

## ALLEN COUNTY

Janet Johnson,  
County Extension Agent, Family & Consumer Sciences

# BUILDING STRONG FAMILIES FOR KENTUCKY 2012



### OUR FOCUS

Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Allen County. As the current economic situation continues to create challenges, educational programs focus on:

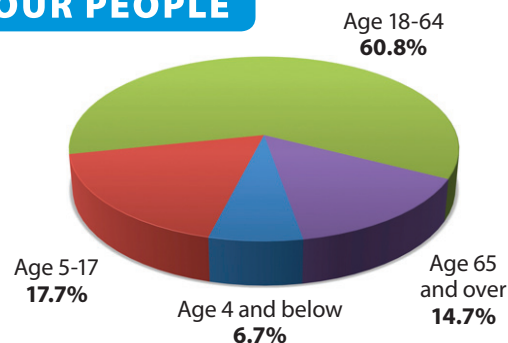
- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities.

In 2010-2011, Family and Consumer Sciences Extension made **8,173** contacts with Allen County individuals and families.<sup>2</sup>

### OUR PEOPLE

#### Population by Age Group<sup>1</sup>

The 2010 U.S. Census reported total population in Allen County as **19,956**.<sup>1</sup>



### SPOTLIGHT ON ...

## MAKING HEALTHY LIFESTYLE CHOICES

The lack of infrastructure for physical activity impacts the growing obesity rate in Allen County. To address that, Scottsville and friends of Dumont Hill have been awarded a \$60,000 federal grant for a three-mile walking trail built-environment project on Dumont Hill and adjacent YMCA properties. The funding, matched by an additional \$20,000 from the Laura Goad Turner Charitable Foundation, brings the budget to \$120,000. Initial enhancements will provide dense grade surfacing, culvert and scenic overlook bridges, as well as educational, nature, and historic interpretation. The site hosted the 2010 2nd Sunday, with scavenger hunts, geo-caching sites, and living history sites. It encouraged family participation in walking and hiking, with over 150 participants, and 10 partnering community agencies and businesses.

## OUR FAMILIES

According to the 2010 Census,<sup>1</sup> of families in Allen County with their own children...

- **71.3%** are husband-wife families
- **28.7%** are single parent families

**In addition, there are:**

- **7,848** households
- **2,642** households with 1 or more persons under the age of 18
- **416** grandchildren under 18 years old who live with a grandparent householder
- **2,124** households with at least one person age 65 and over



### As a result of participation in Allen County Extension programs:<sup>2</sup>

- **864** people increased knowledge of lifestyle changes to improve personal health.
- **385** people increased knowledge of parenting and personal relationships.
- **950** people increased knowledge of safe storage, handling and food preparation.

## OUR COMMUNITY

In 2009, the most recent data available, the median household income in Allen County was **\$36,563**.<sup>3</sup>

The number of children in poverty in Allen County was **1,232** compared to **1,120** in 2006.<sup>3</sup>

The total number of people receiving Supplemental Nutrition Assistance Program (SNAP) benefits in Allen County is **3,853** in 2011.<sup>4</sup>

### As a result of participation in Allen County Extension programs:<sup>2</sup>

- **265** people increased leadership knowledge and skills.
- **962** people improved communication skills to address community issues.
- **420** people developed skills to access affordable food.

## OUR ECONOMY

According to the 2010 American Community Survey 5-year estimates,<sup>6</sup> between 2005 and 2009 in Allen County it is estimated that...

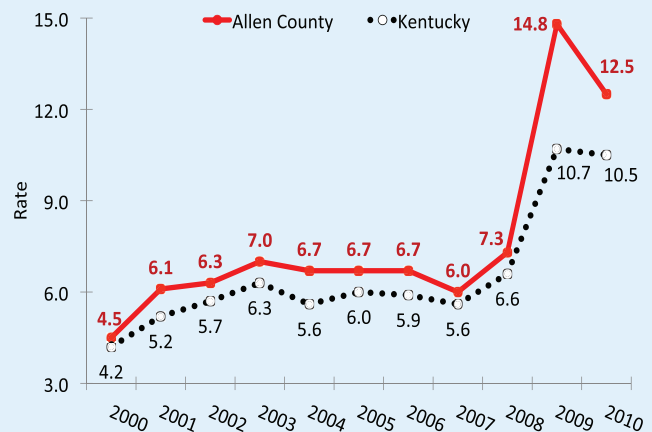
- **49.2%** (+/- **5.1**) are married-couple families with both husband and wife in the labor force
- **62.7%** (+/- **13.9**) are children under 6 years old with all parents in the labor force
- **13.5%** (+/- **4.2**) are people 65 years and over below poverty level during the past 12 months

### As a result of participation in Allen County Extension programs:<sup>2</sup>

- **182** people increased knowledge of economic and enterprise development.
- **290** people adopted money management practices to reduce debt and increase savings.
- **578** people demonstrated increased practical living skills.

### Average Annual Unemployment Rate<sup>5</sup>

(not seasonally adjusted)



#### SOURCES

<sup>1</sup> U.S. Census Bureau, 2010 Decennial Census.

<sup>2</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2011.

<sup>3</sup> U.S. Census Bureau, Small Area Income and Poverty Estimates.

<sup>4</sup> Kentucky Cabinet for Health and Family Services, Databook, June 2011.

<sup>5</sup> Bureau of Labor Statistics, Local Area Unemployment Statistics.

<sup>6</sup> U.S. Census Bureau, 2010 American Community Survey, 5-Year Estimates.