Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Kenton County. As the current economic situation continues to create challenges, educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities.

In 2010-2011, Family and Consumer Sciences Extension made 77,160 contacts with Kenton County individuals and families.

**Population by Age Group**

The 2010 U.S. Census reported total population in Kenton County as 159,720.

**SPOTLIGHT ON …**

**NURTURING FAMILIES**

In Kentucky, households headed by grandparents are rising, with over 57,000 children. An additional 12,294 children live in households headed by other relatives or non-relatives. Due to numerous requests for help, Kenton County Family and Consumer Sciences Agent collaborated with other agencies to conduct ten monthly support group meetings that educate caregivers about parenting techniques, nutrition and wellness, and resource availability. As a result of the support group, the 25 participating families reported in a post-session survey that 85% have assisted other relatives raising children by sharing information learned; 90% have used Extension’s resource guide to locate social services; and 53% feel less stress. One grandparent, who is legally adopting her great-grandchild, said the emotional support contributed to her decision.
According to the 2010 Census,\(^1\) of families in Kenton County with their own children…
- **66.5%** are husband-wife families
- **33.5%** are single parent families

**In addition, there are:**
- **62,768** households
- **21,158** households with 1 or more persons under the age of 18
- **3,167** grandchildren under 18 years old who live with a grandparent householder
- **13,031** households with at least one person age 65 and over

**As a result of participation in Kenton County Extension programs:**\(^2\)
- **640** people increased knowledge of lifestyle changes to improve personal health.
- **293** people increased knowledge of parenting and personal relationships.
- **133** people increased knowledge of safe storage, handling and food preparation.

**OUR COMMUNITY**

In 2009, the most recent data available, the median household income in Kenton County was **$50,957**.\(^3\)

The number of children in poverty in Kenton County was **7,543** compared to **5,398** in 2006.\(^3\)

The total number of people receiving Supplemental Nutrition Assistance Program (SNAP) benefits in Kenton County is **22,674** in 2011.\(^4\)

**As a result of participation in Kenton County Extension programs:**\(^2\)
- **360** people increased leadership knowledge and skills.
- **130** people improved communication skills to address community issues.
- **111** people developed skills to access affordable food.

**OUR ECONOMY**

According to the 2010 American Community Survey 5-year estimates,\(^6\) between 2005 and 2009 in Kenton County it is estimated that…
- **59.4%** (± 1.6) are married-couple families with both husband and wife in the labor force
- **64.9%** (± 4) are children under 6 years old with all parents in the labor force
- **7.6%** (+/- 1.3) are people 65 years and over below poverty level during the past 12 months

**As a result of participation in Kenton County Extension programs:**\(^2\)
- **76** people increased knowledge of economic and enterprise development.
- **281** people adopted money management practices to reduce debt and increase savings.
- **3,137** people demonstrated increased practical living skills.

**Average Annual Unemployment Rate**\(^5\) (not seasonally adjusted)

**SOURCES**
- \(^1\) U.S. Census Bureau, 2010 Decennial Census.
- \(^3\) U.S. Census Bureau, Small Area Income and Poverty Estimates.
- \(^4\) Kentucky Cabinet for Health and Family Services, Databook, June 2011.
- \(^6\) U.S. Census Bureau, 2010 American Community Survey, 5-Year Estimates.

Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin.