Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Wayne County. As the current economic situation continues to create challenges, educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities.

In 2010-2011, Family and Consumer Sciences Extension made 70,588 contacts with Wayne County individuals and families.\(^2\)

### Population by Age Group\(^1\)

The 2010 U.S. Census reported total population in Wayne County as 20,813.\(^1\)

- Age 18-64: 61.5%
- Age 65 and over: 16.0%
- Age 4 and below: 6.1%
- Age 5-17: 16.5%

### Economic Stress

Economic stress on family budgets has resulted in a need for many families to stretch income in new and creative ways. Using information from "Small Steps to Health and Wealth," Wayne County Extension offered classes to address financial strain on families and individuals. Classes covered budgeting, "needs" versus "wants," cooking, couponing, and green cleaning products. Many were amazed at the savings in making laundry detergent, fabric softener, and cleaners. Family and Consumer Sciences Agent, FCS Assistant and Nutrition Assistants collaborated to teach a local cooking school. Crockpot, food preservation, and food budgeting classes were among the classes taught. Families commented that the information helped them to stretch their food dollars and reduce unnecessary expenses.
OUR FAMILIES

According to the 2010 Census,1 of families in Wayne County with their own children:

- **69.0%** are husband-wife families
- **31.0%** are single parent families

In addition, there are:

- **8,646** households
- **2,651** households with 1 or more persons under the age of 18
- **462** grandchildren under 18 years old who live with a grandparent householder
- **2,458** households with at least one person age 65 and over

According to the 2010 American Community Survey 5-year estimates,6 between 2005 and 2009 in Wayne County it is estimated that:

- **39.2% (+/- 4.5)** are married-couple families with both husband and wife in the labor force
- **53.6% (+/- 12.1)** are children under 6 years old with all parents in the labor force
- **29.3% (+/- 6.8)** are people 65 years and over below poverty level during the past 12 months

As a result of participation in Wayne County Extension programs:2

- **375** people increased knowledge of lifestyle changes to improve personal health.
- **643** people increased knowledge of parenting and personal relationships.
- **275** people increased knowledge of safe storage, handling and food preparation.

OUR ECONOMY

According to the 2010 Census,1 of families in Wayne County with their own children:

- **69.0%** are husband-wife families
- **31.0%** are single parent families

As a result of participation in Wayne County Extension programs:2

- **40** people increased knowledge of economic and enterprise development.
- **256** people adopted money management practices to reduce debt and increase savings.
- **319** people demonstrated increased practical living skills.

OUR COMMUNITY

In 2009, the most recent data available, the median household income in Wayne County was $27,210.3

The number of children in poverty in Wayne County was 1,804 compared to 1,758 in 2006.3

The total number of people receiving Supplemental Nutrition Assistance Program (SNAP) benefits in Wayne County is 5,778 in 2011.4

As a result of participation in Wayne County Extension programs:2

- **104** people increased leadership knowledge and skills.
- **60** people improved communication skills to address community issues.
- **31** people developed skills to access affordable food.

Average Annual Unemployment Rate5

\[
\begin{array}{cccccc}
\text{Wayne County} & 5.6 & 4.2 & 5.7 & 6.3 & 5.6 & 6.0 & 5.9 & 5.6 & 6.6 & 14.2 & 13.1 \\
\text{Kentucky} & 4.2 & 5.2 & 6.6 & 6.8 & 5.7 & 6.3 & 6.9 & 5.6 & 6.6 & 10.7 & 10.5 \\
\end{array}
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SOURCES

1 U.S. Census Bureau, 2010 Decennial Census.
3 U.S. Census Bureau, Small Area Income and Poverty Estimates.
4 Kentucky Cabinet for Health and Family Services, Databook, June 2011.
6 U.S. Census Bureau, 2010 American Community Survey, 5-Year Estimates.