

CARLISLE COUNTY

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BUILDING STRONG FAMILIES FOR KENTUCKY 2012



OUR FOCUS

Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Carlisle County. As the current economic situation continues to create challenges, educational programs focus on:

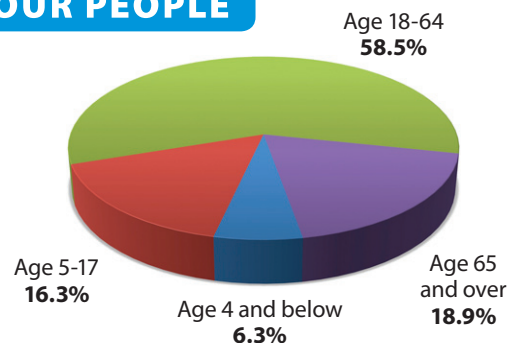
- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities.

In 2010-2011, Family and Consumer Sciences Extension made **15,004** contacts with Carlisle County individuals and families.²

OUR PEOPLE

Population by Age Group¹

The 2010 U.S. Census reported total population in Carlisle County as **5,104**.¹



SPOTLIGHT ON ...

NURTURING FAMILIES

The Carlisle/Ballard County Drug Court seeks to break the cycle of substance abuse, addiction, and crime. At the request of the District Judge, the Family and Consumer Sciences Agents have taught life skills, including effective communication skills, anger management, personality assessment, fighting depression, time management, nutrition, weight management, fitness, consumer budgeting, and meal planning. These sessions average 20 adults. Since 1996, over 2,000 participants have graduated. Because of the focus on rehabilitation, Drug Court graduates are more likely to return to productive lives in which they are gainfully employed, pay child support, and meet other obligations. Statistics from Kentucky show that the local Drug Court program has reduced drug use and criminal behavior in local drug-addicted offenders.

OUR FAMILIES

According to the 2010 Census,¹ of families in Carlisle County with their own children...

- **71.4%** are husband-wife families
- **28.6%** are single parent families

In addition, there are:

- **2,116** households
- **639** households with 1 or more persons under the age of 18
- **62** grandchildren under 18 years old who live with a grandparent householder
- **673** households with at least one person age 65 and over



As a result of participation in Carlisle County Extension programs:²

- **306** people increased knowledge of lifestyle changes to improve personal health.
- **24** people improved their ability to prepare healthy meals by decreasing salt and reading nutrition labels.
- **17** people improved their ability to plan meals and compare prices to stretch their food budget.

OUR COMMUNITY

In 2009, the most recent data available, the median household income in Carlisle County was **\$35,853**.³

The number of children in poverty in Carlisle County was **283** compared to **266** in 2006.³

The total number of people receiving Supplemental Nutrition Assistance Program (SNAP) benefits in Carlisle County is **835** in 2011.⁴

As a result of participation in Carlisle County Extension programs:²

- **77** people increased leadership knowledge and skills.
- **67** people improved communication skills to address community issues.
- **24** people developed skills to access affordable food.

OUR ECONOMY

According to the 2010 American Community Survey 5-year estimates,⁶ between 2005 and 2009 in Carlisle County it is estimated that...

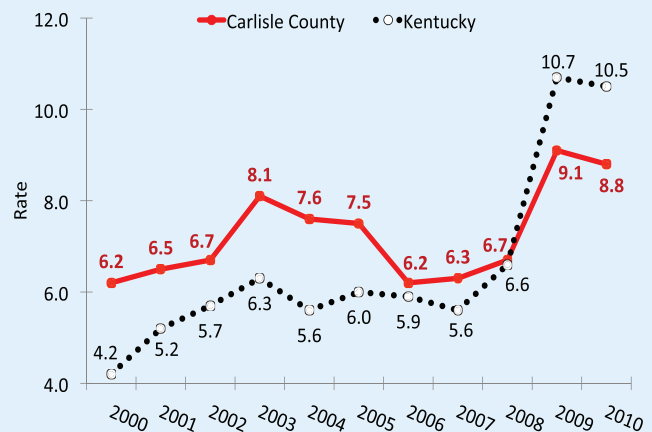
- **43.7%** (+/- **7.4**) are married-couple families with both husband and wife in the labor force
- **68.6%** (+/- **16.3**) are children under 6 years old with all parents in the labor force
- **16.9%** (+/- **7.1**) are people 65 years and over below poverty level during the past 12 months

As a result of participation in Carlisle County Extension programs:²

- **62** people were involved in addressing issues of their community.
- **5** people adopted money management practices to reduce debt and increase savings.
- **35** people demonstrated increased practical living skills.

Average Annual Unemployment Rate⁵

(not seasonally adjusted)



SOURCES

- ¹ U.S. Census Bureau, 2010 Decennial Census.
- ² Kentucky Cooperative Extension Service, Impact Reporting, FY2011.
- ³ U.S. Census Bureau, Small Area Income and Poverty Estimates.
- ⁴ Kentucky Cabinet for Health and Family Services, Databook, June 2011.
- ⁵ Bureau of Labor Statistics, Local Area Unemployment Statistics.
- ⁶ U.S. Census Bureau, 2010 American Community Survey, 5-Year Estimates.