Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Muhlenberg County. As the current economic situation continues to create challenges, educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities.

In 2010-2011, Family and Consumer Sciences Extension made 16,041 contacts with Muhlenberg County individuals and families.¹

The 2010 U.S. Census reported total population in Muhlenberg County as **31,499**.¹

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**Population by Age Group**¹

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age 18-64</td>
<td>62.1%</td>
</tr>
<tr>
<td>Age 4 and below</td>
<td>5.6%</td>
</tr>
<tr>
<td>Age 5-17</td>
<td>16.0%</td>
</tr>
<tr>
<td>Age 65 and over</td>
<td>16.2%</td>
</tr>
<tr>
<td>Age 5-17</td>
<td>16.0%</td>
</tr>
</tbody>
</table>

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**SPOTLIGHT ON ...**

**PROMOTING HEALTHY HOMES AND COMMUNITIES**

The Muhlenberg County Family Consumer Sciences agent worked with advisory leaders to form the Muhlenberg County Green Recycling Team 2009 to address county recycling needs. The committee, consisting of County Judge Executive, Greenville City Administrator, Board of Education, Extension Homemakers, public libraries, Rural KY Delta Project, and concerned citizens, received a $50,000 grant from the Felix E. Martin Foundation to build five bins to be placed at recycling sites. The bins, built by a local business, are taken by County Road Dept. to Muhlenberg County Opportunity Center, which employs mentally and physically challenged adults, where they are unloaded and the contents sold. Opportunity Center revenue has increased by $16,695, and 61,000 pounds of papers and plastics have not gone to landfills.
OUR FAMILIES

According to the 2010 Census,\(^1\) of families in Muhlenberg County with their own children...
- 70.1% are husband-wife families
- 29.9% are single parent families

In addition, there are:
- 12,052 households
- 3,823 households with 1 or more persons under the age of 18
- 737 grandchildren under 18 years old who live with a grandparent householder
- 3,615 households with at least one person age 65 and over

As a result of participation in Muhlenberg County Extension programs:\(^2\)
- 185 people increased knowledge of lifestyle changes to improve personal health.
- 62 people increased knowledge of parenting and personal relationships.
- 153 people increased knowledge of safe storage, handling and food preparation.

OUR COMMUNITY

In 2009, the most recent data available, the median household income in Muhlenberg County was \$35,163.\(^3\)

The number of children in poverty in Muhlenberg County was 1,806 compared to 1,850 in 2006.\(^3\)

The total number of people receiving Supplemental Nutrition Assistance Program (SNAP) benefits in Muhlenberg County is 6,201 in 2011.\(^4\)

As a result of participation in Muhlenberg County Extension programs:\(^2\)
- 326 people increased leadership knowledge and skills.
- 317 people improved communication skills to address community issues.
- 50 people developed skills to access affordable food.

OUR ECONOMY

According to the 2010 American Community Survey 5-year estimates,\(^6\) between 2005 and 2009 in Muhlenberg County it is estimated that...
- 39.3% (+/- 3.2) are married-couple families with both husband and wife in the labor force
- 55.9% (+/- 10) are children under 6 years old with all parents in the labor force
- 11.8% (+/- 3.7) are people 65 years and over below poverty level during the past 12 months

As a result of participation in Muhlenberg County Extension programs:\(^2\)
- 404 people increased knowledge of economic and enterprise development.
- 19 people adopted money management practices to reduce debt and increase savings.
- 241 people demonstrated increased practical living skills.

Average Annual Unemployment Rate\(^5\)

(not seasonally adjusted)

<table>
<thead>
<tr>
<th>Year</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
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<td>5.9</td>
</tr>
<tr>
<td>2001</td>
<td>4.2</td>
</tr>
<tr>
<td>2002</td>
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<tr>
<td>2003</td>
<td>5.7</td>
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<tr>
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<td>2009</td>
<td>8.3</td>
</tr>
<tr>
<td>2010</td>
<td>8.0</td>
</tr>
</tbody>
</table>

Sources:
\(^1\) U.S. Census Bureau, 2010 Decennial Census.
\(^3\) U.S. Census Bureau, Small Area Income and Poverty Estimates.
\(^4\) Kentucky Cabinet for Health and Family Services, Databook, June 2011.
\(^6\) U.S. Census Bureau, 2010 American Community Survey, 5-Year Estimates.