

## LEWIS COUNTY

Sally Mineer,  
County Extension Agent, Family & Consumer Sciences

# BUILDING STRONG FAMILIES FOR KENTUCKY 2012



### OUR FOCUS

Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Lewis County. As the current economic situation continues to create challenges, educational programs focus on:

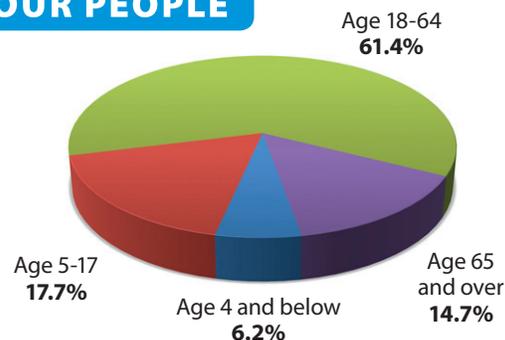
- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities.

In 2010-2011, Family and Consumer Sciences Extension made **8,537** contacts with Lewis County individuals and families.<sup>2</sup>

### OUR PEOPLE

#### Population by Age Group<sup>1</sup>

The 2010 U.S. Census reported total population in Lewis County as **13,870**.<sup>1</sup>



### SPOTLIGHT ON ...

## NURTURING FAMILIES

The Lewis County Family and Consumer Sciences Agent provides leadership for the Master Clothing Volunteer program. In 2008, two people participated in the extensive master clothing volunteer program. Now, four active master clothing volunteers in Lewis County completed over 100 hours of volunteer hours, including teaching an after-school class for eight youth. The biggest community service project begins months in advance with the collection of fabric and supplies that are made into useful kits that facilitate sewing. This year the week-long sewing event yielded 120 pillowcases, 49 tote bags, 115 aprons and bibs, 28 walker caddies, and 24 wheelchair caddies. Twenty-seven volunteers helped make the 336 items, which were donated to two home-healthcare centers and a local nursing home in Lewis County.

## OUR FAMILIES

According to the 2010 Census,<sup>1</sup> of families in Lewis County with their own children...

- **70.7%** are husband-wife families
- **29.3%** are single parent families

**In addition, there are:**

- **5,497** households
- **1,816** households with 1 or more persons under the age of 18
- **328** grandchildren under 18 years old who live with a grandparent householder
- **1,478** households with at least one person age 65 and over



### As a result of participation in Lewis County Extension programs:<sup>2</sup>

- **855** people increased knowledge of lifestyle changes to improve personal health.
- **30** people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.
- **718** people increased knowledge of safe storage, handling and food preparation.

## OUR COMMUNITY

In 2009, the most recent data available, the median household income in Lewis County was **\$28,349**.<sup>3</sup>

The number of children in poverty in Lewis County was **1,319** compared to **1,216** in 2006.<sup>3</sup>

The total number of people receiving Supplemental Nutrition Assistance Program (SNAP) benefits in Lewis County is **4,322** in 2011.<sup>4</sup>

### As a result of participation in Lewis County Extension programs:<sup>2</sup>

- **159** people increased leadership knowledge and skills.
- **99** people improved communication skills to address community issues.
- **60** people developed skills to access affordable food.

## OUR ECONOMY

According to the 2010 American Community Survey 5-year estimates,<sup>6</sup> between 2005 and 2009 in Lewis County it is estimated that...

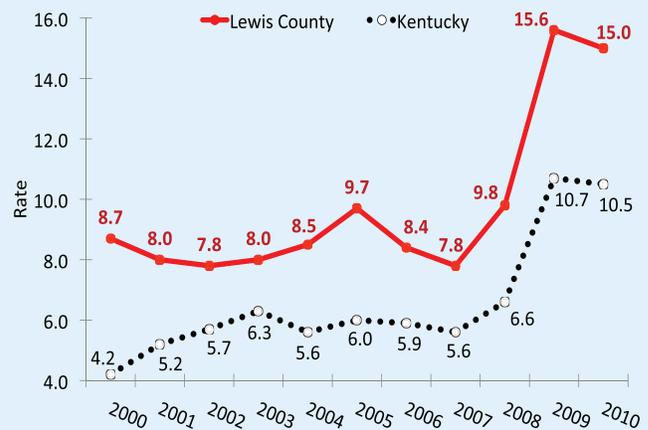
- **41.7%** (+/- **6**) are married-couple families with both husband and wife in the labor force
- **56.1%** (+/- **17.6**) are children under 6 years old with all parents in the labor force
- **24.4%** (+/- **7.8**) are people 65 years and over below poverty level during the past 12 months

### As a result of participation in Lewis County Extension programs:<sup>2</sup>

- **19** people were involved in addressing issues of their community.
- **196** additional people are ready to enter the work force.
- **88** people demonstrated increased practical living skills.

### Average Annual Unemployment Rate<sup>5</sup>

(not seasonally adjusted)



#### SOURCES

- <sup>1</sup> U.S. Census Bureau, 2010 Decennial Census.
- <sup>2</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2011.
- <sup>3</sup> U.S. Census Bureau, Small Area Income and Poverty Estimates.
- <sup>4</sup> Kentucky Cabinet for Health and Family Services, Databook, June 2011.
- <sup>5</sup> Bureau of Labor Statistics, Local Area Unemployment Statistics.
- <sup>6</sup> U.S. Census Bureau, 2010 American Community Survey, 5-Year Estimates.