people were able to utilize new decision-making skills for health.

OUR HEALTH

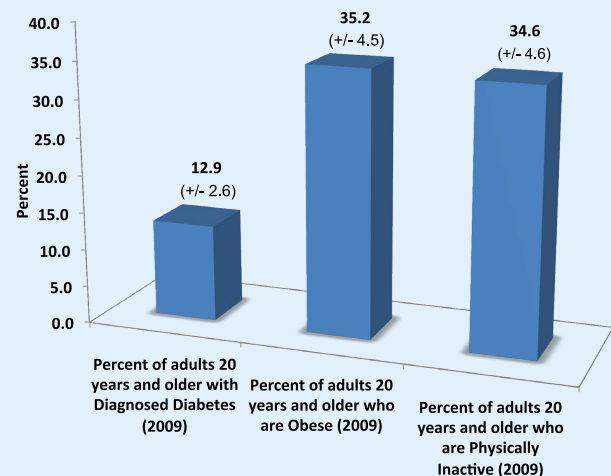
According to Kentucky Health Facts,¹⁰ between 2008 and 2010 in Morgan County:

- **34.8% (27.3 - 43.1)** did not pursue health care due to cost, compared to **18% (17.0 - 18.6)** in the state
- **27.8% (21.9 - 34.6)** of adults reported their health status as less than good, compared to **23% (22.0 - 23.6)** in the state
- **30.0% (23.9 - 37.0)** of adults reported having received a flu vaccine in the past year

As a result of participating in Morgan County Extension programs:²

- **969** people increased knowledge of diet and exercise changes to improve health.
- **335** people made diet or exercise changes to improve health.
- **217** people in Taking Ownership of Your Diabetes utilized a diabetes meal plan.

Health Snapshot: Morgan County¹¹



SOURCES

- ¹ Kentucky State Data Center
- ² Kentucky Cooperative Extension Service, Impact Reporting, FY2012
- ³ U.S. Census Bureau, 2010 American Community Survey, 5-Year Estimates
- ⁴ U.S. Census Bureau, Small Area Health Insurance Estimates
- ⁵ Kids Count Data Center, Kentucky Department for Medicaid Services
- ⁶ Kentucky Cabinet for Health and Family Services, Data Book, June 2012
- ⁷ Kids Count Data Center, Kentucky Cabinet for Health and Family Services
- ⁸ Kids Count Data Center, Kentucky Division of Child Support
- ⁹ Kentucky Health Facts, Kentucky Board of Medical Licensure
- ¹⁰ Kentucky Health Facts, Behavioral Risk Factor Surveillance System
- ¹¹ Centers for Disease Control, National Diabetes Surveillance System

<http://hes.uky.edu/StrongFamilies>