Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Jessamine County. As the current economic situation continues to create challenges, educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities.

In 2010-2011, Family and Consumer Sciences Extension made 9,878 contacts with Jessamine County individuals and families.²

### Population by Age Group¹

The 2010 U.S. Census reported total population in Jessamine County as 48,586.¹

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age 5-17</td>
<td>18.5%</td>
</tr>
<tr>
<td>Age 4 and below</td>
<td>7.3%</td>
</tr>
<tr>
<td>Age 65 and over</td>
<td>11.3%</td>
</tr>
<tr>
<td>Age 18-64</td>
<td>62.9%</td>
</tr>
<tr>
<td>Age 1-17</td>
<td>18.5%</td>
</tr>
<tr>
<td>Age 18-24</td>
<td>11.3%</td>
</tr>
</tbody>
</table>

### SPOTLIGHT ON...

**SECURING FINANCIAL STABILITY**

Fourteen percent of Jessamine County residents live at or below the poverty level. Because of this, Extension provided to residents a series of financial management and family resource management classes. Over 25 programs were offered during the 2010-2011 school year, reaching 137 participants. In a survey three months after the series, 93% had made at least one positive change in the way they currently budgeted or handled their money; 100% stated they were more aware of spending habits. Seventy-two percent had opened a savings account and one stated he had not overdrawn his account in three months when previously he had been overdrawn twice a month.
According to the 2010 Census,¹ of families in Jessamine County with their own children…

- 69.4% are husband-wife families
- 30.6% are single parent families

In addition, there are:

- 17,642 households
- 6,773 households with 1 or more persons under the age of 18
- 974 grandchildren under 18 years old who live with a grandparent householder
- 3,793 households with at least one person age 65 and over

As a result of participation in Jessamine County Extension programs:²

- 468 people increased knowledge of lifestyle changes to improve personal health.
- 150 people increased knowledge of parenting and personal relationships.
- 250 people increased knowledge of safe storage, handling and food preparation.

In 2009, the most recent data available, the median household income in Jessamine County was $46,940.³

The number of children in poverty in Jessamine County was 2,465 compared to 2,030 in 2006.³

The total number of people receiving Supplemental Nutrition Assistance Program (SNAP) benefits in Jessamine County is 7,754 in 2011.⁴

As a result of participation in Jessamine County Extension programs:²

- 322 people increased leadership knowledge and skills.
- 162 people improved communication skills to address community issues.
- 575 people developed skills to access affordable food.

Average Annual Unemployment Rate⁵ (not seasonally adjusted)

As a result of participation in Jessamine County Extension programs:²

- 33 people increased knowledge of economic and enterprise development.
- 175 people adopted money management practices to reduce debt and increase savings.
- 410 people demonstrated increased practical living skills.

Sources

1. U.S. Census Bureau, 2010 Decennial Census.