### **GREEN COUNTY**

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# BUILDING STRONG FAMILIES FOR KENTUCKY 2012



### **OUR FOCUS**

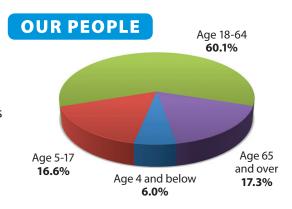
Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Green County. As the current economic situation continues to create challenges, educational programs focus on:

- Making Healthy Lifestyle Choices that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- Embracing Life as We Age to strive for independence longer
- Securing Financial Stability in a turbulent economic period
- Promoting Healthy Homes and Communities to recycle, reduce waste, and protect our environment
- Accessing Nutritious Food that is affordable, available and safe
- Empowering Community Leaders as we all work to sustain and improve our communities.

In 2010-2011, Family and Consumer Sciences Extension made **21,429** contacts with Green County individuals and families.<sup>2</sup>

### Population by Age Group<sup>1</sup>

The 2010 U.S. Census reported total population in Green County as **11,258**.1



### SPOTLIGHT ON ...

# MAKING HEALTHY LIFESTYLE CHOICES

ealthy eating and activity patterns are the foundation of good health. Green County Cooperative Extension Service taught "Literacy, Eating and Activity for Preschoolers" (LEAP) to county preschoolers monthly for 10 months. Over 128 preschoolers learned that a healthy lifestyle includes eating a variety of fruits and vegetables and being physically active. After LEAP, 90% were more likely to try a new fruit or vegetable; 80% were more likely to ask for a fruit or vegetable as a snack and to participate in physical activity; and 100% could name at least one or more health benefits of eating fruits and vegetables. An educational newsletter was sent home with the children to encourage parents to set a good example with healthy lifestyle decisions.



#### **OUR FAMILIES**

According to the 2010 Census,<sup>1</sup> of families in Green County with their own children...

- 73.7% are husband-wife families
- 26.3% are single parent families

#### In addition, there are:

- 4,601 households
- 1,410 households with 1 or more persons under the age of 18
- 230 grandchildren under 18 years old who live with a grandparent householder
- **1,365** households with at least one person age 65 and over



### As a result of participation in Green County Extension programs:<sup>2</sup>

- 841 people increased knowledge of lifestyle changes to improve personal health.
- 147 people increased knowledge of parenting and personal relationships.
- **159** people increased knowledge of safe storage, handling and food preparation.

### **OUR COMMUNITY**

In 2009, the most recent data available, the median household income in Green County was \$31,189.3

The number of children in poverty in Green County was **831** compared to **657** in 2006.<sup>3</sup>

The total number of people receiving Supplemental Nutrition Assistance Program (SNAP) benefits in Green County is **2,369** in 2011.<sup>4</sup>

### As a result of participation in Green County Extension programs:<sup>2</sup>

- 378 people increased leadership knowledge and skills.
- **333** people improved communication skills to address community issues.
- 64 people developed skills to access affordable food.

### **OUR ECONOMY**

According to the 2010 American Community Survey 5-year estimates,<sup>6</sup> between 2005 and 2009 in Green County it is estimated that...

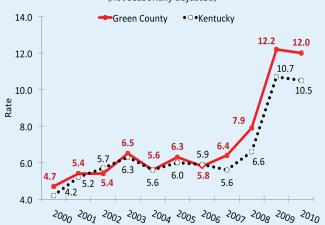
- **52.5%** (+/- **5.1**) are married-couple families with both husband and wife in the labor force
- **80.7%** (+/- **9.9**) are children under 6 years old with all parents in the labor force
- **19.8%** (+/- **5.6**) are people 65 years and over below poverty level during the past 12 months

## As a result of participation in Green County Extension programs:<sup>2</sup>

- **551** people increased knowledge of economic and enterprise development.
- 301 people adopted money management practices to reduce debt and increase savings.
- **264** people demonstrated increased practical living skills.

### Average Annual Unemployment Rate<sup>5</sup>

(not seasonally adjusted)



#### **SOURCES**

- <sup>1</sup> U.S. Census Bureau, 2010 Decennial Census.
- <sup>2</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2011.
- <sup>3</sup> U.S. Census Bureau, Small Area Income and Poverty Estimates
- <sup>4</sup> Kentucky Cabinet for Health and Family Services, Databook, June 2011.
- <sup>5</sup> Bureau of Labor Statistics, Local Area Unemployment Statistics.
- <sup>6</sup> U.S. Census Bureau, 2010 American Community Survey, 5-Year Estimates.