Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Wolfe County. As the current economic situation continues to create challenges, educational programs focus on:

• **Making Healthy Lifestyle Choices** that influence health and well-being
• **Nurturing Families** as they cope with fewer resources and more demands
• **Embracing Life as We Age** to strive for independence longer
• **Securing Financial Stability** in a turbulent economic period
• **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
• **Accessing Nutritious Food** that is affordable, available and safe
• **Empowering Community Leaders** as we all work to sustain and improve our communities.

In 2010-2011, Family and Consumer Sciences Extension made 25,964 contacts with Wolfe County individuals and families.1

### Population by Age Group

The 2010 U.S. Census reported total population in Wolfe County as **7,355**.1

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age 18-64</td>
<td>60.4%</td>
</tr>
<tr>
<td>Age 65 and over</td>
<td>15.6%</td>
</tr>
<tr>
<td>Age 4 and below</td>
<td>6.5%</td>
</tr>
<tr>
<td>Age 5-17</td>
<td>17.5%</td>
</tr>
<tr>
<td>Age 4 and below</td>
<td>6.5%</td>
</tr>
</tbody>
</table>

### ACCESSING NUTRITIOUS FOODS

Approximately 15.2% of Wolfe County residents are over the age of 65. As people age they may face nutrition and food affordability challenges due to financial and health-related changes. To help combat these issues, the Wolfe County Family Consumer Sciences Agent conducts monthly nutrition lessons at the local senior citizen center and has partnered with God’s Pantry to provide boxes of food staples to local seniors. During the last 15 months 3687 food boxes have been distributed to seniors. The food distributed is estimated to be valued at $129,045. Seniors receiving the boxes each month also receive nutrition newsletters and healthy recipes. 100% of the older adults report that they have made changes in their daily lives to improve their health.
OUR FAMILIES

According to the 2010 Census,¹ of families in Wolfe County with their own children…
- 64.7% are husband-wife families
- 35.3% are single parent families

In addition, there are:
- 3,065 households
- 983 households with 1 or more persons under the age of 18
- 202 grandchildren under 18 years old who live with a grandparent householder
- 813 households with at least one person age 65 and over

As a result of participation in Wolfe County Extension programs:²
- 176 people increased knowledge of lifestyle changes to improve personal health.
- 250 adults and youth improved their ability to make informed and effective decisions.
- 91 people increased knowledge of safe storage, handling and food preparation.

OUR ECONOMY

According to the 2010 American Community Survey 5-year estimates,⁶ between 2005 and 2009 in Wolfe County it is estimated that…
- 32.5% (+/- 9.1) are married-couple families with both husband and wife in the labor force
- 37.7% (+/- 21.9) are children under 6 years old with all parents in the labor force
- 22.3% (+/- 8.6) are people 65 years and over below poverty level during the past 12 months

As a result of participation in Wolfe County Extension programs:²
- 28 people increased knowledge of economic and enterprise development.
- 400 people adopted money management practices to reduce debt and increase savings.
- 410 people demonstrated increased practical living skills.

OUR COMMUNITY

In 2009, the most recent data available, the median household income in Wolfe County was $25,203.³

The number of children in poverty in Wolfe County was 911 compared to 866 in 2006.³

The total number of people receiving Supplemental Nutrition Assistance Program (SNAP) benefits in Wolfe County is 3,069 in 2011.⁴

As a result of participation in Wolfe County Extension programs:²
- 52 people increased leadership knowledge and skills.
- 82 people improved communication skills to address community issues.
- 56 people developed skills to access affordable food.

Average Annual Unemployment Rate⁵
(not seasonally adjusted)

Average Annual Unemployment Rate

SOURCES
¹ U.S. Census Bureau, 2010 Decennial Census.
³ U.S. Census Bureau, Small Area Income and Poverty Estimates.
⁴ Kentucky Cabinet for Health and Family Services, Databook, June 2011.
⁶ U.S. Census Bureau, 2010 American Community Survey, 5-Year Estimates.

Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin.