UNIVERSITY OF KENTUCKY College of Agriculture

WOLFE COUNTY Ann Hollon, County Extension Agent, Family & Consumer Sciences

BUILDING STRONG FAMILIES FOR KENTUCKY 2012



OUR FOCUS

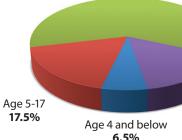
Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Wolfe County. As the current economic situation continues to create challenges, educational programs focus on:

- Making Healthy Lifestyle Choices that influence health and well-being
- Nurturing Families as they cope with fewer resources and more demands
- Embracing Life as We Age to strive for independence longer
- Securing Financial Stability in a turbulent economic period
- Promoting Healthy Homes and Communities to recycle, reduce waste, and protect our environment
- Accessing Nutritious Food that is affordable, available and safe
- Empowering Community Leaders as we all work to sustain and improve our communities.

In 2010-2011, Family and Consumer Sciences Extension made **25,964** contacts with Wolfe County individuals and families.²

Population by Age Group¹

The 2010 U.S. Census reported total population in Wolfe County as **7,355**.¹



Age 65 and over **15.6%**

Age 18-64

60.4%

SPOTLIGHT ON ...

OUR PEOPLE

ACCESSING NUTRITIOUS FOODS

pproximately 15.2% of Wolfe County residents are over the age of 65. As people age they may face nutrition and food affordability challenges due to financial and health-related changes. To help combat these issues, the Wolfe County Family Consumer Sciences Agent conducts monthly nutrition lessons at the local senior citizen center and has partnered with God's Pantry to provide boxes of food staples to local seniors. During the last 15 months 3687 food boxes have been distributed to seniors. The food distributed is estimated to be valued at \$129,045. Seniors receiving the boxes each month also receive nutrition newsletters and healthy recipes. 100% of the older adults report that they have made changes in their daily lives to improve their health.



OUR FAMILIES

According to the 2010 Census,¹ of families in Wolfe County with their own children...

- 64.7% are husband-wife families
- **35.3%** are single parent families

In addition, there are:

- 3,065 households
- **983** households with 1 or more persons under the age of 18
- **202** grandchildren under 18 years old who live with a grandparent householder
- 813 households with at least one person age 65 and over



As a result of participation in Wolfe County Extension programs:²

- **176** people increased knowledge of lifestyle changes to improve personal health.
- **250** adults and youth improved their ability to make informed and effective decisions.
- **91** people increased knowledge of safe storage, handling and food preparation.

OUR COMMUNITY

In 2009, the most recent data available, the median household income in Wolfe County was **\$25,203**.³

The number of children in poverty in Wolfe County was **911** compared to **866** in 2006.³

The total number of people receiving Supplemental Nutrition Assistance Program (SNAP) benefits in Wolfe County is **3,069** in 2011.⁴

As a result of participation in Wolfe County Extension programs:²

- **52** people increased leadership knowledge and skills.
- 82 people improved communication skills to address community issues.
- **56** people developed skills to access affordable food.

OUR ECONOMY

According to the 2010 American Community Survey 5-year estimates,⁶ between 2005 and 2009 in Wolfe County it is estimated that...

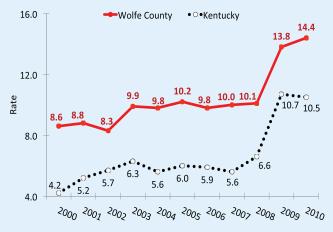
- **32.5%** (+/- **9.1**) are married-couple families with both husband and wife in the labor force
- **37.7%** (+/- **21.9**) are children under 6 years old with all parents in the labor force
- 22.3% (+/- 8.6) are people 65 years and over below poverty level during the past 12 months

As a result of participation in Wolfe County Extension programs:²

- 28 people increased knowledge of economic and enterprise development.
- **400** people adopted money management practices to reduce debt and increase savings.
- **410** people demonstrated increased practical living skills.

Average Annual Unemployment Rate⁵

(not seasonally adjusted)



SOURCES

¹ U.S. Census Bureau, 2010 Decennial Census.

² Kentucky Cooperative Extension Service, Impact Reporting, FY2011.

³ U.S. Census Bureau, Small Area Income and Poverty Estimates.

⁴ Kentucky Cabinet for Health and Family Services, Databook, June 2011. ⁵ Bureau of Labor Statistics, Local Area Unemployment Statistics.

⁶ U.S. Census Bureau, 2010 American Community Survey, 5-Year Estimates.