UNIVERSITY OF KENTUCKY College of Agriculture

FLOYD COUNTY Theresa Scott, County Extension Agent, Family & Consumer Sciences

# BUILDING STRONG FAMILIES FOR KENTUCKY 2012



#### **OUR FOCUS**

Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Floyd County. As the current economic situation continues to create challenges, educational programs focus on:

- Making Healthy Lifestyle Choices that influence health and well-being
- Nurturing Families as they cope with fewer resources and more demands
- Embracing Life as We Age to strive for independence longer
- Securing Financial Stability in a turbulent economic period
- Promoting Healthy Homes and Communities to recycle, reduce waste, and protect our environment
- Accessing Nutritious Food that is affordable, available and safe
- Empowering Community Leaders as we all work to sustain and improve our communities.

In 2010-2011, Family and Consumer Sciences Extension made **13,460** contacts with Floyd County individuals and families.<sup>2</sup>

### Population by Age Group<sup>1</sup>

The 2010 U.S. Census reported total population in Floyd County as **39,451**.<sup>1</sup> Age 5-17 **16.2%** Age 4 and below **6.2%** 

Age 65 and over **13.6%** 

Age 18-64

63.9%

### SPOTLIGHT ON ...

**OUR PEOPLE** 

# MAKING HEALTHY LIFESTYLE CHOICES

entucky's high number of adults diagnosed with diabetes reinforces the need for research-based programs and outreach. Using newly developed curriculum, Family and Consumer Sciences Agent taught Floyd County diabetics food preparation and management skills in taking ownership of their Type II diabetes. One participant stated, "It's easy to forget (at my stage of the disease) that I need to watch my food intake and types of food, because I don't want to have the complications that come with diabetes later in life. The ongoing series gives me incentive to stay on track." Another participant stated, "I have lowered my blood sugar levels." Participants took an active role in the recruitment of program participants, program promotion, and support groups planning.



#### **OUR FAMILIES**

According to the 2010 Census,<sup>1</sup> of families in Floyd County with their own children...

- 66.2% are husband-wife families
- **33.8%** are single parent families

#### In addition, there are:

- 16,060 households
- **5,185** households with 1 or more persons under the age of 18
- **1,006** grandchildren under 18 years old who live with a grandparent householder
- **4,050** households with at least one person age 65 and over

#### As a result of participation in Floyd County Extension programs:<sup>2</sup>

- **895** people increased knowledge of lifestyle changes to improve personal health.
- **375** people increased knowledge of parenting and personal relationships.
- **220** people increased knowledge of safe storage, handling and food preparation.

#### OUR COMMUNITY

In 2009, the most recent data available, the median household income in Floyd County was **\$29,725**.<sup>3</sup>

The number of children in poverty in Floyd County was **3,790** compared to **3,856** in 2006.<sup>3</sup>

The total number of people receiving Supplemental Nutrition Assistance Program (SNAP) benefits in Floyd County is **13,653** in 2011.<sup>4</sup>

# As a result of participation in Floyd County Extension programs:<sup>2</sup>

- **310** people increased leadership knowledge and skills.
- **579** people improved communication skills to address community issues.
- **534** people developed skills to access affordable food.

## OUR ECONOMY

According to the 2010 American Community Survey 5-year estimates,<sup>6</sup> between 2005 and 2009 in Floyd County it is estimated that...

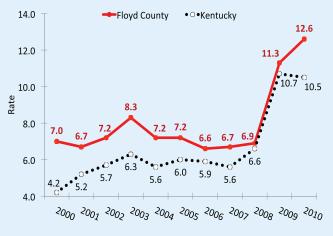
- **32.7%** (+/- **4.2**) are married-couple families with both husband and wife in the labor force
- **46.2%** (+/- **9.2**) are children under 6 years old with all parents in the labor force
- 12.7% (+/- 3.7) are people 65 years and over below poverty level during the past 12 months

#### As a result of participation in Floyd County Extension programs:<sup>2</sup>

- **112** people increased knowledge of economic and enterprise development.
- **101** people adopted money management practices to reduce debt and increase savings.
- **532** people demonstrated increased practical living skills.

#### Average Annual Unemployment Rate<sup>5</sup>

(not seasonally adjusted)



#### SOURCES

<sup>1</sup> U.S. Census Bureau, 2010 Decennial Census.

<sup>2</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2011.

<sup>3</sup> U.S. Census Bureau, Small Area Income and Poverty Estimates.

<sup>4</sup> Kentucky Cabinet for Health and Family Services, Databook, June 2011.

<sup>5</sup> Bureau of Labor Statistics, Local Area Unemployment Statistics.
<sup>6</sup> U.S. Census Bureau, 2010 American Community Survey, 5-Year Estimates.

Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin.

