Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Lee County. As the current economic situation continues to create challenges, educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities.

In 2010-2011, Family and Consumer Sciences Extension made 7,690 contacts with Lee County individuals and families.\(^2\)

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**Population by Age Group**\(^1\)

The 2010 U.S. Census reported total population in Lee County as 7,887\(^1\).

- **Age 18-64**: 67.3%
- **Age 5-17**: 14.8%
- **Age 4 and below**: 4.7%
- **Age 65 and over**: 13.2%

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**SECURING FINANCIAL STABILITY**

According to the 2009 Economic Report for Kentucky, Lee County’s unemployment rate is 11.8%. Consequently, many families need to reduce spending. The Family and Consumer Sciences Agent taught “Couponing 101” to 150 individuals in the local area. Participants were surveyed before: 58% did not use coupons to save on their monthly grocery bill, 48% did not plan meals in advance and, on average, participants saved $3 per week on grocery bills. A 12-week follow-up showed that, of the responses, 93% regularly used coupons to save money, 90% were planning meals in advance and, on average, participants saved $10 per week. One participant said, "My grocery bill has gone down! Once in a while I can now splurge on a treat and still be money ahead."
OUR FAMILIES

According to the 2010 Census,¹ of families in Lee County with their own children...

- 64.3% are husband-wife families
- 35.7% are single parent families

In addition, there are:
- 2,910 households
- 901 households with 1 or more persons under the age of 18
- 209 grandchildren under 18 years old who live with a grandparent householder
- 813 households with at least one person age 65 and over

As a result of participation in Lee County Extension programs:²

- 327 people increased knowledge of lifestyle changes to improve personal health.
- 78 people increased knowledge of parenting and personal relationships.
- 423 people increased knowledge of safe storage, handling and food preparation.

OUR ECONOMY

According to the 2010 American Community Survey 5-year estimates,⁶ between 2005 and 2009 in Lee County it is estimated that...

- 25.5% (+/- 8) are married-couple families with both husband and wife in the labor force
- 45.7% (+/- 31.1) are children under 6 years old with all parents in the labor force
- 22.7% (+/- 8.9) are people 65 years and over below poverty level during the past 12 months

As a result of participation in Lee County Extension programs:²

- 312 people increased knowledge of economic and enterprise development.
- 325 people adopted money management practices to reduce debt and increase savings.
- 362 people demonstrated increased practical living skills.

Average Annual Unemployment Rate⁵ (not seasonally adjusted)

SOURCES

¹ U.S. Census Bureau, 2010 Decennial Census.
³ U.S. Census Bureau, Small Area Income and Poverty Estimates.
⁴ Kentucky Cabinet for Health and Family Services, Databook, June 2011.
⁶ U.S. Census Bureau, 2010 American Community Survey, 5-Year Estimates.

Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin.